

# Two Lakes Trail Run

Montgomery Bell State Park, Burns, TN

October 3, 2015

188 finishers

John Spencer, Race Director

## Overall Male

Place	Bib#	Name/City	Age	Time	Pace
1	116	Cliff Long, Dickson	23	<b>54:54:00</b>	7:13.4
2	67	Andrew Wisniewski, Cane Ridge	33	<b>54:59:00</b>	7:14.1
3	185	Austin Bentley	22	<b>55:45:00</b>	7:20.1

## Overall Female

Place	Bib#	Name/City	Age	Time	Pace
1	191	Laurie Palmer	42	<b>1:10:12</b>	9:14.2
2	58	Erin Pryor, Nolensville	41	<b>1:10:53</b>	9:19.6
3	184	Hannah Rosen	31	<b>1:11:14</b>	9:22.5

## Overall Masters Male

Place	Bib#	Name/City	Age	Time	Pace
1	93	Michael Lepley, Cookville	41	<b>58:53:00</b>	7:44.9
2	182	David Zucker, Memphis	42	<b>1:01:19</b>	8:04.1
3	47	Keith Woodall, Springfield	53	<b>1:01:58</b>	8:09.2

## Overall Masters Female

Place	Bib#	Name/City	Age	Time	Pace
1	10	Holly Barrett, Dickson	41	<b>1:15:54</b>	9:59.3
2	48	Lisa Zaccarelli, Nashville	46	<b>1:17:20</b>	10:11.0
3	171	Elaine Sillivant	54	<b>1:17:28</b>	10:12.0

## Age Groups

### Division: M0-14

Place	Bib#	Name/City	Age	Time	Pace
1	183	Jed Taylor	14	<b>1:12:45</b>	9:34.5
2	153	Joshua Fuller, Jackson	14	<b>1:35:19</b>	12:33.0
3	43	Jimmie Edwards, Lebanon	10	<b>1:59:46</b>	15:46.0
4	149	Kaydan Patterson, Jackson	11	<b>2:55:07</b>	23:03.0

### Division: F0-14

Place	Bib#	Name/City	Age	Time	Pace
1	194	Mallory Gannon	11	<b>1:21:49</b>	10:46.0
2	96	Ally Palmer, Dresden	14	<b>2:03:31</b>	16:15.0

### Division: M15-19

Place	Bib#	Name/City	Age	Time	Pace
1	176	T.J. Morris	16	<b>1:06:29</b>	8:44.9
2	148	James Laughlin, Humbolt	16	<b>1:12:50</b>	9:35.1
3	101	Destin hargett, Jasckon	16	<b>1:22:20</b>	10:50.0

4	4	Samuel Ludwikowski, Lebanon	16	<b>2:03:23</b>	16:14.0
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**Division: F15-19**

Place	Bib#	Name/City	Age	Time	Pace
1	1	Jennifer Betz, Lebanon	16	<b>1:59:44</b>	15:45.0

**Division: F20-24**

Place	Bib#	Name/City	Age	Time	Pace
1	84	Amanda Gee, Elk Grove	24	<b>1:24:27</b>	11:07.0
2	134	Samantha Straky, Nashville	23	<b>1:38:28</b>	12:57.0

**Division: M25-29**

Place	Bib#	Name/City	Age	Time	Pace
1	108	Ryan Delaney, Dresden	26	<b>56:27:00</b>	7:25.7
2	57	Sean Boland, Franklin	27	<b>1:01:25</b>	8:04.9
3	138	Adam Gartner, Clarksville	28	<b>1:08:07</b>	8:57.8
4	87	Stephen Cherry, Knoxville	28	<b>1:10:42</b>	9:18.3
5	135	Nick Howald, Nashville	27	<b>1:15:17</b>	9:54.4
6	54	Scott Simms, Nashville	25	<b>1:29:50</b>	11:49.0

