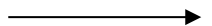


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SUBSTITUTES:</b> Mon.–Thurs.: Chicken Nuggets Fridays: Fish Sticks 12g Everyday: Salad or Peanut Butter Sandwich Lunch Price (includes a milk): \$2.75 Milk Price (for packers): \$.50 USDA is an equal opportunity provider and employer <i>Menu subject to unexpected changes</i>	<b>Carbohydrates in Grams:</b> White Milk 1% 13g Chocolate Milk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g	Applesauce 20g Pears 16 g Peaches 14 g Romaine lettuce salad 0g Pineapple 20g Green beans 5g Baked beans 25g Refried beans 18 g	*TACO MEAT, CHEESE & TORTILLA CHIPS 24g Romaine lettuce salad Pineapple Milk	<b>1</b> *CHEESE RAVIOLI 30g Green Beans Bread Stick 21g Peaches Milk
<b>4</b> *CHICKEN PATTY ON A BUN 30g Baked beans 25g Peaches Milk	<b>5</b> *CHICKEN & NOODLES 32g Mashed potatoes 13g Dinner roll 21g Fruit Milk	<b>6</b> *POPCORN CHICKEN 8g Carrots Applesauce Milk	<b>7</b> *SAUSAGE PATTY 2g Hash brown 15g French toast sticks 29g Orange juice 30g Milk	<b>8</b> *MACARONI & CHEESE 40g Green beans Fruit Muffin 30g Milk
<b>11</b> *HOT DOG ON A BUN 23g Chili soup 3g Pears Milk	<b>12</b> *PEPPERONI PIZZA 34g Green beans Applesauce Milk	<b>13</b> *NACHO CHEESE, CHIPS & BREADSTICK 24g Romaine Salad Fruit Milk	<b>14</b> *CORN DOG 30g Tater tots 20g Fresh fruit Milk	<b>15</b> *GRILLED CHEESE 8g Tomato soup 16g Pear Milk
<b>18</b>  No School (Spring Break)	<b>19</b>  No School (Spring Break)	<b>20</b>  No School (Spring Break)	<b>21</b>  No School (Spring Break)	<b>22</b>  No School (Spring Break)
<b>25</b> *SAUSAGE PATTY 2g Hash brown 15g French toast sticks 29g Orange juice 30g Milk	<b>26</b> *SALISBURY STEAK 9g Mashed potatoes 13g Dinner roll 21g Pears Milk	<b>27</b> *CORN DOG 30g Tater tots 20g Peaches Milk	<b>28</b> *CHICKEN FAJITA 20g Refried beans 18g Romaine salad Pineapple Milk	<b>29</b> *MACARONI & CHEESE 40g Green beans Muffin 30g Fruit Milk

**School Activities Calendar on reverse**



# **St. Mary's School March 2019 Lunch Menu**