

Nutrition Facts

Serving Size 4.4 Ounce

Chicken Salad

Amount Per Serving

Calories 185.4

Calories from Fat 94.7

% Daily Value*

Total Fat 10.7g **16%**

Saturated Fat 2.3g **11%**

Trans Fat 0g

Cholesterol 133.6mg **45%**

Sodium 428.8mg **18%**

Total Carbohydrates 0.7g **0%**

Dietary Fiber 0.3g **1%**

Sugars 0.3g

Protein 19.4g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.