

Sunday, August 9, 2020 🐦 10th Sunday after Pentecost

Take Heart

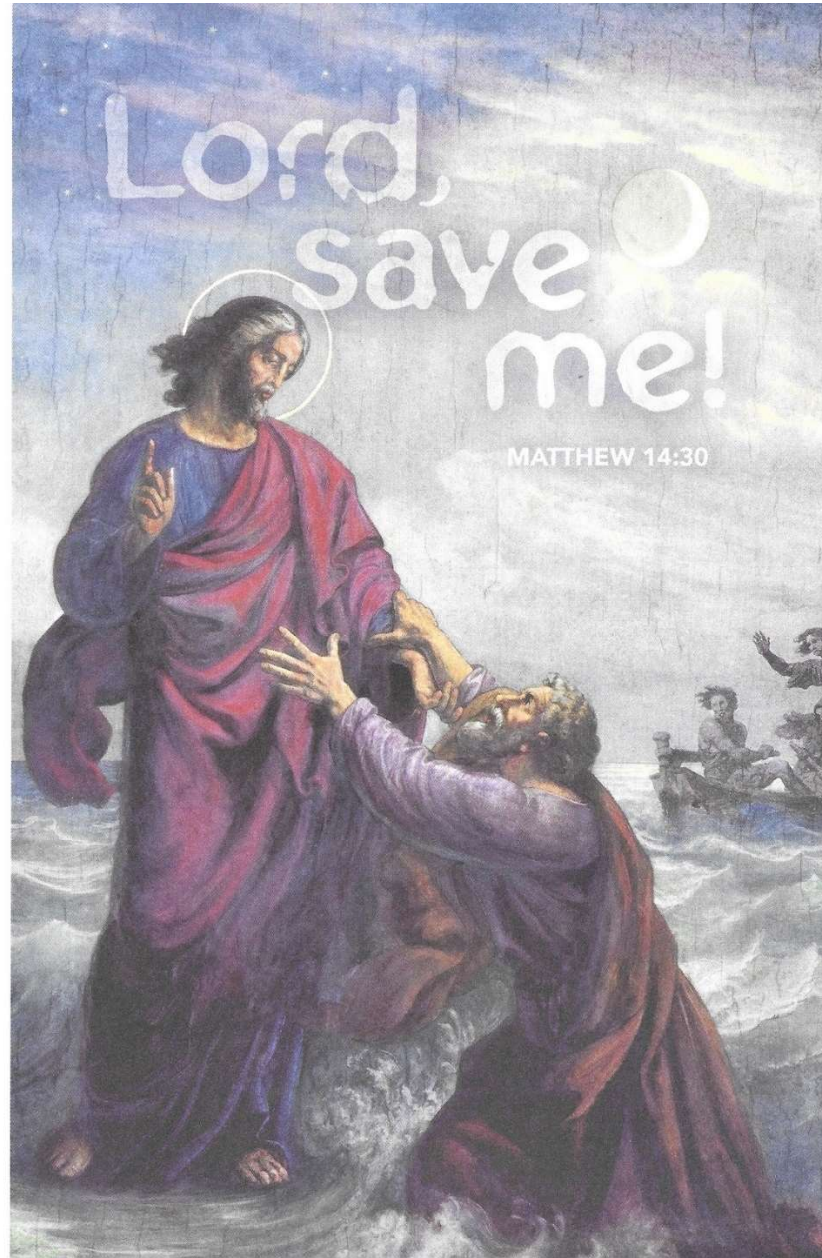
We who gather for worship each week know what it is like to feel terrified. We may not be on a literal boat being tossed by the waves, as are the disciples in the gospel story today, but our lives are often rocked by the circumstances we experience. Sometimes the howling wind that buffets our boat is a terrifying health diagnosis. The waves that batter us about might be financial ruin, marital struggles, the demands of caregiving, or a myriad of other issues. We are not strangers to feeling out of control or scared.

