



Pickleball

Rotary Park Pickleball Courts

**2315 Balboa Dr, Bullhead City, AZ 86442
(corner of Lakeside & Riverview)**

Sunday, January 16-Tuesday, January 18, 2021

CHECK IN STARTS: 7:00AM

COMPETITION STARTS: 8:00AM

FEES:

→ **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)

→Men's Doubles– \$5.00

→Mixed Doubles- \$5.00

→Women's Doubles- \$5.00

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Age group of partners is determined by the youngest player on December 31, 2021
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All athletes must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

RULES/FORMAT:

- **USAPA Tournament Rules** will be followed
- Bracket will be double elimination, but may change based on number of entries.



IMPORTANT INFORMATION:

→ **The Franklin X40 Outdoor Ball will be used for all tournament play**

DIVISIONS:

→ 5-Year Age Brackets

→ Rating Descriptions

- 1.0: New and have only minimal knowledge of the game and the rules.
- 1.5: Limited to some rallies. Learning how to serve. Developing a forehand. Fails to return easy balls frequently and occasionally misses the ball entirely. Played a few games and is learning the court lines, scoring, and some basic rules of the game.
- 2.0: Sustains a short rally with players of equal ability. Demonstrating the basic shot strokes – forehand, backhand, volley, overhead and the serve, but has obvious weaknesses in most strokes. Familiar with court positioning in doubles play.
- 2.5: Makes longer lasting slow-paced rallies. Makes most easy volleys and uses some backhands, but needs more work on developing shot strokes. Beginning to approach the non-volley zone to hit volleys. Aware of the soft game. Knowledge of the rules has improved. Court coverage is weak but improving.
- 3.0: More consistent on the serve and service return and when returning medium-paced balls. Demonstrates improved skills with all the basic shot strokes and shot placement but lacks control when trying for direction, depth, or power on their shots. Beginning to attempt lobs and dinks with little success and doesn't fully understand when and why they should be used.
- 3.5: Demonstrates improved stroke dependability with directional control on most medium-paced balls and some faster-paced balls. Demonstrates improved control when trying for direction, depth and power on their shots. Needs to develop variety with their shots. Exhibits some aggressive net play. Beginning to anticipate opponent's shots. Learning about the importance of strategy and teamwork in doubles.



- 4.0: Consistent and dependable strokes, including directional control and depth on both forehand and backhand shots. Reliable serves, lobs, overheads, approach shots and volleys and can use spin shots with some success. Occasionally can force errors when serving. Rallies may be lost due to impatience. Uses the dink shot and drop shots to slow down or change the pace of the game. Demonstrates 3rd shot strategies drop shots, lobs, and fast-paced ground strokes. Aggressive net play and teamwork in doubles is evident. Fully understands the rules of the game and can play by them.
- 4.5: Beginning to master the use of power and spin, can successfully execute all shots, can control the depth of their shots, and can handle pace. Beginning to master the dink shots and drop shots and their importance to the game. Beginning to master 3rd shot choices. Displays sound footwork and moves well enough to get to the non-volley zone whenever required. Understands strategy and can adjust style of play and game plan according to the opponent's strengths and weaknesses and court position. Serves with power and accuracy and can also vary the speed and spin of the serve. Understands the importance of "keeping the ball in play" and the effect of making errors. Making good choices in shot selection. Anticipates the opponent's shots resulting in good court positioning.
- 5: Mastered all the skills - all shot types, touch, spin, serves, with control and can use them as weapons. Excellent shot anticipation, extremely accurate shot placement and regularly hit winning shots. Forces opponents into making errors by "keeping the ball in play." Mastered the dink and drop shots. Mastered the 3rd shot choices and strategies. Uses soft shots, dinks and lobs to set up offensive situations. Mastered pickleball strategies and can vary strategies and styles of play in competitive or tournament matches. Dependable in stressful situations as in tournament match play. Athletic ability, quickness, agility, and raw athleticism are also qualities that are sometimes what separates the top players from those near the top.
- The age division for a Skill Level Doubles team will be determined by the rating of the higher rated player and/or the age of the youngest player on December 31, 2021
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries



