

Rita's Waltz

Choreographer: Jo Thompson

Description: 24 Count, 4 Wall, Beginner Line/Partner Dance

Music: Their Hearts Are Dancing by the Forester Sisters

Any medium tempo waltz [90-120 BPM]

NOTE: Waltz is danced primarily on the “balls” of the feet.
The rhythm is slow-quick-quick (1-2-3).

WALTZ BASIC FORWARD (LEFT) & BACK (RIGHT)

1-3 Step forward left, step together right, step left in place

4-6 Step back right, step together left, step right in place

WALTZ BASIC FORWARD (LEFT) & BACK (RIGHT)

1-3 Step forward left, step together right, step left in place

4-6 Step back right, step together left, step right in place

LEFT TWINKLE, RIGHT TWINKLE

1-2 Cross-step left over right turning slightly right, step right in place

3 Turning slightly to the left, step left in place

4-5 Cross-step right over left, step left in place

6 Turning slightly to the right, step right in place

LEFT TWINKLE, RIGHT TWINKLE WITH $\frac{3}{4}$ TURN RIGHT

1-2 Cross-step left over right turning slightly right, step right in place

3 Turning slightly to the left, step left in place

4 Cross-step right over left

5 Pivot on ball of R foot turning $\frac{1}{4}$ right and step back on ball of left (3:00)

6 Pivot on ball of L foot turning $\frac{1}{2}$ right and step forward on right (9:00)

REPEAT