Some of us barely made it here today. We are out of energy and exhausted by living in fear. Jesus meets us in the midst of our worry and says, “Take heart, it is I; do not be afraid” (Matt. 14:27). He sings it to us in the hymns of our faith, speaks it to us in scripture, and feeds us with it in the meal.

As we turn to a hymn and open our weary lips to sing, Jesus is present in the words and melodies that God’s people have been singing for a very long time. We sing these hymns in the chapters of our lives when the seas are calm, and when we are certain we are about to capsize.

When someone stands to read a piece of scripture we have heard dozens of times, Jesus comes to us afresh as we hear that word with troubled or peaceful hearts. Christ meets us in the ancient texts that never get old, offering us stability when our little boats seem dwarfed by the raging sea.

We approach the table, steady or perhaps trembling; when we feel beloved and when we are deeply aware of our captivity to sin. Each time, we reach out with our cupped beggar hands, and Jesus offers himself to us: “Take heart, it is I; do not be afraid.”



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ELCA-E



Celebrate

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Elijah finds the presence of God not in earthquake, wind, or fire, but in the sound of sheer silence. When the disciples face a great storm on the sea, they cry out with fear. Jesus says: "Take heart, it is I; do not be afraid." Amid the storms of life, we gather to seek the calm presence of Christ that soothes our fears. In comforting words of scripture and in the refreshing bread and cup of the eucharist, God grants us peace and sends us forth to be a sign of God's presence to others.

Prayer of the Day

O God our defender, storms rage around and within us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us in the faith of your Son, Jesus Christ, our Savior and Lord. **Amen.**

First Reading

1 Kings 19:9-18

On Mount Horeb, where God had appeared to Moses with typical signs of God's presence—earthquake, wind, and fire—Elijah now experienced God in "sheer silence." God assured Elijah that he is not the only faithful believer. Seven thousand Israelites are still loyal. God instructed Elijah to anoint two men as kings and to anoint Elisha as his own successor.

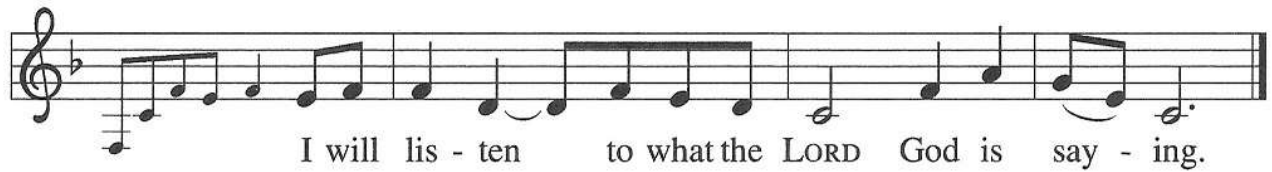
At [Horeb, the mount of God,] [Elijah] came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" ¹⁰He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

¹¹He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; ¹²and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. ¹³When Elijah heard it, he wrapped his face in his

mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" ¹⁴He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

¹⁵Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. ¹⁶Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. ¹⁷Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. ¹⁸Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."



I will listen to what the LORD ¹ God is saying;
for you speak peace to your faithful people
and to those who turn their ¹ hearts to you.

⁹**Truly, your salvation is very near to ¹ those who fear you,
that your glory may dwell ¹ in our land. R**

¹⁰Steadfast love and faithfulness have ¹ met together;
righteousness and peace have ¹ kissed each other.

¹¹**Faithfulness shall spring up ¹ from the earth,
and righteousness shall look ¹ down from heaven.**

¹²The LORD will indeed ¹ grant prosperity,
and our land will ¹ yield its increase.

¹³**Righteousness shall go be- ¹ fore the LORD
and shall prepare for ¹ God a pathway. R**

A right relationship with God is not something we achieve by heroic efforts. It is a gift received in the proclamation whose content is Jesus Christ. This proclaimed word creates our faith in the Lord Jesus Christ. Hence Christian proclamation is an indispensable component of God's saving actions.

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them."⁶ But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down)⁷ "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead).⁸ But what does it say?

