## EMMONS COUNTY PUBLIC HEALTH

It's because we care!

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## **News Release**

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Attached Artwork:

None

## **ECPH Gearing Up for Flu Season with Vaccination Plans**

**[LINTON, ND] –** With influenza season on the horizon, flu shot vaccinations are becoming an important option to help keep Emmons County residents healthy.

Emmons County Public Health (ECPH), Thrifty Drug in Linton and the Linton/Hazelton Clinics have flu vaccine available. Contact any organization to schedule your influenza vaccine appointment today. ECPH has scheduled Drive-Up flu clinics at the following locations: Hazelton Clinic 9-12 Noon, October 1; Braddock Community Center, 9-12 Noon, October 4; Strasburg Senior Center, 9-12 Noon, October 6; and Hague KC Hall 9-12 Noon, October 14. Please bring insurance/Medicare cards and wear a short sleeve shirt. Flu shots are available at ECPH anytime by appointment by calling 701-254-4027.

"Influenza continues to be a serious concern, especially when coupled with COVID-19 concerns," said ECPH Executive Officer Bev Voller. "Cumulative cases for last season were down compared to the 2019-20 season, but that is not assured for us again this year. It is better to be pro-active and to take steps to ensure your health this fall and winter."

Many of the mitigation strategies for keeping yourself safe from COVID-19 also work to combat influenza transmission. Individuals are encouraged to wash their hands often with soap and water, cover any coughs or sneezes, and stay home from work or school if you are feeling ill.

Emmons County Public Health will be providing a variety of influenza informational pieces through its <u>Facebook page</u>. For more info about COVID-19, visit the <u>ND</u> Department of Health website or CDC website.