

# Ponds Medical Centre

The Ponds Shopping Centre  
The Ponds Boulevard  
The Ponds NSW 2769

**Tel: 8883 3033 for an appointment or  
book an appointment online:  
[www.pondsmedicalcentre.com](http://www.pondsmedicalcentre.com)**

## PRACTICE DOCTORS

**Dr Guillerma (Patricia) De Leon**  
MBBS, AMC, FRACGP

**Dr Amali Fernando Navaratna**  
MBBS, FRACGP, DCH

**Dr Ayomi Soodin**  
MBBS, FRACGP, MD(Paed), DCH

**Dr Wasim Akhter**  
FRACGP, MBBS, DCH

**Dr Sanjeev Relan**  
MBBS, FRACGP,

**Dr Saeid Tahmasebi**  
MD

**Dr Sumanjeet Kaur**  
MBBS, FRACGP, DCH

**Dr Huy Vo**  
MBBS, FRACGP

**Dr Amy Kwan**  
MBBS, FRACGP, DCH

**Dr Adrian Jeyendra**  
MBBS, FRACGP, Dip of Child  
Health and Skin Cancer Med.

**Dr Baljinder Singh**  
MBBS, FRACGP

**Dr Inas Hegazi**  
MBChB, FRACGP,  
Clin Dip Pall Med.

**Dr Surendra Khanal**  
MBBS, FRACGP, DCH

**Pathology collection.** A licensed Pathology Collection Centre is provided by Clinical Labs Pathology and are available from Monday to Saturday.

**Physiotherapy. Bodyfocus and Wellness Centre** has experienced physiotherapists and provide comprehensive physiotherapy, remedial massage and rehabilitation and other allied health services.

**Dentist.** Dental services provided Dental Stylers For an appointment please call 8883 3388 or see the Dental Receptionist at the centre.

**Accredited Dietitian** . Ms Mubina Jamdar is available by appointment on Wednesdays for nutrition and diet related services.

### Psychologist

Dr Mary Ticinovic – Clinical Psychologist 0404049424

Dr Alfred De Robillard- Clinical Psychologist 0416021087

Dr Rakhsha Lutchman – Clinical Psychologist 0450181894



## SURGERY HOURS

Monday – Friday

8am to 8pm

Saturday – Sunday

8am to 4pm

Most Public Holidays

8am -4pm

## HOW TO SEE YOUR DOCTOR

**We operate under the policy of “Appointments available but are not necessary” for the Doctors. We accommodate Walk In patients and minor emergencies.**

## AFTERHOURS & EMERGENCY

For afterhours services please call 8883 3033 at any time.

In an emergency call 000 for an ambulance or proceed to your nearest hospital.

**SKIN CANCER CLINIC AVAILABLE NOW – BOOK IN TO SEE OUR  
QUALIFIED SKIN CANCER DOCTORS.**

## OTHER SERVICES

This Practice is committed to providing comprehensive General Practice care to all individuals and families in this Community - quality care in valued relationships and in an atmosphere of excellence and ethical values.

- Male & Female GP's
- Nurses
- Treatment Room
- Vaccination
- Work Cover, Third Party
- Travel Vaccinations
- Specialist and Allied Health Services
- Pre-employment
- Pathology
- Driver Medicals
- Sports Medicine
- **Paediatrician (Dr Archana Makkar)**
- **\*Gastroenterologist ( Dr Omid Zarghom)**
- **\* Skin Cancer Clinic**

## BILLING ARRANGEMENTS

All consultations by General Medical Practitioners are bulk-billed for patients presenting with a valid Medicare card. Certain consultations cannot be bulk-billed, such as: Workers Compensation; Medical Examinations for pre-employment, driver's license; Physiotherapist, psychologist or dietitian, etc.

## SPECIAL PRACTICE NOTES

**Telephone access.** You can contact the Doctors at the Centre during surgery open hours. The Receptionist will take a message if the Doctor is in consultations. In an emergency your call will be put through. Please keep your calls brief.

**Test Results.** Tests results are not given over the telephone, for medico-legal reasons.

**Medical Certificates** are legal documents and cannot be issued without actually seeing the Doctor and they cannot be issued retrospectively.

**Referral to Specialist.** To ensure best management, we like to discuss your condition with you before referring you to a specialist. We are not permitted by law to backdate specialist referrals, so ensure you have a current referral before you see the specialist.

**Feedback.** If you have any suggestions to improve the Practice, you are invited to speak to the Doctor directly or the Director of The Centre. We believe problems are best dealt with in the Practice. If you prefer, you can contact the Health Care Complaints Commission on 1800 043 159.

**How to see your doctor.** We operate under the policy of "Appointments Available but are not necessary" for the Family Doctor. An appointment is required to see Specialists and Allied Health Professionals. You may nominate your own preferred Doctor for consultations. Appointment may be required to be made with the Doctor if procedures like removal of moles, cysts, etc is required. Patients in need of urgent medical attention should bring it to the notice of the receptionist on presentation so that they can be attended without any delay. Longer consultation times are available so please let our receptionists know if you require some extra time.

If you or a family member requires an interpreter we can organize this for you. All patient consultations and medical records are kept strictly confidential in this practice.

**10 Tips for Safer Healthcare** - [www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

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