

ALMONT FOOTBALL

FOUR PROGRAMS  ONE FAMILY

JV INFORMATION 2024 SEASON

INCLUDES:

Summer Training Schedule
GAME Schedule
Noteworthy Events
MHSAA Physical Form
FamilyID Information Sheet
Recruiting Information
Scrimmage/Picture Day Schedule
Custom Mouthguard Information
Team Camp Form
Game Socks Order Form
Away Game Meal Order Form
Yard Sign Order Form







ORDER ONLINE!

Men's, Women's and
Youth sizes!!!
Great styles and colors
to choose from.



For up-to-date program information and schedules, visit the
Official Almont Football website, also on Facebook, Instagram & X.

WWW.ALMONTFOOTBALL.COM

 Almont Raiders-Football |  @AlmontRaidersFB
 @AlmontRaidersFB |  TEXT @almonffb to 81010

MANDATORY

PROGRAM

TEAM MINICAMP

V/JV-7on7

JV-7on7

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7 LASY DAY OF SCHOOL	8
9	10	11	12	13	14	15
7:00 pm Program Meet & Greet	SUMMER BREAK — GREAT TIME FOR FAMILY VACATION					
	10-11 am COACH FORTI 7-9 pm BURCHI	5-6:30 pm COACH LOOMIS	10-11 am COACH FORTI 7-9 pm BURCHI	7-9 pm BURCHI		
16	17	18	19	20	21	22
SUMMER BREAK — GREAT TIME FOR FAMILY VACATION						
	10-11 am COACH FORTI 7-9 pm BURCHI	5-6:30 pm COACH LOOMIS	10-11 am COACH FORTI 7-9 pm BURCHI	7-9 pm BURCHI		
23	24	25	26	27	28	29
SUMMER BREAK — GREAT TIME FOR FAMILY VACATION						
	10-11 am COACH FORTI 7-9 pm BURCHI	5-6:30 pm COACH LOOMIS	10-11 am COACH FORTI 7-9 pm BURCHI	7-9 pm BURCHI		
30	← DEAD WEEK →					

July 2024

MANDATORY
PROGRAM
TEAM MINICAMP
V/JV-7on7
JV-7on7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
SUMMER BREAK — GREAT TIME FOR FAMILY VACATION-WEIGHT ROOM SCHEDULE TBD						
7	8	9	10	11	12	13
	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	
	10:30am-Noon 7on7 Practice	10:30am-Noon 7on7 Practice		10:30am-Noon TEAM Practice		
		6:00pm 7on7 @PHN				
14	15	16	17	18	19	20
	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	
	10:30am-Noon 7on7 Practice	5:30pm 7on7 @Romeo	5:30pm 7on7 @Romeo	10:30am-Noon TEAM Practice		
21	22	23	24	25	26	27
	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	8:30-10:30am TRAINING	
	10:30-11:30am 7on7 Practice	6:00pm 7on7 @Almont	6:00pm 7on7 @Brandon	10:30am-Noon TEAM Practice		
28	29	30	31			
	8:00-11:30am TEAM CAMP	8:00-11:30am TEAM CAMP	8:00-11:30am TEAM CAMP	8:30-10:30am TRAIN/TESTING	8:30-10:30am TRAIN/TEAM CHALLENGE	
	V-TEAM ACTIVITY-TBD	V-TEAM ACTIVITY-TBD	V-TEAM ACTIVITY-TBD			

