

Island Foods

Be Local, Shop Local, & Support
Breast Cancer Awareness

Great Valu Markets

Visit us at www.islandfoodsgreatvalu.com

Our Butchers Cut Fresh Beef & Pork Daily

4.88 lb.
Boneless Top Round
London Broil Or Roast
USDA Choice Beef

1.88 lb.
Half Boneless
Pork Loin

6.98 lb. **Family Pack**
Boneless New York
Strip Steaks
USDA Choice Beef

2.98 lb.
Amick Farms
Chicken Tenders
Fresh, Grade A

5.49
Smithfield
Sliced Bacon
Selected Varieties - 12-16 oz. pkg.

Fall Produce Sale
See page 4 for more great offers

16 oz. pkgs.
Glory Foods
Collard Greens
Or Kale
2/\$5

EAT YOUR GREENS! Wiley's Green Seasoning
1 oz. pkgs. **2/\$3**

2 lb. bag
Lunchbox Favorite
Sweet Seedless
Clementines
3.99

8-14 oz. bags
Dole Cole Slaw,
Garden Salad Or
Shredded Lettuce
2/\$3

Icy Fresh
Broccoli
Crowns
.99 lb.

Concord Foods Broccoli
Cheese Soup Mix
1.75 oz. pkgs. **2/\$3**

Grocery, Frozen & Dairy Savings

Campbell's Chicken Noodle
Or Tomato Soup
10.75 oz. cans
10/\$10
1.69

Essential Everyday
Natural Spring Water
24 pk. .5 ltr. btl.
3.99

Arm & Hammer
Laundry Detergent Or
2 in 1 Power Paks
Selected Varieties
62 ct. bag Or 122.5-150 oz. btl.
5.99

See Store
For Additional
Selected
Varieties

General Mills
Cereal
12 oz. Cheerios Or
16.8 oz. Cinnamon Toast Crunch
2/\$6

Gold Peak Tea
Selected Varieties
52 oz. btl.
2/\$5

Essential Everyday
Butter Quarters
Salted Or Unsalted - 1 lb. box
2.99

Tropicana Twister
Fruit Beverages
Selected Varieties - 59 oz. cnts.
2/\$4

Green's
Ice Cream
Selected Varieties - 48 oz. cnts.
Eggo Waffles, Pancakes
Or French Toast Sticks
Selected Varieties - 11.6-16.4 oz. boxes
2/\$5

Philadelphia
Cream Cheese
Original Or 1/3 Less Fat
8 oz. bricks
2/\$4

Tropicana
Pure Premium Or
Trop 50 Orange Juice
Selected Varieties - 89 oz. jug
4.99

Essential Everyday
Blends Or
Southern Vegetables
Selected Varieties
16 oz. bags
4/\$5

Kraft
Salad Dressing
Selected Varieties - 14-16 oz. btl.
2/\$3

Daisy
Sour Cream
Original Or Light
24 oz. cnts.
2/\$5

PRICES GOOD SEPTEMBER 30 - OCTOBER 6, 2020

Meats



1.48 lb.
Perdue Oven Stuffer Roaster
Fresh, Grade "A"



7.99
Cooked Perfect Meatballs
Selected Varieties - 20-32 oz. pkg.



Jimmy Dean Sausage Links, Patties, Crumbles Or Rolls
Selected Varieties - 9.6-16 oz. pkgs.

2/\$10



Essential Everyday Fully Cooked Bacon
Original Or Thick Sliced
2.1 oz. pkg.

2.99



Nathan's Beef Franks
Selected Varieties
11-12 oz. pkg.

5.99



Essential Everyday Deli Tub
Selected Varieties
7-9 oz. tubs

2/\$7



Essential Everyday Corn Dogs
Regular Or Mini
16 oz. Or 16 ct. pkgs.

2/\$5



Bar S Bologna
Regular Or Thick Sliced
16 oz. pkg.

2.29



T.O. Williams Virginia Smoked Sausage
Original Or Hot - 1 lb. pkgs.

2/\$6



Kunzler Meat Franks
3 lb. pkg.

6.99



Essential Everyday Boneless Skinless Chicken Breasts
IQF - 3 lb. bag

6.99

Seafood



Sea Scallops
U 10

13.99 lb.



Great American 31/40 Count Cooked Shrimp
IQF - 2 lb. bag

15.99



Great American 31/40 Count Raw Shrimp
2 lb. pkg.

15.99



Great American Shrimp Scampi
IQF - 12 oz. box

8.99



Arctic Shores Tilapia Fillets
IQF - 32 oz. pkg.

