



MPD S.P.O. Course-of-Fire (.38 Spl. Version)

**Note: A 6-chambered .38 Special with a 4-inch barrel will be used.*

Start with an empty firearm appropriately “snapped in” and holstered. At this time, you will be provided fifty (50) loose rounds by the range safety officer(s). Once directed to do so, draw your firearm and point it safely downrange and load your firearm with six (6) rounds. Complete the setup process by now safely holstering the firearm. (Ensure your firearm is securely snapped in.)

Stage 1: Long-Distance Acquisition Drill (6 Rounds)

Target Position: 25 Yards / 75 Feet

- 6 rounds in 15 seconds, both hands extended...continue.

At this point, your firearm will be empty. Retrieve six (6) rounds and appropriately load them into the firearm. Complete the setup process by now safely holstering the firearm. (Ensure your firearm is securely snapped in as well.)

Stage 2: Mid-Range Acquisition Drill (6 Rounds)

Target Position: 15 Yards / 45 Feet

- 3 rounds in 5 seconds, both hands extended...holster;
- 3 rounds in 5 seconds, both hands extended...continue.

At this point, your firearm will be empty. Retrieve six (6) rounds and appropriately load them into the firearm. Complete the setup process by now safely holstering the firearm. (Ensure your firearm is securely snapped in as well.)

Stage 3: Strategic Acquisition Drill (12 Rounds)

Target Position: 7 Yards / 21 Feet

- 3 rounds in 6 seconds, both hands extended...holster;
- 3 rounds in 6 seconds, both hands extended...continue.

At this point, your firearm will be empty. Retrieve six (6) rounds and appropriately load them into the firearm. Complete the setup process by now safely holstering the firearm. (Ensure your firearm is securely snapped in as well.)

- 3 rounds in 6 seconds, both hands extended...holster;
- 3 rounds in 6 seconds, both hands extended...continue.

At this point, your firearm will be empty. Retrieve six (6) rounds and appropriately load them into the firearm. *Complete the setup process by safely pointing the firearm downrange and in the “low-ready” position with both hands.*

Stage 4: Strong-Side Barricade Drill (6 Rounds)

Target Position: 7 Yards / 21 Feet

- 2 rounds in 3 seconds while standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE STRONG-SIDE BARRICADE
TRANSITION SAFELY BEHIND THE STRONG-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER
- 2 rounds in 3 seconds while standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE STRONG-SIDE BARRICADE
TRANSITION SAFELY BEHIND THE STRONG-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER
- 2 rounds in 3 seconds while standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE STRONG-SIDE BARRICADE
TRANSITION SAFELY BEHIND THE STRONG-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER

At this point, your firearm will be empty. Retrieve six (6) rounds and appropriately load them into the firearm. Complete the setup process by now safely holstering the firearm. (Ensure your firearm is securely snapped in as well.)

Stage 5: Tactical Body Armor Drill (6 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds to the chest then 1 round to the head, both hands extended...all in 4 seconds...holster;
- 2 rounds to the chest then 1 round to the head, both hands extended...all in 4 seconds...continue.

At this point, your firearm will be empty. Retrieve six (6) rounds and appropriately load them into the firearm. *Complete the setup process by safely pointing the firearm downrange and in the “low-ready” position with both hands.*

Stage 6: Rapid Body Armor Drill (6 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds to the chest then 1 round to the head, both hands extended...all in 3 seconds...continue;
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- 2 rounds to the chest then 1 round to the head, both hands extended...all in 3 seconds...continue.

At this point, your firearm will be empty. Retrieve four (4) rounds and appropriately load them into the firearm. *Complete the setup process by safely pointing the firearm downrange and in the “low-ready” position with only the strong hand.*

Stage 7: Strong Hand Drill (2 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds in 2 seconds, strong hand only...continue.

Complete the setup process by safely pointing the firearm downrange and in the “low-ready” position with only the weak hand.

Stage 8: Weak Hand Drill (2 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds in 3 seconds, weak hand only...continue.

At this point, your firearm will be empty. Retrieve four (4) rounds and appropriately load them into the firearm. Complete the setup process by now safely holstering the firearm. (Ensure your firearm is securely snapped in as well.)

Stage 9: Bent Elbow Drill (4 Rounds)

Target Position: 1 Yard / 3 Feet

- 2 rounds in 3 seconds, bent elbow technique...holster;
- 2 rounds in 3 seconds, bent elbow technique...continue.

At this point, your firearm will be empty. Ensure all spent casings are removed from the firearm. Complete the course-of-fire by now safely holstering the firearm and securely snapping it in as well.

The minimum score is 38 out of 50; this is 76% accuracy. Shooter earns one (1) point for each round within the outlined silhouette. There must also be at least two (2) qualifying head shots.