August 2024

MANDATORY PROGRAM
TEAM MINICAMP
V/JV-7on7
JV-7on7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30-10:30am TRAIN/TESTING	2 8:30-10:30am TRAIN/TEAM CHALLENGE	3
4	5	6	7	8	9	10
MHSAA DOWN TIME — GREAT TIME FOR FAMILY VACATION						
						DUE DATE TO BE REGISTERED IN <u>Family ID & HAVE PHYSICAL ON FILE!</u>
11 6:00pm EQUIPMENT HANDOUT Must be registered in Family ID & have physical on file! Dated after 4/15/24	12 7:30a-12:30p PRACTICE	13 7:30a-12:30p PRACTICE	14 7:30a-12:30p PRACTICE	15 7:30a-12:30p PRACTICE	16 7:30a-12:30p PRACTICE	17 7:30a-NOON PICTURES/ SCRIMMAGE/ PARENT MEETING MANDATORY
18	19 7:30a-12:30p PRACTICE	20 7:30a-12:30p PRACTICE	21 7:30a-12:30p PRACTICE	22 8:00a-3:00p SCRIMMAGE @Millington JV (10am)- VAR (noon) 5:00-9:00pm FUNDRAISER MANDATORY	23 TIME TBD PRACTICE	24
25	26	27	28	29 6:00pm JV GAME @ HOME	30 7:00pm VARSITY GAME @ MARYSVILLE	31
PRACTICE TIMES TBD BASED ON SCHOOL TIMES						

MANDATORY

PROGRAM

TEAM MINICAMP

V/JV-7on7

JV-7on7

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOR DAY	3	4	5	6	7
7:00p-9:00p VAR PRACTICE AFTERSCHOOL PRACTICE TIMES CONTINUE						
TBD JV PRACTICE				6:00pm JV GAME @ HOME	7:00pm VARSITY GAME @ Imlay City	
8	9	10	11	12	13	14
AFTERSCHOOL PRACTICE TIMES CONTINUE						
				6:00pm JV GAME @ Yale	7:00pm VARSITY GAME @ HOME	
15	16	17	18	19	20	21
AFTERSCHOOL PRACTICE TIMES CONTINUE						
				6:00pm JV GAME @ Algonac	7:00pm VARSITY GAME @ HOME	
22	23	24	25	26	27	28
AFTERSCHOOL PRACTICE TIMES CONTINUE						
				6:00pm JV GAME @ HOME	7:00pm VARSITY GAME @ Cros-Lex	
29	30					

ALMONT FOOTBALL

1977, 1996, 1998, 2006, 2007, 2008, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022 & 2023 MHSAA Playoff Qualifiers
 2006, 2007, 2008, 2010, 2014, 2018, 2019 & 2023 Blue Water Area Conference (BWAC) Champions
 2008, 2011, 2014, 2019 & 2023 MHSAA Division 5 District Champions
 2011, 2014, 2019 & 2023 MHSAA Division 5 Regional Champions
 2011, 2014, 2019 & 2023 MHSAA Division 5 State Semifinals Champions
 2019 MHSAA Division 5 State Championship Finalist
 2023 MHSAA Division 6 State Championship Finalist

JV GAME SCHEDULE

Date	Event	Type	Start Time	Location	
Wed Aug 28	MARYSVILLE HIGH SCHOOL	SG	6:00 PM	MARYSVILLE HIGH SCHOOL	Away
Thu Sep 5	IMLAY CITY HIGH SCHOOL	SG	6:00 PM	Almont Jr Sr High School	Home
Thu Sep 12	YALE SENIOR HIGH SCHOOL	SG	6:00 PM	YALE SENIOR HIGH SCHOOL	Away
Thu Sep 19	ALGONAC HIGH SCHOOL	SG	6:00 PM	ALGONAC HIGH SCHOOL	Away
Thu Sep 26	CROSWELL-LEXINGTON HIGH SCHOOL	SG	6:00 PM	Almont Jr Sr High School	Home
Thu Oct 3	ARMADA AREA HIGH SCHOOL	SG	6:00 PM	Almont Jr Sr High School	Home
Thu Oct 10	RICHMOND COMMUNITY HIGH SCHOOL	SG	6:00 PM	RICHMOND COMMUNITY HIGH SCHOOL	Away
Thu Oct 17	NORTH BRANCH HIGH SCHOOL	SG	6:00 PM	NORTH BRANCH HIGH SCHOOL	Away
Thu Oct 24	NOTRE DAME PREPARATORY	SG	6:00 PM	Almont High School	Home

ATHLETIC/DEAN OF STUDENTS SECRETARY

Debbie Lemon

✉ DLEMON@ALMONTSCHOOLS.ORG

☎ (810) 798-8595

ALMONT FOOTBALL

FOUR PROGRAMS  ONE FAMILY

NOTEWORTHY EVENTS

SPORT PHYSICAL

Get New Physical **Before August 5th**
(Recommended by July 8th, *Must be dated after April 15th, 2024)

WEIGHT ROOM

Check summer schedule for times.