**Division: F25-29**

Place	Bib#	Name/City	Age	Time	Pace
1	115	Amber Sutphen, Springfield	28	<b>1:19:55</b>	10:31.0
2	13	Helene Cuddeback, Clarksville	25	<b>1:24:44</b>	11:09.0
3	158	Erin Carney, Bowling Green, KY	26	<b>1:28:42</b>	11:40.0
4	161	Pamela Weinzapfel, Clarksville	26	<b>1:30:31</b>	11:55.0
5	269	Catherine Chambers	23	<b>1:38:10</b>	12:55.0
6	160	Chelsea Stevens, Nashville	25	<b>1:42:43</b>	13:31.0
7	272	Rachel Goossen	25	<b>1:42:43</b>	13:31.0
8	78	Caitlin Pascal, Smyrna	29	<b>2:35:03</b>	20:24.0
9	178	Sarah Nunley	26	<b>3:06:57</b>	24:36.0

**Division: M30-34**

Place	Bib#	Name/City	Age	Time	Pace
1	19	Ben Goolesby, Dickson	31	<b>56:24:00</b>	7:25.3
2	18	Dennis Gholson, Clarksville	34	<b>58:32:00</b>	7:42.1
3	55	Thomas Keene, Hendersonville	34	<b>1:01:16</b>	8:03.7
4	85	Darien Hobbs, Lavergne	32	<b>1:17:50</b>	10:15.0
5	64	Ryan Schooley, Smyrna	34	<b>1:19:03</b>	10:24.0
6	213	Michael Ruder	32	<b>1:19:05</b>	10:24.0
7	66	John McGee, Hermitage	34	<b>1:25:49</b>	11:18.0

**Division: F30-34**

Place	Bib#	Name/City	Age	Time	Pace
1	270	Annapurna Slayman	33	<b>1:11:54</b>	9:27.7
2	151	Siris Sanchez, Antioch	30	<b>1:15:38</b>	9:57.1
3	126	Leslie Harwell, Trenton	31	<b>1:31:05</b>	11:59.0
4	157	Emily Roberts, Nashville	34	<b>1:32:18</b>	12:09.0

5	154	Cassandra LeVasseur, Antioch	30	<b>1:38:06</b>	12:55.0
6	102	Beth Warren, Lobelville	32	<b>1:49:44</b>	14:26.0
7	79	Kim Whitehead, Murfreesboro	33	<b>2:35:03</b>	20:24.0

**Division: M35-39**

Place	Bib#	Name/City	Age	Time	Pace
1	74	Serge Mirault, Smyrna	39	<b>1:04:44</b>	8:31.1
2	164	Rocael Alvarado, Antioch	38	<b>1:12:01</b>	9:28.6
3	163	Donald Cain, Chapmansboro	37	<b>1:12:57</b>	9:36.0
4	68	Ryan Bryant, Nashville	36	<b>1:13:35</b>	9:41.0
5	190	Ben Burgess	37	<b>1:14:45</b>	9:50.1
6	192	Jerry Lawless	39	<b>1:15:20</b>	9:54.8
7	65	Caleb Hart, Murfreesboro	35	<b>1:19:39</b>	10:29.0
8	17	Brian Gates, Franklin	36	<b>1:23:53</b>	11:02.0
9	121	Mason Booth, Franklin	39	<b>1:26:34</b>	11:24.0
10	25	Jay Maples, Murfreesboro	36	<b>1:26:43</b>	11:25.0
11	52	Aaron Gauger, Nashville	35	<b>1:26:55</b>	11:26.0
12	24	Jason Keener, Smyrna	35	<b>1:27:46</b>	11:33.0
13	125	Sam Harwell, Trenton	35	<b>1:31:05</b>	11:59.0
14	120	Jason Schoenholz, Goodlettsville	39	<b>1:35:10</b>	12:31.0

**Division: F35-39**

Place	Bib#	Name/City	Age	Time	Pace
1	51	Shay Gauger, Nashville	37	<b>1:19:33</b>	10:28.0
2	119	Jessica Mooneyham, Spencer	39	<b>1:30:46</b>	11:57.0
3	146	Cora Farris, Mt. Juliet	38	<b>1:33:00</b>	12:14.0
4	130	Kristy Shumake, Martin	39	<b>1:33:27</b>	12:18.0
5	92	Amy Tate, Gadsden	39	<b>1:47:54</b>	14:12.0
6	227	Angela Hayes	39	<b>1:54:48</b>	15:06.0
7	159	Sheila Jerde, White House	38	<b>2:03:48</b>	16:17.0
8	2	Nikki Edwards, Lebanon	36	<b>2:04:07</b>	16:20.0
9	32	Lisa Piercey, Medina	38	<b>2:06:58</b>	16:42.0
10	141	Susan Hopkins, Dickson	35	<b>2:23:47</b>	18:55.0
11	109	Shonda Gilley, LasCassas	35	<b>2:34:59</b>	20:24.0