7.99



Arctic Shores Cod Fillets
IQF - 16 oz. pkg.

4.59



Louis Kemp Crab Delights
Legs, Flakes Or Chunks - 8 oz. pkg.

3.29



Lobster Tails
4.5 oz.

8.99 each

Bakery



8 Inch Double Layer 4 Flavor Cake

14.99



Two Bite Mini Brownies
10.5 oz. tub

2.99



Black & White Cookies
8 oz. pkg.

3.29



Toufayan Mini Bagels
Plain Or Cinnamon Raisin - 18 oz. pkg.

2.49



LaBrea Sourdough Bread
16 oz.

2.99



LaBrea French Rolls
6 ct. pkg.

2.99



Cafe Valley Cocktail Or Large Croissants
6 Or 15 ct. pkg.

4.99

Deli



Kretschmar Turkey Off The Bone
Deli Fresh
Regular Or Honey

8.99 lb.



Kretschmar Ham Off The Bone
Deli Fresh
Selected Varieties

7.99 lb.



Land O Lakes Italian Blend Cheese
Deli Fresh

6.99 lb.



Signature Muenster Cheese
Deli Fresh

6.99 lb.



Culinary Circle Goat Cheese
Selected Varieties
4 oz. pkg.

3.99



Lakeview Farms Gelatin Or Parfait
Strawberry Or Rainbow
20-24 oz. pkg.

2.49



Sandridge Irish Fluff
Deli Fresh

5.99 lb.



8 Piece Fried Chicken
2 Breasts, 2 Thighs,
2 Drumsticks & 2 Wings

7.98

Grocery Savings



See Store For Additional Selected Varieties

Post Cereal
12.5 oz. Honey Comb
Or 11 oz. Fruity Pebbles

2/\$6



Celebrate National Noodle Day October 6th

Barilla Pasta Or Ready Pasta
Selected Varieties - 12-16 oz. boxes Or 8.5 oz. pkgs.

2/\$3



Prego Pasta Or Pizza Sauce
Selected Varieties - 14-24 oz. jars

2/\$4



Bertolli Olive Oil
Mild Or Extra Light Or Extra Virgin
16.9 oz. btl.

6.99



Bumble Bee Chunk White Albacore Tuna
In Water Or Oil
5 oz. cans

2/\$3



Essential Everyday Beans
Selected Varieties
15 oz. can

.95



Jif Peanut Butter
Natural, Creamy Or Reduced Fat
40 oz. jar

5.99



Mueller's Or Pennsylvania Dutch Egg Noodles Or Lasagna
Selected Varieties
12-16 oz. pkgs.

2/\$4



Taco Bell Dinner Or Nachos Kit
Selected Varieties
8.85-14.6 oz. boxes

2/\$6



Heinz Mustard
Yellow Or Spicy Brown
14 oz. btl.

2/\$3



Mahatma Extra Long Grain Enriched Rice
2 lb. bag

1.99



Essential Everyday Oats
Old Fashioned Or Quick - 42 oz. cnts.

2/\$5



Kellogg's Jumbo Snax Bag
Selected Varieties
6 oz. pkgs.

2/\$8



Kellogg's Cereal Cups
Selected Varieties
1.5-2.1 oz. cups

10/\$10



Nestle Pure Life Purified Water
24 pk. 8 Or 16.9 oz. btl.

4.99



Nestle Coffee-mate Original Non-Dairy Creamer
35.3 oz. ctn.

5.99

Dairy



Kraft Chunk, Crumbles Or Shredded Cheese
Selected Varieties
5-8 oz. pkgs.

2/\$6



Nestle Coffee-mate Flavored Coffee Creamers
Selected Varieties
32 oz. cnts.

2/\$7



Ore-Ida Just Crack an Egg Scramble Kits
Selected Varieties
2.25-3 oz. cups

2/\$5



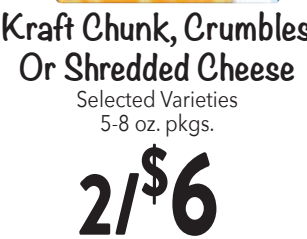
Essential Everyday Jumbo Biscuits
Selected Varieties
16 oz. tubes

2/\$3



Breakstone's Cottage Cheese Doubles
Selected Varieties
4.7 oz. cnts.

2/\$3



Kraft Cracker Barrel Bar Cheese
Selected Varieties - 8 oz. pkg.

3.99



Essential Everyday Fat Free Yogurt
Selected Varieties
6 oz. cups

10/\$5



Minute Maid Orange Juice
Selected Varieties
59 oz. ctn.