SUMMER TRAINING

Summer Training begins **July 8th**

EQUIPMENT HANDOUT

MANDATORY — August 4th, 6:00pm

Must be registered in Family ID & have physical on file!

PICTURE DAY/SCRIMMAGE

MANDATORY — August 17th

Picture Day/Program Scrimmage/Parent Meeting

RAIDER CARD FUNDRAISING NIGHT

MANDATORY — August 22nd, 5:00-9:00pm

For up-to-date program information and schedules, visit the
Official Almont Football website, also on Facebook, Instagram & X.

WWW.ALMONTFOOTBALL.COM

 Almont Raiders-Football |  @AlmontRaidersFB
 @AlmontRaidersFB |  TEXT @almontfb to 81010



MEDICAL HISTORY: Completed by Parent or Guardian or 18-Year-Old

Student Name: _____ Date of Birth: _____

Doctor: _____ Doctor's Phone: _____ Date of Exam: _____

GENERAL QUESTIONS, HEART HEALTH QUESTIONS ABOUT YOU, HEART HEALTH QUESTIONS ABOUT YOUR FAMILY, BONE AND JOINT QUESTIONS

MEDICAL QUESTIONS, FEMALE ONLY (Optional), CURRENT-YEAR PHYSICAL = GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR

PHYSICAL EXAMINATION & MEDICAL CLEARANCE: Completed by MD, DO, PA or NP - RETURN DIRECTLY TO PATIENT

EXAMINATION: Height: _____ Weight: _____ Male Female BP: / Pulse: Vision: R 20/ L 20/ Corrected: Y N

Table with columns: MEDICAL, NORMAL, ABNORMAL, MUSCULOSKELETAL, NORMAL, ABNORMAL. Rows include Appearance, Eyes/Ears/Nose/Throat, Heart, Lungs, Abdomen, etc.

RECOMMENDATIONS:

I certify that I have examined the above student and recommend him/her as being able to compete in supervised athletic activities NOT crossed out below. BASEBALL - BASKETBALL - BOWLING - COMPETITIVE CHEER - CROSS COUNTRY - FOOTBALL - GOLF - GYMNASTICS - ICE HOCKEY - LACROSSE - SKIING - SOCCER - SOFTBALL - SWIMMING/DIVING - TENNIS - TRACK & FIELD - VOLLEYBALL - WRESTLING

EXAMINER Name of Examiner (print/type): _____ Date: _____ Signature of Examiner: _____ (Check One): MD DO PA NP

(DETACH HERE IF NEEDED TO ACCOMPANY STUDENT-ATHLETE)

EMERGENCY INFORMATION: COMPLETED BY PARENT or GUARDIAN or 18-YEAR-OLD

Student: _____ Grade: _____ Doctor: _____ Phone: (____) _____ IN EMERGENCY (1): _____ Home #: (____) _____ Cell #: (____) _____ IN EMERGENCY (2): _____ Home #: (____) _____ Cell #: (____) _____ Drug Reactions: _____ Current Medications: _____ Allergies: _____



PRE-PARTICIPATION PHYSICAL - CONSENT - INSURANCE

Shaded headline areas are to be completed by student, parent/guardian or 18-year-old

There are FOUR (4) signatures on this page 4 to be completed by student, parent/guardian and/or 18-year-old

A CURRENT-YEAR PHYSICAL IS ONE GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR

Student Name: LAST FIRST MIDDLE INITIAL
Student Address: STREET CITY ZIP
Gender: M F Age: Date of Birth: Place of Birth (City/State):
School: Circle Grade: 6 7 8 9 10 11 12
Father/Guardian Name:
Phone (home): (work): (cell):
Mother/Guardian Name:
Phone (home): (work): (cell):
Email Address: Parent/Guardian/18-Year-Old:

STUDENT PARTICIPATION & PARENT or GUARDIAN or 18-YEAR-OLD CONSENT

The information submitted herein is truthful to the best of my knowledge. By my/my child's signature below, I/we acknowledge that I/we have received concussion educational information that meets Michigan Department of Health and Human Services and MHSAA requirements.

