

May 2019  
LUNCH & SNACK MENU



Child Development Center  
Hyde Park Baptist Church

**GF – Gluten Free**

**DF – Dairy Free**

**V – Vegetarian**

**E – Egg**

		1 Sausage& Egg Bake <b>DF</b>  Sheperd's Pie Cornbread  Ham & Cheese Sandwich	2 Blueberry Yogurt  Baked Chicken Roasted Broccoli Brown Rice Pineapple  Zucchini Coins w/ Ranch Dip	3 Zucchini SunButter Muffin  Baked Chicken Tenders <b>GF DF</b> Mashed Potatoes <b>GF V</b> Peas <b>GF DF V</b> Mixed Fruit Pears
6 WW Cheerios  Hamburger Slider Sweet Potato Fries <b>GF DF V</b> Green Beans <b>GF DF V</b> Apples  Carrots & Cream Cheese	7 Banana  Bean & Cheese Taco Roasted Zucchini Corn <b>GF DF V</b> Mandarin Oranges  Berries & String Cheese	8 Blueberry Muffin  Bacon Sausage Eggs Scrambled Hash Brown Potatoes Melons & Berries  Sunbutter Jelly Sandwich	9 Peach Yogurt  Roasted Turkey Roasted Sweet Potatoes Green Beans Pineapple  Carrots & Hummus	10 Cheese & Egg Bake  Cheese Pizza <b>V</b> Roasted Broccoli <b>GF DF V</b> Mixed Fruit  Peaches
13 Yogurt  Chicken Sliders Green Beans <b>GF DF V</b> Carrots <b>GF DF V</b> Pears  Carrots & Cream Cheese	14 Banana  Chicken Quesadillas Black Beans <b>GF DF V</b> Spanish Rice Mandarin Oranges  Strawberries & Cheddar	15 Banana Berry Muffins  Roasted Pork Loin Buttered Noodles Sugar Snap Peas Melon  SunButter Sandwich	16 Mango Yogurt  Beef Patty Roasted Red Potatoes <b>GF DF V</b> Spinach / Kale Sauttee Pineapple  Apples w/ Cream Cheese & Celery	17 Ham & Egg Bake  Baked Chicken Pasta Primavera Mixed Fruit  Pears
20 WW Cheerios  Salisbury Steak Mashed Cauliflower Peas & Carrots <b>GF DF V</b> Apples  Watermelon	21 Banana  Turkey Tacos Refried Beans <b>GF DF V</b> Spanish Rice Mandarin Oranges  Mini Bagels & Cream Cheese	22 Cinnamon Apple Muffins  Cheese Ravioli w/ Meat Sauce Carrots Melon & Berries  Turkey & Cheese Sandwich	23 Yogurt  Baked Chicken Roasted Squash & Zucchini Mix Carrots Pineapple  WW Roll –up w/ Cucumber & Cream Cheese	24 Veggie Bake  Cheese Pizza <b>V</b> Roasted Broccoli <b>GF DF V</b> Mixed Fruit  Peaches
27  <b>CDC Closed</b>  <b>Memorial Day</b>	28 Rice Chex  Fish Sticks Mashed Cauliflower Green Beans <b>GF DF V</b> Melon  Berries & String Cheese	29 SunButter Muffins  Pulled Pork Roasted Corn Roasted Sweet Potatoes Melon  Apples	30 Strawberry Yogurt  Cheese Tortellini w/ Marinara Sauce Meatballs Green Beans Pineapple  Carrots & SunButter	31 Egg Bake  Polynesian Baked Chicken Yellow Rice Snap Peas <b>GF DF V</b> Mixed Fruit  Pears