




Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069

Curb Side
 Lunch Served Daily
 Monday Thru Friday
 11:30a.m. TO 12:30p.m.



September 2022

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Senior Information 464-3069 ext. 207</p>				1 Italian Lasagna, Peas & Carrots, Romaine Salad w/Tomatoes & Peppers, Garlic Bread, and Oranges	2 Gourmet Swiss Steak, Mashed Potatoes, Carrots, Spinach Salad, WW Bread & Pudding	3 
4	5 Labor Day Site Closed	6 Easy Egg Casserole, Oven Browned Potatoes, Spinach Salad, Harvest Muffin and Yogurt Cup	7 Roast Turkey w/Gravy, Mashed Potatoes, Dressing, Cranberry Sauce, Broccoli, and Fruit Salad	8 Meat Loaf W/Gravy, Mashed Potatoes, Peas & Carrots, W/W Bread & Watermelon	9 Chinese Chicken Salad, W/ W Roll and Mandarin Oranges	10
11 	12 Spaghetti W/Meat Sauce, Green Beans, Romaine Salad, Garlic Bread	13 Spinach Enchilada, Spinach, Tangy Coleslaw, Black Beans, Brown Rice and Fresh Fruit	14 ½ Tuna Salad w/Lettuce & Tomato on W/W Bread, Minestrone Soup and Fresh Orange	15 Chili Con Carne, Romaine Salad w/Peppers & Tomatoes, Fresh Orange & Yogurt Cup	16 Roast Pork, Sweet potato Apple Bake Peas, Tangy Coleslaw, W/W Bread & Apple	17 
18 Menu is Subject To Change Without Notice	19 Baked Diced Chicken, Mashed Potatoes & Gravy, Mixed Vegetables & W/W Roll	20 Spinach Lasagna, Green Beans, Garlic Bread & Jell-O	21 Orange Chicken, Rice, Oriental Vegetables & Cantaloupe	22 Beef Stew, Romaine Salad, Cornbread & Spicy Peach Salad	23 BBQ Hamburgers, Macaroni Salad, Corn Salad, Watermelon & Cookies	24
25	26 Salisbury Steak W/Gravy, Mashed Potatoes, Spinach, Coleslaw W/Pineapple and W/W Bread	27 Ziti with Four Cheese, California Vegetables, Tossed Salad & Garlic Bread	28 Chef Salad, W/W Roll & Banana	29 Stir Fry Chicken with Vegetables, Rice, Sesame Ginger Cucumbers & Pineapple	30 Teriyaki Chicken, Green Beans W/Water Chestnuts & Mushrooms, Brown Rice, and Sunny Fruit Salad	HICAP AT DNSC 707-444-3000