2.99



Lamagna Ricotta Cheese
Whole Milk
24 oz. ctn.

2.99



Yoplait Go-Gurt Yogurt
Selected Varieties
8 ct. pkgs.

2/\$5

Frozen Favorites



Hanover Silver Or Gold Line Vegetables Or Protein Blends
Selected Varieties Excludes Ford Hook Lima Beans & Asparagus Spears - 10-12 oz. bags

2/\$5



Essential Everyday Garlic Breadsticks, Bread Or Texas Toast
10.5-16 oz. pkgs.

2/\$5



Bacardi Drink Mixers
Selected Varieties
10 oz. can

2.99



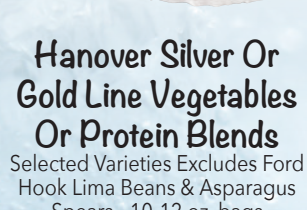
Totino's Pizza Rolls
Selected Varieties
44.5-48.85 oz. pkg.

8.49



Stone Ridge Creamery Ice Cream Sandwiches
Selected Varieties
42 oz. boxes

2/\$6



Boston Market Home Style Dinners
Selected Varieties
13-16 oz. box

3.19



Red Baron Pizza
Selected Varieties
20.7-23.54 oz. box

4.99



Essential Everyday Frozen Fruit
Selected Varieties
16 oz. bag

3.49



Ore-Ida Fries, Potatoes Or Onion Rings
Selected Varieties
16-32 oz. bags

2/\$7

Household Savings

Downy UN STOPABLES Scent Booster Original - 20.1 oz. btl. Tide Laundry Detergent Or Pods Selected Varieties 69-92 oz. btl. Or 42 count pkg.

11.99

-2.00 When You Buy 1 & use P&G brandsaver Coupon

9.99

Final Price with Coupon



Essential Everyday Aluminum Foil Heavy Duty
50 sq. ft. roll

3.49



Essential Everyday Tall Kitchen Bags
13 Gallon Flap Top
15 ct. boxes

2/\$3



Dawn Dish Detergent Ultra Original Or Apple Blossom
28 oz. btl.

4.39



Cascade Complete Action Pacs
27 ct. pkg.

7.99



Final Touch Fabric Softener Liquid Spring Fresh
134 oz. btl.

2/\$8

9.30.20 IF-3



savings FROM OUR family TO YOURS!



Buy 6 participating items, save \$3 instantly at checkout.



Folgers Coffee Or K-Cups
Selected Varieties
12 ct. box Or 24.2-30.5 oz. can

7.99



Crisco Pure Oil Vegetable, Natural Blend Or Canola
48 oz. btl.

2.99



Sahale Nuts
Selected Varieties
4 oz. pkg.

3.99



Smucker's Uncrustables
Selected Varieties
7.2-8 oz. boxes

2/\$6



Smucker's Strawberry Jam Or Natural Strawberry Spread
25-32 oz. jar

3.49



Smucker's Preserves Or Natural Spreads
Selected Varieties - 17.2-18 oz. jars

2/\$7



Rachael Ray Nutrish Dry Dog Or Cat Food
Selected Varieties - 13-14 lb. bag

16.99



Rachael Ray Nutrish Wet Cat Or Dog Food
Selected Varieties - 12 pack

10.99



Rachael Ray Smoothies Dental Treats, Nutrish Dog Treats Or Soup Bones
Selected Varieties - 3-6.3 oz. pkg.

2.99



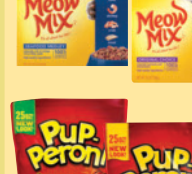
Kibbles 'n Bits Dog Food
Selected Varieties
16-17.6 lb. bag

10.99



Meow Mix Cat Food
Selected Varieties
12-16 lb. bag

11.99



Pup-Peroni Dog Treats
Selected Varieties
25 oz. pkg.

9.99

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.



SAVE \$3

When you buy 6 Smucker's participating products

WHEN YOU USE OUR GREAT VALU APP

DISCOVER
Delicious

TRY WHAT'S NEW

SCAN and GO!
Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.

BUY ANY THREE (3) OF THE ITEMS LISTED BELOW, AND

GET FREE
ESSENTIAL EVERYDAY WATER
24PK
(UP TO \$3.00)
WHEN YOU USE OUR GREAT VALU APP



Peter Pan Natural Just Peanuts Peanut Butter
Creamy Or Honey Roasted - 16 oz. jar

3.99



Banquet MEGA Meats Meals
Selected Varieties - 12.6-14.6 oz. pkgs.

2/\$7



Healthy Choice Power Wrap
Selected Varieties - 6 oz. pkgs.

