



“Mattie,” her mom called from downstairs.

“Yes mom,” answered Mattie.

“Alondra called.”

“Sounds good, thanks mom,” Mattie yelled back as she walked to her closet, pulled out her Hooper Hero suit and put it on. Mattie knew what Alondra’s call meant; it was time to help someone in need.

Mattie gave herself one quick look in the mirror and grabbed her hoop. She stood in the middle of her room and began hooping and saying her magic phrase, “Mindful Mattie is on her way, ready to help and save the day,” and with that, her hoop began to glow, her Hooper Hero power was activated, and out her bedroom window she flew headed to Helpful Hattie Headquarters.

“Mindful Mattie, welcome back to Hattie’s Helpful Headquarters” exclaimed Alondra.

“Hi Alondra, fill me in, who needs our help today?”

“Okay, her name is Suzy. She is a new student at Hooperville Elementary. It’s her second day of school and nobody has even talked to her yet. She’s sad and doesn’t feel like she fits in and she needs our help.”

“Hooperville Elementary? That’s not too long of a flight from here. Anything else I should know?”

She’s taller than everyone in the school so some kids have been picking on her for being too tall.”

“Okay, thank you Alondra. It’s time to go. I will see you soon.”

“Sounds good Mindful Mattie, good luck.”

Mindful Mattie went to the Helpful Headquarters Hooping Station and began hooping. With her Hooper power activated, Mindful Mattie began the flight to Hooperville Elementary. It was morning time so she knew everyone would just be arriving at school. As she got closer, she began to look around the playground and noticed a very tall girl sitting by herself at the picnic table so she decided to land there.

“Sorry, I’m still trying to get the hang of it,” Mattie said as she landed, stumbling partly on Suzy’s feet.”

“It’s okay,” said Suzy, “how are you able to do that,” she asked with a confused look on her face

“Well, I’m a Hooper Hero which means I help people and in order to reach more people, I’m able to fly, but as you can see, I’m still learning.”

“That’s really cool. Are you here to help someone,” asked Suzy.

“Yes, actually, if your name is Suzy, I’m here to help you,” said Mattie.





“Help *me*,” Suzy asked puzzled. “Thank you, but I’m not sure how you can help me,” said Suzy.

“Where there’s a will there’s a way Suzy, we will figure it out together,” Mindful Mattie said with a smile.

Just then Mindful Mattie noticed a group of kids kicking and throwing a ball around. One of the kids kicked the ball so hard that it flew up by the monkey bars and got stuck. The kids were trying to get it down, but none of them were tall enough to reach it so they began getting frustrated and upset. Mindful Mattie saw an opportunity.

“Suzy, it looks like they can’t reach that ball because they’re not tall enough, do you think maybe you could try reaching it?”

“I guess I could try,” said Suzy.

They walked over to the monkey bars and Suzy tried but couldn’t quite reach the ball. Mindful Mattie looked around and noticed that the kids were starting to gather around them as Suzy tried a few more times but still couldn’t quite reach it. “Try standing on your tippy toes,” suggested Mindful Mattie.

“Okay,” said Suzy as she tried again; this time standing on her tippy toes, pulling as hard as she could and finally popping the ball out. The gathered students began cheering and thanking her. Suzy couldn’t help but smile and be excited as she threw the ball back to them.

A few minutes later, the ball came flying towards Suzy and Mindful Mattie again, so Suzy stood up and caught it. She threw it back to the kids who were playing and one of them yelled, “whoa, what a throw, nice job!”

“Thanks,” said Suzy, as she saw the kids start to group together and talk to each other. A few moments later, a couple of the kids came over and thanked her again for getting the ball for them earlier and asked if she wanted to come play with them.

Suzy looked at Mindful Mattie who smiled as she ran over and began playing with them. She couldn’t help but notice how much fun Suzy was having and how happy she was.

As the bell rang to go inside, Mindful Mattie could hear the kids telling Suzy how well she did and how lucky she was to be tall and how they wish they were taller because it was easier to see her when they threw or kicked the ball. As they walked towards Mindful Mattie, Suzy had a big smile on her face and everyone stopped while Suzy thanked Mattie and gave her a hug.

Mindful Mattie told Suzy how happy she was to meet her and said good-bye. As she was getting ready to leave, she looked at all the kids and reminded them to not be afraid to meet new people, even if they look different. She reminded them that if they do, they may miss out on a great person who can do amazing things.

And with that, Mindful Mattie pushed the button on her watch to pop out her hoop and began hooping to activate her Hooper Power. And as quickly as she came, she was gone. As she was leaving, she could hear the kids saying how cool it was that Suzy knew a Hooper Hero and hoped they would get to see her again. Mindful Mattie just smiled because she knew she had accomplished her mission by helping Suzy and she would be okay. It was another great day!