**Division: M40-**

Place	Bib#	Name/City	Age	Time	Pace
1	181	Nathan Hawk	40	<b>1:09:17</b>	9:07.0
2	9	Andrew Brown, Franklin	42	<b>1:12:16</b>	9:30.5
3	198	Bill Redden	44	<b>1:16:39</b>	10:05.0
4	128	John Baker, Murfreesboto	42	<b>1:19:57</b>	10:31.0
5	186	Tommy Butler	43	<b>1:22:43</b>	10:53.0
6	214	Bryan Hayes	43	<b>1:28:56</b>	11:42.0
7	142	Kade Graves, Antioch	42	<b>2:03:04</b>	16:12.0
8	15	Michael Ferrier, Clarksville	42	<b>2:04:10</b>	16:20.0
9	42	Steven Sullivan, Dickson	43	<b>2:06:05</b>	16:35.0

**Division: F40-44**

<b>Place</b>	<b>Bib#</b>	<b>Name/City</b>	<b>Age</b>	<b>Time</b>	<b>Pace</b>
1	187	Terra Butler	44	<b>1:24:25</b>	11:06.0
2	175	Hope Wright	42	<b>1:31:38</b>	12:03.0
3	133	Deanna Goodwin, Los Angeles, CA	43	<b>1:34:55</b>	12:30.0
4	27	Michelle Mazzara, Nashville	43	<b>1:36:50</b>	12:45.0
5	152	Lisa Cannone, Nashville	40	<b>1:38:09</b>	12:55.0
6	197	Angela Redden	44	<b>1:46:31</b>	14:01.0
7	88	Jill Johnson, Medon	41	<b>1:47:56</b>	14:12.0
8	144	Cheryl Moss, Clarksville	40	<b>1:50:46</b>	14:34.0
9	76	Robin Metcalf, Bon Aqua	44	<b>2:00:54</b>	15:55.0
10	3	Dolores Betz, Lebanon	42	<b>2:03:37</b>	16:16.0
11	95	Stephanie Palmer, Dresden	44	<b>2:04:30</b>	16:23.0
12	145	Tobi Harding, Mt. Juliet	41	<b>2:08:25</b>	16:54.0

#### **Division: M45-49**

<b>Place</b>	<b>Bib#</b>	<b>Name/City</b>	<b>Age</b>	<b>Time</b>	<b>Pace</b>
1	196	Greg Walker	48	<b>1:09:23</b>	9:07.8
2	36	John Smith, Nashville	45	<b>1:10:13</b>	9:14.4
3	40	Tony Trapani, Antioch	49	<b>1:13:37</b>	9:41.2
4	72	Justin Welch, Lafayette, TN	45	<b>1:15:31</b>	9:56.2
5	11	Jason Chapman, Spring Hill	46	<b>1:18:26</b>	10:19.0
6	70	James Maness, Lexington, TN	46	<b>1:18:55</b>	10:23.0
7	129	Bob Shumake, Martin	49	<b>1:19:17</b>	10:26.0
8	59	Jim Schorr, Nashville	48	<b>1:23:34</b>	11:00.0