Further, in consideration of my/my child's participation in MHSAA-sponsored athletics, I/we do hereby agree, understand, appreciate, and acknowledge: that participation in such athletics is purely voluntary; that such activities involve physical exertion and contact and that there is inherent risk of personal injury associated with participation in such activities, which risk I/we assume; and that I/we agree to, and hereby waive any and all claims, suits, losses, actions, or causes of action against the MHSAA, its members, officers, representatives, committee members, employees, agents, attorneys, insurers, volunteers, and affiliates based on any injury to me, my child, or any person, whether because of inherent risk, accident, negligence, or otherwise, during or arising in any way from my/my child's participation in an MHSAA-sponsored sport.

I/we understand that I am/we are expected to adhere firmly to all established athletic policies of my school district and the MHSAA. I/we hereby give my consent for the above student to engage in interscholastic athletics and for the disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility for interscholastic athletics. My child has my permission to accompany the team as a member on its out-of-town trips.

1 Signature of STUDENT: Date:

2 Signature of PARENT or GUARDIAN or 18-YEAR-OLD: Date:

INSURANCE STATEMENT

Our son/daughter will comply with the specific insurance regulations of the school district.

The student-athlete has health insurance: YES NO

If YES, Family Insurance Co: Insurance ID #:

Additionally, I hereby state that, to the best of my knowledge, my answers to the medical history questions (see reverse) are complete and correct.

3 Signature of PARENT or GUARDIAN or 18-YEAR-OLD: Date:

(DETACH HERE IF NEEDED TO ACCOMPANY STUDENT-ATHLETE)

MEDICAL TREATMENT CONSENT: COMPLETED BY PARENT or GUARDIAN or 18-YEAR-OLD

I, an 18-year-old, or the parent or guardian of, recognize that as a result of athletic participation, medical treatment on an emergency basis may be necessary, and further recognize that school personnel may be unable to contact me for my consent for emergency medical care. I do hereby consent in advance to such emergency care, including hospital care, as may be deemed necessary under the then-existing circumstances and to assume the expenses of such care.

4 Signature of PARENT or GUARDIAN or 18-YEAR-OLD: Date:

STEPS TO REGISTER YOUR ATHLETE ON FamilyID

This message is for families with children participating in sports at Almont Community Schools.

We are excited to announce that Almont Community Schools is now offering the convenience of online registration through FamilyID for our sports programs. Family ID is a secure registration platform that provides you with an easy, user-friendly way to register for our sport programs and helps us to be more administratively efficient and environmentally responsible.

When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs. *Do not register / pay for your child until they have tried out and made a team.*

As in the past, students must have a completed hard copy of the MHSAA Physical Form. The completed physical form must be brought to the Athletic Office at the High School **before** tryouts. This form will remain on file in the athletic office until it expires. (See the top of the MHSAA physical form for more information on expiration).

Once your child has tried out and been accepted on a team, a parent / guardian, along with the student athlete can go to www.almontschools.org and click on Athletics, then on the next page click on FamilyID. Once you have reached the FamilyID site, you can register by clicking on "Register Now". Follow the "new family" or "returning family" steps below:

DIRECTIONS FOR NEW FAMILIES:

1. To find your program, click on the link above and select the registration form under the word **Programs**.
2. Next click on the green **Register Now** button and scroll, if necessary, to the **Create Account/Log In** green buttons. If this is your first time using FamilyID, click **Create Account**. Click **Log In**, if you already have a FamilyID account.
3. **Create** your secure FamilyID account by entering the account owner First and Last names (parent / guardian), E-mail address and password. Select **I Agree** to the FamilyID Terms of Service. Click **Create Account**.
4. You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters (spam, junk, etc.)
5. Click on the link in your activation E-mail, which will log you in to FamilyID.com.
6. Once in the registration form, complete the information requested. All fields with a red* are required to have an answer.
7. Click the **Save & Continue** button when your form is complete.
8. Review your registration summary.
9. Click the green **Submit** button. After selecting "Submit", the registration will be complete. You will receive a completion email from FamilyID confirming your registration.