"The word is near you,
on your lips and in your heart"
(that is, the word of faith that we proclaim);⁹ because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.¹⁰ For one believes with the heart and so is

justified, and one confesses with the mouth and so is saved.¹¹ The scripture says, "No one who believes in him will be put to shame."¹² For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him.¹³ For, "Everyone who calls on the name of the Lord shall be saved."

¹⁴But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him?¹⁵ And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

Gospel

Matthew 14:22-33

Matthew's gospel typically portrays Jesus' disciples as people of "little faith," who fail despite their best intentions. In this story, Matthew shows how Jesus comes to the disciples when they are in trouble and sustains them in their time of fear and doubt.

[Jesus] made the disciples get into the boat and go on ahead to the other side [of the Sea of Galilee], while he dismissed the crowds.²³ And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone,²⁴ but by this time the boat, battered by the waves, was far from the land, for the wind was against them.²⁵ And early in the morning he came walking toward them on the sea.²⁶ But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear.²⁷ But immediately Jesus spoke to them and said,

"Take heart, it is I; do not be afraid."

²⁸Peter answered him, "Lord, if it is you, command me to come to you on the water."²⁹ He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus.³⁰ But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!"³¹ Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?"³² When they got into the boat, the wind ceased.³³ And those in the boat worshiped him, saying, "Truly you are the Son of God."

Prayers of Intercession

The prayers are prepared locally for each occasion. The following examples may be adapted or used as appropriate.

Confident of your care and helped by the Holy Spirit, we pray for the church, the world, and all who are in need.

A brief silence.

For your whole church throughout the world. Give courage in the midst of storms, so that we see and hear Jesus calling: "Take heart, it is I: do not be afraid." May we follow Christ wherever he leads. Lord, in your mercy,
hear our prayer.

For the well-being of your creation. Protect waterways, forests, lands, and wildlife from exploitation and abuse. Help the human family endeavor to sustain and be sustained by the resources of your hand. Lord, in your mercy,
hear our prayer.

For the nations and their leaders. In you, steadfast love and faithfulness meet, and righteousness and peace kiss. May nations in conflict know the peace that is the fruit of justice, and the justice that is the path to peace. Lord, in your mercy,
hear our prayer.

For those in need. Everyone who calls upon your name will be saved. Accompany all who are lonely, hear the voices of those who cry out in anguish, and support those who are frustrated in their search for an affordable place to live. We pray for those suffering this day (*especially*). Lord, in your mercy,
hear our prayer.

For our congregation. You have gathered us here today as your people and we thank you for this gift. We pray for those who are new to this community, for students and teachers preparing for a new school year, and for those struggling with unexpected hardship. Supply us generously with your grace for our life together. Lord, in your mercy,
hear our prayer.

Here other intercessions may be offered.

We give you thanks, O God, for the saints of the whole church from all times and places, and for the saints in our lives and in our community whom you have gathered to yourself (*especially*). Lord, in your mercy,
hear our prayer.

In the certain hope that nothing can separate us from your love, we offer these prayers to you; through Jesus Christ our Lord.

Amen.

Preparing for Next Week

Monday (commemoration of Lawrence, deacon, martyr, died 258) Psalm 18:1-9. **Tuesday** (commemoration of Clare, Abbess of San Damiano, died 1253) Genesis 19:1-29. **Wednesday** Matthew 8:23-27. **Thursday** (commemoration of Florence Nightingale, died 1910; Clara Maass, died 1901; renewers of society) Psalm 67. **Friday** (commemoration of Maximilian Kolbe, died 1941; Kaj Munk, died 1944; martyrs) Isaiah 63:15-19. **Saturday** (Mary, Mother of Our Lord) Luke 1:46-55. **Eleventh Sunday after Pentecost** Isaiah 56:1, 6-8; Psalm 67; Romans 11:1-2a, 29-32; Matthew 15:[10-20] 21-28.

CELEBRATE August 9, 2020 (Lectionary 19)

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