

# MindStrong

A FIRST.IL Program

**Psychosis is more common than you think.** Affecting 3 in 100, psychosis is a complex medical condition that typically develops in the late teens & young adulthood. Symptoms can go undetected until a person's life is substantially disrupted. The earlier one gets the right services, the better the long term outcomes.

## Early Intervention Works.

Thresholds, a nationally recognized leader in mental health treatment, developed MindStrong for those experiencing a recent onset of psychosis.

MindStrong is a coordinated specialty care program that provides rapid assessment & individualized treatment to individuals & their families. MindStrong also teaches the community how to identify the early signs of serious mental health conditions.



MindStrong uses a team-based multidisciplinary approach to provide the following:



**Who's eligible for MindStrong?** Target age of 14-40 years old, experiencing psychosis for first time within the last 18 months. Medicaid, most commercial insurances, & private pay accepted.

**Do you know someone experiencing serious mental health symptoms for the first time?**

**Don't wait. Contact MindStrong.**

773-432-6555 | [YoungAdult@thresholds.org](mailto:YoungAdult@thresholds.org)

**THRESHOLDS**

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