

Basic

bathtub
bedtime
myself
someone
maybe
into
upon
anyone
without
cannot

Review

stop
flag

Vocabulary Practice

Using Context Write the missing Basic Words

1. I go upstairs when it is _____.
2. I get ready for bed all by _____.
3. First, I wash in the _____.
4. Then I get _____ my pajamas.
5. I never go to bed _____ my bear!



Proofreading

Book Titles Begin the first, the last, and each important word in a book title with a capital letter. Draw a line under the title.

Herman the Loser

Amos and Boris

Practice Proofread Jill's book report. Find four spelling mistakes and two mistakes in book titles. Write the report correctly.

The book Gregory the Terrible eater is about a goat who canot stap eating healthy food. I think anyone would like this funny book! It is funnier than Clyde Monster, a book about a monster who is afraid at bedtime. Maybe you know somone like that too!

28 Spelling Across the Curriculum

Health: Taking Care of Yourself

Theme Vocabulary

jog
fit
muscles
shape

Using Vocabulary Write the missing word from the box. Use your Spelling Dictionary.

1. Matt and I like to stay _____.
2. We hate to feel out of _____!
3. We _____ two miles each day.
4. The _____ in our legs are strong.

Understanding Vocabulary Write yes or no to answer each question.

5. Should a football player stay **fit**?
6. Will swimming make your **muscles** stronger?
7. Could a runner **jog** in a park?
8. Will combing your hair keep you in **shape**?



FACT FILE You have more than 600 muscles in your body! Your muscles help you move, so you must take care of them. You can exercise over 400 of your muscles by swimming.