



Drill Name: U8 Practice Game

Set up :
4 v 4 practice game

Instructions:
This is the practice game to conclude your training session with your players. It should always be 4 v 4. There is less emphasis on team play but it begins to emerge at this age group and emphasis continues to be on getting players comfortable with the ball. This age group plays with a keeper-sweeper (last player closest to goal may use their hands)

Coaching Points:

Diamond shape