

## **Family Shelter Reference Sheet**

Union Mission Women and Children's Shelter  
5100 E Virginia Beach Blvd., Norfolk, VA 23502  
(757) 623-0642 ext. 335

### **Initial Points of Contact:**

Homeless Crisis Hotline: (757) 587-4202

### **Regional Domestic Violence Hotline:**

(757) 251-0144

## **Social Service Offices by City:**

741 Monticello Ave.

**Norfolk, VA 23510**

(757) 622-5920

Walk-ins must show up before 10 a.m. M-F

2620 Southern Blvd.

**Virginia Beach, VA 23452**

(757) 227-5302

1701 High Street Suite 101

**Portsmouth, VA**

(757) 405-1800

100 Outlaw Street

**Chesapeake, VA 23320**

(757) 382-2000

135 Hall Avenue

**Suffolk, VA 23434**

(757) 514-7450

1320 LaSalle Ave.

**Hampton, VA 23669**

(757) 727-1800

## **Programs/Meals**

(No overnight stays)

### **Norfolk: Salvation Army**

203 W 19th St.

(757) 622-0674

8am M-F serves breakfast and bag lunches

Sunday: 9am breakfast 4:45pm Dinner

### **Central Baptist**

701 Olney Road

(757) 627-4571

Monday: 9:30a-11:30a

### **Christ & St. Luke's**

560 Olney Rd.

(757) 627-5665

Thursday: 11:00a-12:30p

### **Sacred Heart Norfolk**

520 Graydon Avenue

(757) 625-6763

Sunday: 1:30p-2:30p

### **Catholic Worker**

Off Monticello Ave & 16<sup>th</sup>

(757) 423-5420

Tues/Thurs/Sat: 7:00a m

### **Portsmouth:**

OASIS 800 Williamsburg Ave

(757) 397-6060

M/W/Th: 7:00a-8:00a

M-Th: 11:45a-12:45p

### **Virginia Beach:**

Judeo Christian Outreach

1053 Virginia Beach Blvd.

(757) 491-2846

M-F: 6:00pm Weekends: 3:00pm