BULLHEAD
STRENGTH & CONDITIONING

Powerlifting

Bullhead Health Club

2350 Miracle Mile Suite 370, Bullhead City, AZ 86442

Friday, January 21, 2022

CHECK IN: 8:00AM

COMPETITION STARTS: 9:00AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- **BENCHPRESS FEE: \$10.00**
- **DEADLIFT EVENT FEE: \$10.00**
- **SQUAT EVENT FEE: \$10.00**

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All athletes must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport,



BULLHEAD
STRENGTH & CONDITIONING

Olympic Weightlifting

Bullhead Health Club

2350 Miracle Mile Suite 370, Bullhead City, AZ 86442

Friday, January 21, 2022

CHECK IN: 12:00PM

COMPETITION STARTS: 1:00PM

FEES:

→ **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)

→The Snatch \$10.00

→Clean & Jerk \$10.00

DIVISIONS:

→ **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.

→ Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

→ All competitors must be registered athletes.

→ All athletes must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport,



Golf

Chaparral Golf & Country Club¹

1260 Mohave Drive Bullhead City, AZ 86442

Saturday, January 22nd

CHECK IN: 8:00AM

COMPETITION STARTS: 9:00AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- **\$45.00 event fee**– include 18 holes, golf cart and access to putting green

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.

All athletes must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

RULES/FORMAT:

- **USAPA Tournament Rules** will be followed
- Chaparral Golf & Country Club is a beautiful 9/18-hole course that can be played with two-spilt tee boxes for each hole. On the first nine you play off the blue tee box and on the back nine you play off the red tee box



Bowling

Strike Bowling Alley, Laughlin River Lodge

2700 S. Casino Drive, Laughlin, NV 89029

Sunday, January 16, 2022

CHECK IN: 10:30AM

COMPETITION STARTS: 11:00AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
 - Singles Bowling \$20.00 each
 - Doubles Bowling \$20.00 each

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Age group of partners is determined by the youngest player on December 31, 2021
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All athletes must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

RULES/FORMAT:

- 9 pin No Tap
- Each competitor will bowl three games



Men's & Women's Softball

Ken Fovargue Park

2255 Trane Rd, Bullhead City, AZ 86442

Tuesday, January 18-Sunday, January 23, 2022

Check In: 7:00am

Competition Starts: 8:00am

MANAGERS MEETINGS AND SCHEDULE TBD by Senior Softball USA

FEES:

- **MANDATORY, TEAM FEE: \$350.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)

DIVISIONS:

- Divisions to be determined by Senior Softball USA.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- Rosters must be submitted to SSUSA.
- All team members must show proof of age and their SSUSA Player's Card at check in.

RULES/FORMAT:

- SSUSA rules will apply unless otherwise noted.

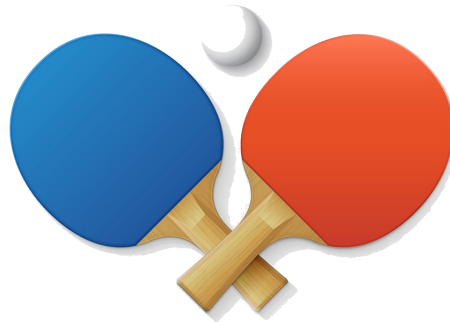


TABLE TENNIS

Boys and Girls Clubs of the Colorado River

Singles, Mixed & Doubles

2250 Highland Rd, Bullhead City, AZ 86442

Wednesday, January 19, 2022

Check In: 1:00pm

Competition Starts: 1:30pm

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- **SINGLES TABLE TENNIS EVENT FEE: \$5.00**
- **MEN'S AND WOMEN'S TABLE TENNIS EVENT FEE: \$5.00**
- **MIXED DOUBLES TABLE TENNIS EVENT FEE: \$5.00**

DIVISIONS:

- **5-Year Age Brackets :** Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All team members must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)



MEN'S AND WOMEN'S BASKETBALL SKILLS

Boys and Girls Clubs of the Colorado River

2250 Highland Rd, Bullhead City, AZ 86442

Thursday, January 20, 2022

Check In: 10:30am

Competition Starts: 11:00am

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- **HOT SHOT EVENT FEE: \$5.00**
- **FREE THROW AND 3-POINT SHOOT: \$5.00**

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All athletes must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

RULES/FORMAT:

- Balls will be provided. If participant wishes to use his/her own ball, the ball must be official size, adhere to national standards and be approved by the Director.