At any time, you may log in at www.familyid.com to update your information and to check your registration(s). To view a completed registration, select the "Registration" tab on the blue bar.

DIRECTIONS FOR RETURNING FAMILIES:

You may use the information you submitted in previous seasons to save time with future registrations. Please use the following steps.

1. Click on the Current Season registration form on your school's FamilyID Landing page.
2. Login using the e-mail address and password you created last season.
3. Choose the sport.
4. Click on "Add Participant Below or Click to Select" and pick your child's name.
5. Update health and demographic information, if necessary.
6. Sign-off on seasonal agreements.
7. Save and Submit.

SUPPORT: If you need assistance with registration, contact FamilyID at: support@familyid.com or call 888-800-5583
x1. Support is available 7 days per week and messages will be returned promptly.

ABOUT LEGACY FOOTBALL RECRUITING

At Legacy Football, we know how important it is to begin the recruiting process early and strategically for each individual player. We are committed to helping student-athletes achieve their goals and aspirations of playing football in college. Browse below our offerings for football recruiting and beyond.



The Legacy Football Organization offers dynamic and unique programming to support student athletes on and off the field. We focus on cultivating development and competition in order to assist families in reaching their individual and team goals. The Legacy Recruiting Department understands the recruiting process and the importance of educating and empowering coaches, parents and athletes. Our main focus with student athletes is to assist in building relationships, devise a comprehensive strategy and implement an overall recruiting game plan.



Zach Zimmerman

DIRECTOR OF RECRUITING

- Director of Legacy Football Recruiting (2021)
- Center Line High School College Adviser (2018-2021)
- Center Line High School Strength & Conditioning Coach (2016-2021)
- Center Line High School Assistant HC/Offensive Line Coach/Co-OC (2016-2021)
- Anchor Bay JV Football Offensive Line Coach (2015)
- Anchor Bay Freshmen Football Coach/Freshmen Basketball Coach (2014)
- Attended Siena Heights University on Athletic and Academic Scholarship (2013-2014)
- Anchor Bay High School Team Captain/All County/ All Metro East (2012-2013)

Contact: zzimmerman@legacycentermichigan.com

*Dr. Jay Vanderest
106 S. Main St.
Almont, MI 48003
(810)798-3941*

Custom Mouthguard Information 2024

The risk of serious injury to the mouth is inherent in all contact sports. Therefore, it is important for you, or your child to wear a mouthguard while participating in contact or collision sports. Coaches and trainers generally urge all participants in contact sports to wear a mouthguard when playing or practicing to reduce the degree of injury from traumatic blows to the head and/or mouth.

The wearing of a mouthguard of any kind cannot prevent all mouth injuries from occurring. **A properly fitted, custom fabricated mouthguard** can help prevent most mouth injuries as well as decrease the incidence of **concussion**.

Dr. J. Vanderest and staff will be available Friday, June 21st starting at 9:15_{am} to take impressions of the athlete's teeth so a mold can be made to fabricate the custom mouthguard. There will be a sign-up sheet available for the student athlete's who are interested. **If you are unavailable on June 21st please contact our office by June 14th to make an appointment and guarantee delivery and current fees.**

IF YOU CURRENTLY WEAR BRACES PLEASE CONTACT YOUR ORTHODONTIST FOR A PROPERLY FITTED MOUTHGUARD.

Custom mouthguard: Fee \$30.00 (To be paid at time of impression)
Available in orange and black

The mouthguards are provided by Gary Zehnder from Brooklands Dental Lab.

If you have any questions and/or concerns, Dr. Vanderest may be reached at 810-798-3941.

ALMONT FOOTBALL

ALMONT JUNIOR VARSITY FOOTBALL CAMP

*** July 29 - July 31, 2024 - 8:00-11:30 AM ***

Campers will learn the base Wing-T offense and 4-4 defense ran in the Almont Football program.

Investment: \$50

**Deadline for
pre-registration
and t-shirts
July 10**

Camp Mission — The goal of the Almont Football Camps is to teach the game of football through stressing the fundamentals with enthusiasm and repetition.

