

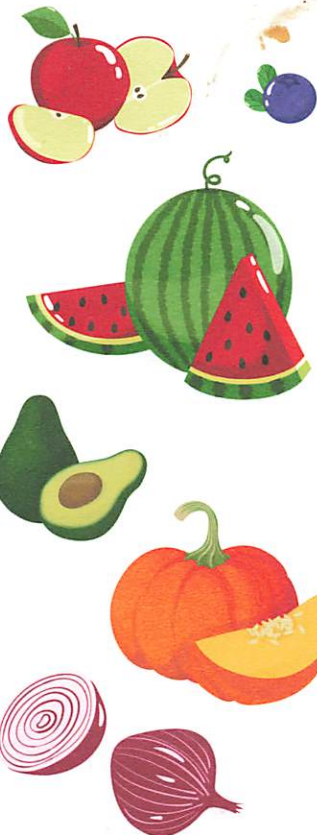
honey bees



KEEP THE FOOD WORLD BUZZING

Honey is an all-natural sweetener crafted in nature by honey bees while they naturally transform nectar from flower blossoms to create its golden goodness. The relationship between honey production, bees, and a sustainable food supply is an important one. Like, honey-bees-pollinate-a-third-of-the-world's-food kind of important. While buzzing around collecting nectar, honey bees are also making many of the foods we eat possible by pollinating a wide variety of crops, including fruits, vegetables and nuts. Here are our top 50 ingredients that are either dependent upon or benefit from honey bee pollination.

Almonds
Cacao
Apples
Watermelon
Avocado
Cashew
Cherries
Papaya
Cucumbers
Garlic
Mango
Peppers
Pears
Artichoke
Pumpkin
Onion



Squash
Tomatoes
Radish
Vanilla
Blueberries
Kiwi
Cranberries
Herbs (spices)
Eggplants
Kale
Macadamia
Plums
Peaches
Apricots
Nectarines
Brussels Sprouts
Raspberries



Citrus
(orange, lemon,
grapefruit, tangerine)
Tea
Carrots
Broccoli
Blackberries
Coconut
Coffee
Cantaloupe
Honeydew
Cinnamon
Strawberry
Asparagus
Celery
Cauliflower