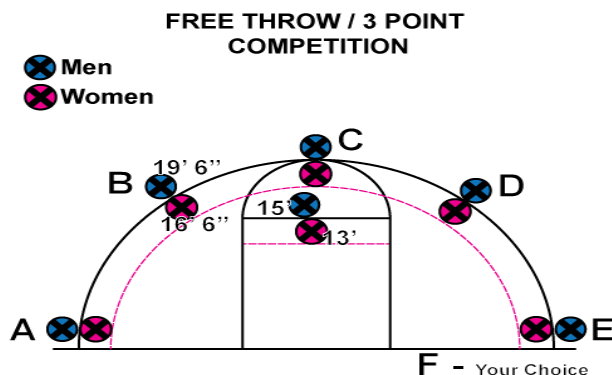
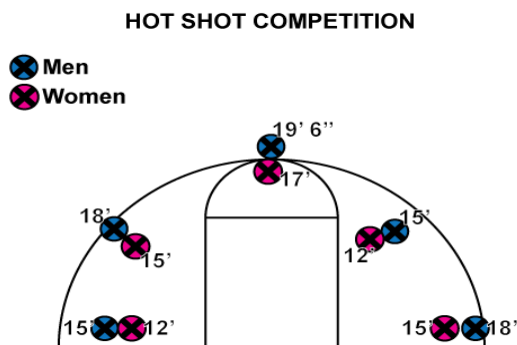


HOTSHOT:

- Each contestant will be allowed two rounds, one-minute each round, to make as many baskets as possible from any of the 5 designated spots. The competition will start under the basket in a lay-up spot.
- Each basket is worth 1 to 5 points depending on the spot from which it is taken:
 - Men: Lay-up (1 point); 15' shots (3 points); 18' shots (4 points); 20' shots (5 points)
 - Women: Lay-up (1 point); 12' shots (3 points); 15' shots (4 points); 17' shots (5 points)
- A bonus of 15 points will be awarded if a shooter attempts a shot from each one of the designated spots during a round. This bonus is awarded only once per one-minute round.
- Consecutive shots are not allowed from the lay-up spot. Once a lay-up shot is made, the shooter must move to an area of a different point value and attempt a shot before trying for another lay-up. If a player fails to move to a different spot after a successful lay-up, all successive lay-ups attempted and made will not count until the player moves to and attempts from another point value/area.
- Consecutive shots are allowed from any spot except the lay-up spot.
- The best single round score will determine the final score.
- Contestants must rebound their own shots.
- In the case of a tie, multiple medals will be awarded.

FREE THROW AND 3-POINT SHOOT:

- Each contestant will first shoot 25 free throws and will earn 1 point for each basket made. A total of 25 points is possible. Contestants are allowed 2 practice shots. If one of those is made, the contestant has the option of starting with that shot.
- Each contestant will then shoot 6 shots from the 3-Point Line (Men: 19 feet, 6 inches / Women: 16 feet 6 inches) and will earn 3 points for each basket made. (Five spots will be marked and the shooter will shoot from all five of the marked spots in order, A to F. The 6th shot may be taken from any one of the five spots). A total of 18 points is possible.
- Points for Free Throws and 3-Point Shots will be added for a final, combined score. A combined total of 43 points is possible.
- Contestants may use rebounders.





POWERWALK

Powerwalk

Rotary Park

2315 Balboa Dr, Bullhead City, AZ 86442

(Start will be at Bella's Way)

Saturday, January 22, 2022

CHECK IN: 9:30AM

RACE STARTS: 10:00AM

FEES:

- MANDATORY, ONE-TIME ATHLETES FEE: \$35.00 (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- POWERWALK RACE EVENT FEE: \$10.00

DIVISIONS:

- 5-Year Age Brackets : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All participants must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

IMPORTANT INFORMATION:

- The course has been described by our sports director as "mostly flat, with a mild incline between miles 2 and 3. A short portion of well graded dirt road at the beginning and the end".



