



Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities
Educational Equity For All

December 2019

California Department of Education News



California STATE BOARD OF EDUCATION

Content Standards

Content standards were designed to encourage the highest achievement of every student, by defining the knowledge, concepts, and skills that students should acquire at each grade level. Current Standards: This application contains the 12 California content standards. These standards apply to ALL students including those with special needs.

<https://www.cde.ca.gov/be/st/ss/index.asp>

KIDSGUIDE

SENSORY FRIENDLY SANTA VISIT AT SOUTH BAY GALLERIA

DATES: Sunday, December 8 @ 9:00 am - 11:00 am
Recurring Event (See all)

Sensory Friendly Santa is an opportunity for children with special needs and their families to enjoy a photo session with Santa. Extra care has been taken to support the sensory, physical and other developmental needs of children so they can enjoy this wonderful holiday tradition.

Admission is free, but reservations are required for this event. This event is held in partnership with Autism Speaks. While there is no admission charge, photo packages that capture holiday memories will be available for purchase at the event.

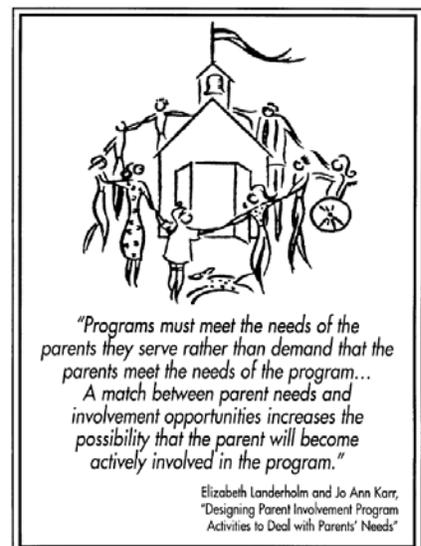
Look for more special needs events across California this holiday season. t.ly/G88zk

Register Now for Kids Like Me Winter Break Camps

The Help Group's [Kids Like Me](#) program will offer three fun-filled days of camp over the winter holiday for children and teens with autism spectrum disorder and other special needs. Winter break camps will provide a safe, enriching environment where children and teens can engage and explore in a variety of camp activities, including winter-themed art projects, holiday cooking, sensory play, outside games and much more.

Camp is offered on Monday, December 22nd, Tuesday, December 23rd and Friday, January 3rd at both the Sherman Oaks Campus and the Culver City Campus. Parents can enroll in one, two or all three days of camp, with a \$50 discount for a child signed up for all three days. Camp Sunshine runs from 9 am to 2 pm, Village Glen Camp runs from 9 am to 2:30 pm, and Teens On The Go runs from 9 am to 3 pm.

t.ly/L99Gm



EDUCATIONAL EQUITY FOR ALL
Giving kids what they need to succeed

Tana Donaghy, President, Educational Equity For All
Missstanad@educationequityforall.org; 909-964-5057
<http://www.educationalequity4all.com/>

Feature Idea of Month

Best new toys for kids with special needs under \$50



t.ly/WDDWP

Daily Tips: Surviving The Holidays

The activity of the holiday season seems to bring out the hyperactivity in our own little angels. Check out this collection of tips to help you survive it.

- Create Structure — and Stick to It
- Save Some Toys for Later
- When Company Comes to Visit
- Recovering from a Childhood in a Dysfunctional Family
- Kids with ADHD and Gifts
- Overnight Visit

t.ly/weedP

7 ways to prevent holiday stress — for your children

Here are seven ways to prevent and reduce holiday stress for children this season.

1. Manage your own stress.
2. As much as possible, keep routines the same.
3. Manage expectations.
4. Keep kids active.
5. Spend some time together.
6. Build some family holiday rituals, if you don't have them already.
7. Choose something to do as a family that helps others.

t.ly/y00yV



t.ly/eddAN

WEBSITES AND RESOURCES

<https://goo.gl/LLBS3P>

<https://goo.gl/p9bV8e>

<https://goo.gl/pMjCYG>



The 12 “Dos” of Christmas for special needs parents

1. Know your limits
2. Avoid perfection
3. Adopt self-help techniques
4. Try to have one good laugh a day
5. Eat Well
6. Live for today
7. Remember, you (and your Christmas efforts) are good enough!
8. Reward yourself
9. Ignore unhelpful people
10. Deep breath, be strong
11. Ask for help
12. Enjoy yourself

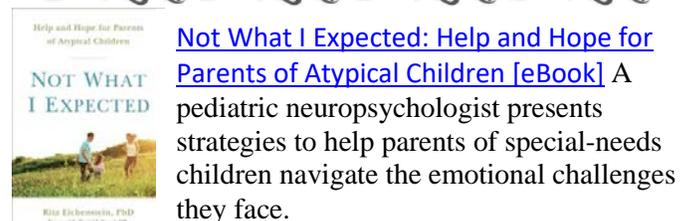
t.ly/r22Ax

TIPS & RESOURCES TO HELP AUTISM FAMILIES SURVIVE THE HOLIDAYS

All about autism and the holidays. Resources, tips, and social stories to help autistic children and their families survive the holidays.



t.ly/NNN2D



[Not What I Expected: Help and Hope for Parents of Atypical Children \[eBook\]](#) A pediatric neuropsychologist presents strategies to help parents of special-needs children navigate the emotional challenges they face.