2/\$7



Healthy Choice Salad Dressings
Selected Varieties - 12 oz. btl.

2/\$7



Duncan Hines Pudding
Selected Varieties - 4 ct. pkgs.

2/\$5



EVOL Pizza
Cheese Or Pepperoni - 7.5-7.8 oz. pkgs.

2/\$7



P.F. Chang's Appetizers
Kung Pao Cauliflower or Crispy Green Beans
22-24 oz. pkg.

6.99



Hungry Man Double Meat Bowls
Selected Varieties - 15 oz. pkg.

2/\$7

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Fall Produce SALE



Sweet Potatoes **.99** lb.



Wiley's Sweet Potato & Yam Spice **4/\$5**
1 oz. pkgs.



Green Cabbage **.69** lb.



Fall Hard Squash **1.29** lb.
Acorn, Butternut Or Spaghetti



Jumbo Beefsteak Tomatoes **1.99** lb.



Fuji, Gala, McIntosh Or Ginger Gold Apples **1.59** lb.
Sweet & Crisp



Green Giant Whole White Mushrooms **1.99**
8 oz. pkg.



Taylor Farms Salad Kits **4.29**
Selected Varieties 9.25-13.24 oz. pkg.



Organic Girl Salads **2/\$8**
Selected Varieties 5 oz. pkgs.



Fresh Gourmet Cheese Crisps **3.99**
Asiago Or Parmesan 1.76 oz. pkg.

Snack Center



Tostitos Tortilla Chips
Selected Varieties - 9-13 oz. bags

2/\$6



Tostitos Salsa **2/\$6**
Selected Varieties 15.5 oz. jars



Tastycake Mini Donuts
Selected Varieties - 14-20 oz. pkgs.

2/\$4



Nabisco Family Size! Chips Ahoy! Cookies
Selected Varieties - 14.25-19.5 oz. pkg.

3.99



Nabisco Family Size! Snack Or Ritz Crackers
Selected Varieties - 11.5-20.5 oz. box

3.99



Nabisco Family Size! Oreo Cookies Or Thins
Selected Varieties - 12.2-20 oz. pkg.

3.99



Snyder's of Hanover Pretzels
Selected Varieties - 12 oz. bags

2/\$5



Lay's XL Potato Chips
Selected Varieties - 5-8 oz. bags

2/\$5

NATURAL SPECIALTY

Land O Lakes All-Natural Large Brown Eggs
Grade A - dozen **2/\$6**

Califia Farms Almondmilk
Selected Varieties 48 oz. btl. **3.99**
Califia Farms Vanilla Almondmilk Creamer 25.4 oz. btl. **4.99**

Noosa Yogurt
Selected Varieties 8 oz. ctns. **2/\$4**

Annie's Deluxe Shells & Cheese
11.3 oz. boxes **2/\$6**

Annie's Homegrown Macaroni & Cheese Or Cups
Selected Varieties 6 oz. boxes Or 2 oz. cups **2/\$3**

BOCA All American Veggie Burgers Or Ground Crumbles
10-12 oz. pkg. **3.99**

Siggis Icelandic Skyr Yogurt
Selected Varieties 4.4-5.3 oz. cup **1.39**

Wild Harvest Organic Granola Cereal
Selected Varieties 12-13 oz. pkgs. **2/\$7**

EVOL Meals, Life Cuisine Bowls Or Life Cuisine Pizza
Selected Varieties 4.5-11 oz. pkgs. **2/\$8**

Kodiak Cakes Instant Oatmeal Cups
Selected Varieties 2.12 oz. cups **2/\$5**

Progresso Organic Soup
Italian Wedding 14 oz. cans **2/\$5**

Must Buy 3

Coke, Diet Coke, Sprite, Barq's Root Beer, Seagram's Ginger Ale, Fanta, Minute Maid, Coke Zero Or Sprite Zero
Selected Varieties - 6 pk. 16.9 oz. btl.

3/\$10

Dogfish Head 60 Minute IPA
12 pk. 12 oz. cans **19.99**

Black Box Wines
3 ltr. box **22.99**

Visit us on the web www.greatvalu.com



Sorry, We Cannot Issue Rainchecks. Not All Items Available In All Stores.

9.30.20 IF-4



6277 Cleveland Street, Chincoteague, VA
PHONE: 757-336-5829

PRICES GOOD
SEPT. 30 - OCT. 6

STORE HOURS:
Sunday Through Saturday
8 am - 9 pm



We Reserve The Right To Limit Quantities. No Sales To Dealers. No MVP Card Required.