Camp Location — Almont High School — Football Complex — 4701 Howland Rd., Almont, MI 48003

Camp Staff — Coach Leusby, Almont Football Coaching Staff & Almont Football Players

Camp Information — Each camper will receive a t-shirt at the end of camp. Each camper should wear cleats, shorts and a t-shirt and bring a water bottle each day.

Camp Registration — **Deadline for pre-registration and t-shirts is July 10.** Please continue to register up to and including day of your desired camp. If t-shirts are still available, you will be given one. Please contact Coach Leusby 586-405-2715 if the investment is difficult at this time, we will be able to work something out. This shouldn't be a reason for your son to not attend camp.

MAKE CHECKS PAYABLE TO: ALMONT FOOTBALL

Return or mail this form with payment to: Coach James Leusby, 14762 Rice Dr., Sterling Heights, MI 48313

.....
PLAYER'S NAME _____ AGE _____ GRADE (FALL 2024) _____

ADDRESS _____ CITY _____ ZIP _____

CONTACT NUMBER (____) _____ PARENTS NAME(S) _____

PARENT EMAIL _____

T-Shirt size: YOUTH- YS YM YL ADULT- SM M L XL 2X 3X

We do not hold Almont Community Schools or camp staff responsible for any injuries that may occur at Almont Football Youth Camps. If there is an emergency, please contact the number below.

PARENT SIGNATURE _____ EMERGENCY NUMBER (____) _____

ALMONT FOOTBALL

Exact styles may vary slightly

\$15 each pair



ADULT SIZE 8-12 (ONE SIZE FITS MOST)

DEADLINE TO ORDER: JULY 10
MAKE CHECKS PAYABLE TO: **ALMONT FOOTBALL**

NAME _____

QUANTITY _____ TOTAL \$ _____

FOUR PROGRAMS  ONE FAMILY

ROZA'S PIZZA of ALMONT

IS OFFERING AWAY GAME MEALS TO PLAYERS



**We Are Proud
Sponsors of
Almont Athletics!**

**EACH \$8 MEAL
INCLUDES:
SUB, CHIPS, WATER
& A COOKIE**

If interested, return this form with SEPARATE PAYMENT MADE TO ROZA'S
to Coach Leusby with other forms and payments by July 10th.

Player Name: _____

Circle: **VARSITY - \$40**

JV - \$40

MS - \$32

HAM & CHEESE

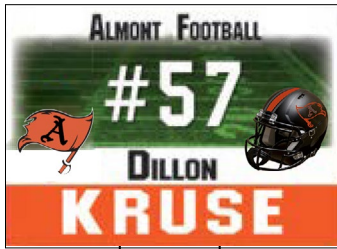
TURKEY & CHEESE

ITALIAN

**DUE
July 10**

Make checks payable to: ROZA'S

YARD SIGNS & BIG HEADS



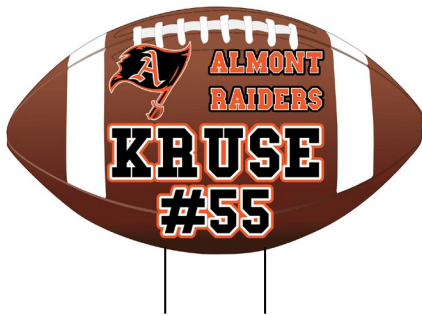
**2-SIDED RECTANGLE
YARD SIGN**

\$15
with stake

BIG HEAD

\$25
with stick

PrintShop will be given your image from picture day.



**2-SIDED FOOTBALL
YARD SIGN**

\$20
with stake



**2-SIDED CHEER
YARD SIGN**

\$20
with stake

**PLEASE ORDER DIRECTLY FROM
THE PRINT SHOP IN IMLAY CITY @ 810-721-7500**

Contact Name: _____

Contact Phone Number: _____

Name: _____

Player #: _____

BIG HEAD

RECTANGLE

FOOTBALL

CHEER

**PLEASE ORDER DIRECTLY FROM
THE PRINT SHOP IN IMLAY CITY**

*designs may vary slightly