

The MetLife Oral Health Library




Research shows that having healthy teeth and gums may play an important role in having a healthier body. That's why the MetLife Oral Health Library is designed to make it easier for you to access information and tools that support you in making better choices about your oral health.

Accessible from the MetLife Dental Center at www.metlife.com/dental

The MetLife Oral Health Library gives you access to the information you need with easy navigation. Whether you're looking for information for yourself or a loved one, this website has been designed to help you find the information you need easily and quickly with information on many different topics related to oral health including:

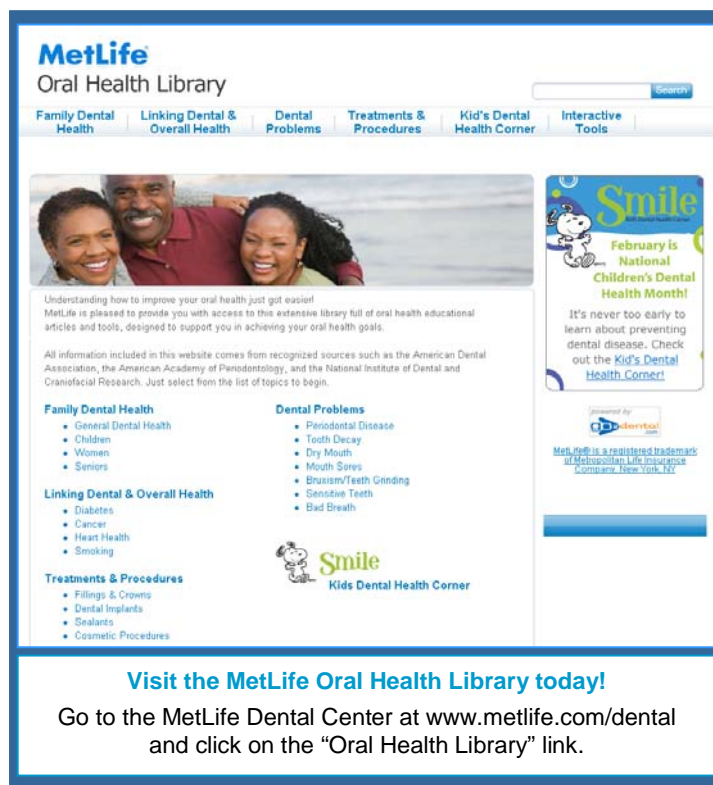
- Family Dental Health
- Linking Dental & Overall Health
- Dental Problems
- Treatments & Procedures
- Kid's Dental Health Corner

Interactive tools to help assess your health

The site also contains a comprehensive dental health risk assessment (HRA) that can help you better understand items that have medical and dental relationships and assess your overall health. Plus, if indicated, you will have access to other interactive tools available on the site to assess your risk for periodontal disease or decay.

Information you can rely on

The information and tools in the oral health library are provided by MetLife and other reputable sources such as the American Dental Association, the American Academy of Periodontology and the National Institute of Dental and Craniofacial Research. Additionally, all information must pass an extensive review process prior to being selected for inclusion in the oral health library.



The screenshot shows the MetLife Oral Health Library website. At the top, there is a search bar and navigation tabs for Family Dental Health, Linking Dental & Overall Health, Dental Problems, Treatments & Procedures, Kid's Dental Health Corner, and Interactive Tools. Below the navigation is a large image of a smiling family. To the right, there is a promotional banner for February's National Children's Dental Health Month, featuring Snoopy and the text "It's never too early to learn about preventing dental disease. Check out the Kid's Dental Health Corner!". Below the banner, there are several categorized lists of topics: Family Dental Health (General Dental Health, Children, Women, Seniors), Linking Dental & Overall Health (Diabetes, Cancer, Heart Health, Smoking), Dental Problems (Periodontal Disease, Tooth Decay, Dry Mouth, Mouth Sores, Braces/Teeth Grinding, Sensitive Teeth, Bad Breath), and Treatments & Procedures (Fillings & Crowns, Dental Implants, Sealants, Cosmetic Procedures). At the bottom of the screenshot, there is a call to action: "Visit the MetLife Oral Health Library today! Go to the MetLife Dental Center at www.metlife.com/dental and click on the 'Oral Health Library' link."