



PARENTING CHILDREN WITH DISRUPTIVE BEHAVIORS GROUP

5424 Strickland Ave.
Lakeland, FL 33812
863-644-8470
Call for more info

Parents of children with disruptive behaviors often struggle to find the best way to manage their child. Whether they are dealing with temper tantrums or what appears to be intentional defiance, these parents often feel as though they are stuck between a rock and a hard place. In this group, parents will learn how to properly assess their child's behavior and find the best responses to make change. Among other things, parents will learn:

- How to differentiate can't do problems from won't do decisions
- How to decide which battles to fight
- How to find appropriate consequences
- How to improve the parent/child relationship