#### **Division: F45-49**

<b>Place</b>	<b>Bib#</b>	<b>Name/City</b>	<b>Age</b>	<b>Time</b>	<b>Pace</b>
1	31	Eli Nettles, Nashville	46	<b>1:21:28</b>	10:43.0
2	193	Debbie Gannon	47	<b>1:26:04</b>	11:19.0
3	75	Shannan Miller, Clarksville	49	<b>1:26:14</b>	11:21.0
4	91	Jennifer Whitley, Murfreesboro	48	<b>1:26:31</b>	11:23.0
5	46	Sally Wrather, Murfreesboro	47	<b>1:26:41</b>	11:24.0
6	26	Miki Martin, Jackson	45	<b>1:26:45</b>	11:25.0
7	127	Jana White, Nashville	49	<b>1:29:03</b>	11:43.0
8	41	Harriet Williams, Clarksville	47	<b>1:31:16</b>	12:01.0
9	150	Marla Walker, Jackson	48	<b>1:31:42</b>	12:04.0
10	143	Donna Pittman, Clarksville	45	<b>1:37:35</b>	12:50.0
11	28	Paula McGown, White Bluff	49	<b>1:37:59</b>	12:54.0
12	14	Angela Davis, Dickson	47	<b>1:46:32</b>	14:01.0

#### **Division: M50-54**

<b>Place</b>	<b>Bib#</b>	<b>Name/City</b>	<b>Age</b>	<b>Time</b>	<b>Pace</b>
1	114	Joe Bowman, Nashville	54	<b>1:09:02</b>	9:05.0
2	34	Tim Runions, Hollow Rock	52	<b>1:12:48</b>	9:34.8
3	168	Van Irwin, Spring Hill	51	<b>1:15:50</b>	9:58.7
4	139	Ted Kaminski, Spring Hill	51	<b>1:17:18</b>	10:10.0
5	89	Robert Underwood, Lexington	50	<b>1:19:28</b>	10:27.0
6	80	Mark Chappell, Burns	51	<b>1:21:00</b>	10:40.0

7	35	Stephen Scioscia, Nashville	54	<b>1:23:09</b>	10:57.0
8	94	Jeff Whitesides, Hampshire	53	<b>1:26:50</b>	11:26.0
9	97	Johan Murray, Nashville	53	<b>1:30:10</b>	11:52.0
10	103	David Fulmer, College Grove	52	<b>1:34:36</b>	12:27.0
11	117	Wade Anderson, Readyville	54	<b>1:40:42</b>	13:15.0
12	137	Jeff Whitehorn, Brentwood	53	<b>2:08:37</b>	16:55.0
13	86	Ken Wilson, Burns	52	<b>2:26:20</b>	19:15.0
14	177	Steve Nunley	53	<b>3:06:57</b>	24:36.0

#### Division: F50-54

Place	Bib#	Name/City	Age	Time	Pace
1	200	Melissa Hunter	53	<b>1:21:59</b>	10:47.0
2	253	Donna Dworak	51	<b>1:37:20</b>	12:48.0
3	73	Margaret Howard, Nashville	51	<b>1:38:19</b>	12:56.0
4	12	Wanda Chappell, Dickson	52	<b>1:46:32</b>	14:01.0
5	173	Paula Nunley	50	<b>1:49:58</b>	14:28.0
6	82	Roxann Lyons, Vanleer	52	<b>2:03:59</b>	16:19.0
7	140	Dorothy Galloway, Woodlawn	53	<b>2:06:56</b>	16:42.0
8	136	Jennifer Whitehorn, Brentwood	54	<b>2:08:37</b>	16:55.0
9		Sharon South	50	<b>3:33:33</b>	

#### Division: M55-59

Place	Bib#	Name/City	Age	Time	Pace
1	189	Tommy Nettleton	55	<b>1:07:22</b>	8:51.8
2	147	David Limpus, Springfield	58	<b>1:17:59</b>	10:16.0
3	20	Curt Hagenau, Nashville	58	<b>1:23:11</b>	10:57.0
4	22	Ben Herron, Dresden	59	<b>1:28:20</b>	11:37.0
5	179	Jack Sparks	57	<b>1:28:32</b>	11:39.0
6	105	Gregory Tummins, McEwen	57	<b>1:32:09</b>	12:08.0
7	254	Bart Clements	55	<b>1:32:28</b>	12:10.0
8	155	Joe Zarcone, Brentwood	57	<b>1:55:58</b>	15:16.0
9	169	Jeffrey Sierfert, Fayetteville	57	<b>2:40:29</b>	21:07.0

