

7 Fears of the Flesh

If we allow the enemy to exploit these fears, the work we have been called to in Christ will be “hampered”, and the journey will seem arduous.

1. Fear of unpredictability: “If I get more information then I will be safe.”
2. Fear of rejection: “If others accept me then I will belong.”
3. Fear of being unworthy: “If I prove myself to others, I am enough.”
4. Fear of being insignificant: “If others can see and hear me then I exist.”
5. Fear of failure: “If I follow the right path and avoid mistakes then I am better.”
6. Fear of trusting others: “If I control others then I will survive.”
7. Fear of being incapable: “If I have more resources then I will succeed.”