Track & Field

Mohave High School

2251 Highway 95, Bullhead City, AZ 86442

Friday, January 21, 2021 & Saturday, January 22

CHECK IN: 10:30AM

COMPETITION STARTS: 11:00AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
 - **TRACK EVENTS FEE: \$5.00 PER EVENT**
 - **FIELD EVENTS FEE: \$5.00 PER EVENT**

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All participants must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)



5K Race

Rotary Park

2315 Balboa Dr, Bullhead City, AZ 86442

(Start will be at Bella's Way)

Friday, January 21, 2022

CHECK IN: 9:30AM

RACE STARTS: 10:00AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- **5K RACE EVENT FEE: \$10.00**

DIVISIONS:

- **5-Year Age Brackets :** Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All participants must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

IMPORTANT INFORMATION:

- The course has been described by our sports director as "mostly flat, with a mild incline between miles 2 and 3. A short portion of well graded dirt road at the beginning and the end".



Bullhead City Municipal Pool

2255 Trane Rd, Bullhead City AZ, 863442

Monday, January 17, 2021

CHECK IN: 7:00M

MEET START: 8:00AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
- **SWIM EVENT FEE: \$5.00 PER EVENT**
(Includes prelims and should you advance, finals for sprint events, or timed finals for distance)

DIVISIONS:

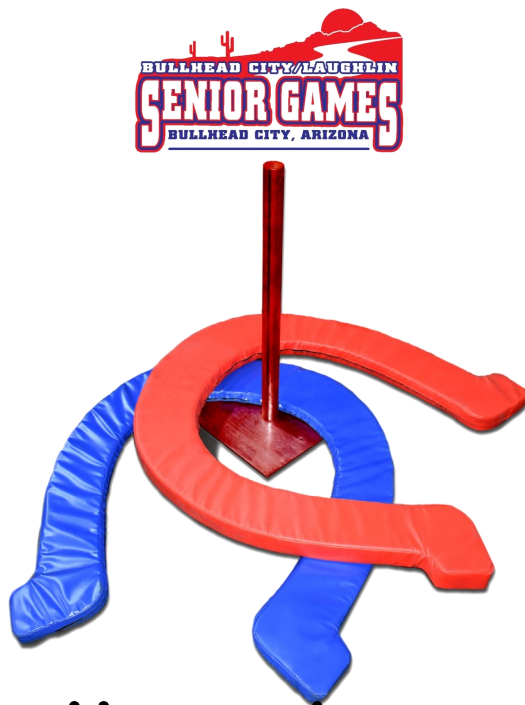
- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All participants must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

EVENTS:

- **50M & 100M Backstroke, 50M & 100M Breaststroke, 50M & 100M Butterfly, 50M, 100M & 200 M Freestyle, 200M Individual Medley**



Horseshoes

Ken Fovargue Park

2255 Trane Road, Bullhead City, AZ 86442

Tuesday, January 18, 2022

CHECK IN: 10:00AM

EVENT START: 10:30AM

FEES:

- MANDATORY, ONE-TIME ATHLETES FEE: \$35.00 (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
 - SINGLES HORSESHOE EVENT FEE: \$5.00
 - MEN'S AND WOMEN'S DOUBLES HORSESHOE EVENT FEE: \$5.00
 - MIXED DOUBLES HORSESHOE EVENT FEE: \$5.00

DIVISIONS:

- 5-Year Age Brackets : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All participants must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

RULES/FORMAT:

RULE 1 – PITCHING DIVISIONS

Men 50-69 will pitch 40 foot distance.

Men 70+ and Women may pitch 30 foot distance.

RULE 2 – PLAY OF THE GAME AND VALUE OF THE SHOE

Section A – Innings

The game is divided into innings. Each inning consists of four (4) pitched shoes; two (2) by each contestant.