#### Division: F55-59

Place	Bib#	Name/City	Age	Time	Pace
1	228	Gisele Goldstein	57	<b>1:21:51</b>	10:46.0
2	6	Lynn Patterson, Martin	57	<b>1:26:38</b>	11:24.0
3	166	JoAnnn Adames, Clarksville	57	<b>1:40:40</b>	13:15.0
4	188	Diane Taylor	59	<b>2:04:17</b>	16:21.0
5	16	Mary Kay Fisher, Nashville	57	<b>2:06:57</b>	16:42.0
6	170	Anita Sierfert	58	<b>2:40:29</b>	21:07.0
7	107	Carol Cook, Jackson	57	<b>2:55:34</b>	23:06.0

#### Division: M60-64

Place	Bib#	Name/City	Age	Time	Pace
1	33	Robin Robbins, Milan	61	<b>1:10:16</b>	9:14.8
2	110	Terry Wonderlin, Franklin	60	<b>1:11:37</b>	9:25.4
3	83	Guy Giles, Knoxville	63	<b>1:11:43</b>	9:26.3

		Eddie Webb, Cumberland			
<b>4</b>	111	Furnace	60	<b>1:16:08</b>	10:01.0
<b>5</b>	156	Randy Wakefield, Carthage	61	<b>1:23:21</b>	10:58.0
<b>6</b>	81	Tony Holland, Jack's Creek, TN	61	<b>1:28:20</b>	11:37.0
<b>7</b>	90	James Harmon, Columbia	64	<b>1:29:22</b>	11:46.0
<b>8</b>	69	Bill Bevington, Hendersonville	62	<b>1:36:53</b>	12:45.0
<b>9</b>	118	Thomas Todd, Burns	64	<b>1:38:25</b>	12:57.0
<b>10</b>	195	Wayne Erickson, Clarksville	63	<b>1:39:55</b>	13:09.0
<b>11</b>	98	Randall Cole, Goodlettsville	62	<b>1:56:11</b>	15:17.0
<b>12</b>	172	Charles Bloodworth	63	<b>1:59:38</b>	15:44.0
<b>13</b>	167	Ivan Adames, Clarksville	60	<b>3:09:37</b>	24:57.0

#### Division: F60-64

Place	Bib#	Name/City	Age	Time	Pace
<b>1</b>	165	Catherine Dudley, Clarksville	63	<b>1:48:49</b>	14:19.0
<b>2</b>	99	Patricia Cole, Goodlettsville	63	<b>1:56:12</b>	15:17.0
<b>3</b>	106	Janet Tummins, McEwen	60	<b>2:20:27</b>	18:29.0

#### Division: M65-69

Place	Bib#	Name/City	Age	Time	Pace
<b>1</b>	7	Les MacDiarmid, Martin	69	<b>1:24:16</b>	11:05.0
<b>2</b>	174	Gerald Goodwin, Cookeville	65	<b>1:40:13</b>	13:11.0
<b>3</b>		Monte Lowe, Cookeville	68	<b>1:45:18</b>	13:11.0
<b>4</b>	132	Joe Fussell, Fayetteville	68	<b>2:33:34</b>	20:12.0

#### Division: F65-69

Place	Bib#	Name/City	Age	Time	Pace
<b>1</b>	131	Helen Fussell, Fayetteville	66	<b>2:20:02</b>	18:26.0
<b>2</b>	71	Doris Brown, Cookeville	67	<b>3:11:00</b>	25:08.0

#### Division: F70+

Place	Bib#	Name/City	Age	Time	Pace
<b>1</b>	5	Amelia Wallace, Clarksville	74	<b>1:39:56</b>	13:09.0
<b>2</b>	8	Glenda Tetley, Smyrna	72	<b>2:20:25</b>	18:29.0
<b>3</b>	123	Janet Lowe, Cookeville	72	<b>3:11:00</b>	25:08.0

#### Division: M70+

Place	Bib#	Name/City	Age	Time	Pace
<b>1</b>	199	Sergio Bianchini, Chattanooga	74	<b>1:14:56</b>	9:51.6
<b>2</b>	104	J.C. Kelley, Baxter	70	<b>1:21:25</b>	10:43.0
<b>3</b>	112	Bob Pierce, Readyville	71	<b>1:55:08</b>	15:09.0
<b>4</b>	113	Ed Casey, Nashville	81	<b>2:37:01</b>	20:40.0