Section B – Value of the Shoe

1. Pitched shoes – After all shoes for the inning have been pitched, they are either considered to be “live shoes” or “dead shoes” and may then be scored accordingly.
 - (a) Live Shoe – Refers to any shoe that has been pitched in compliance with the rules of the game and that comes to rest within the pit area.
 - (b) Dead Shoe – Another term for a foul shoe that was delivered in non-compliance with one of the rules of the game. This term may also refer to a ringer that has been “cancelled” by an opponent’s ringer.
2. Shoe in Count
 - (a) Ringers – A ringer is a *live* shoe that comes to rest while encircling the stake. A straight-edge touching either the points or any part of the heel calks of the shoe must clear (not touch) the stake in order to be declared a ringer. A ringer has a value of three (3) points.
 - (b) Points – A *live* shoe that is not a ringer, but comes to rest six inches (6”) or closer to the stake, has a value of one (1) point. This includes a “leaner”.
3. Shoe out of Count – A shoe that comes to rest more than six inches (6”) from the stake is a shoe “out of count” and has no scoring value. A foul shoe is also considered to be a shoe that is out of count, no matter where it comes to rest.

Section C – Delivery of Shoes

1. Delivery – The contestant pitching first shall deliver both shoes (underhanded, and one at a time) and then the other contestant shall deliver both shoes (underhanded and one at a time). A contestant may deliver the shoes from either the left or right pitching platform, but in any one inning, both shoes must be delivered from the same platform. A contestant shall pitch the entire tournament with the same hand/arm, except in the case of a medical emergency.
2. The Pitcher – During the entire address and prior to the release of the shoe, the contestant must not start or step completely outside the platform with either foot.

Exceptions: A contestant observing the thirty-seven-foot (40’) foul line may start directly behind the platform provided they step within it when they release the shoe. Or, a physically challenged contestant requiring assistance of special equipment, such as a wheelchair, must have at least some contact with the platform and be completely behind the twenty-seven-foot (30’) foul line when the shoe is released.
3. Accidental Release – Any shoe that leaves a contestant’s hand once the final step (if taken) and final forward swing of the delivery process has started, shall count as a pitched shoe. A shoe that is accidentally dropped by a contestant before the final step (if taken) and final forward swing has started, shall not be considered a foul shoe and may be picked up and pitched.



Rotary Park Large Ramada
2315 Balboa Dr, Bullhead City, AZ 86442
Wednesday, January 19, 2022

CHECK IN: 10:00AM

EVENT START: 10:30AM

FEES:

- **MANDATORY, ONE-TIME ATHLETES FEE: \$35.00** (Includes official athlete t-shirt and swag bag, entrance to Athlete Mixer, and athlete refreshments at each event.)
 - **SINGLES CORNHOLE EVENT FEE: \$5.00**
 - **MEN'S AND WOMEN'S DOUBLES CORNHOLE EVENT FEE: \$5.00 EACH**
 - **MIXED DOUBLES CORNHOLE EVENT FEE: \$5.00 EACH**

DIVISIONS:

- **5-Year Age Brackets** : Age group is determined by the competitor's age on December 31, 2021.
- Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries

ENTRY REQUIREMENTS:

- All competitors must be registered athletes.
- All participants must show proof of age at check in (I.E. Drivers License, Birth Certificate, Passport, Etc.)

RULES/FORMAT:

- **Pitching Distances:** 21 foot foul lines.
- **Corn Bag In-The-Hole** - A corn bag in-the-hole has a value of three points.
- **Corn Bag In-The-Count** - A corn bag that is not in-the-hole but lands with any portion of the corn bag resting on the cornhole platform is in-the-count. A corn bag in-the-count has a value of one point.
- The match shall be played until the first team reaches (or exceeds) 21 points. The winning team does not need to win by two or more points.
- **Cancellation Scoring** - corn bags in-the-hole and corn bags in-the-count pitched by opponents during an inning or half of an inning in doubles play cancel each other out. Only non cancelled corn bags are counted in the score for the inning.