

## Adults Can Dance Too!

MCDA offers classes for adults ages 19+. Ballet, Tap, and Jazz/Hip Hop are available in 6 week sessions through out the year.

Senior Ballet is a class offered for our dancers ages 60+ .

## Performance Opportunities

Dancers will have the opportunity to perform in several different showcases and recitals throughout the dance season. All performances are optional but each one will give students the opportunity to show off their new dance skills and gain performance experience.

## Ages and Start Dates

MCDA accepts dancers at age 3.

- For our summer program dancers should be 3yrs old by May 31st.
- For our Fall semester dancers should be 3yrs old by August 31.
- For Winter/Spring dancers should be 3yrs old by December 31st.

All other dancers should follow the same calendar schedule as reference for their age groups. Please remember, that our age breakdowns are not a guarantee of placement but a guideline. Based on experience and ability, dancers may be placed up or down a level to ensure the best training opportunity.

MCDA offers classes for the following levels/ages:

- ◇ Preschool Ages 3-5  
(little or no experience in movement classes)
- ◇ Kinder Ages 4-6  
(some movement class experience)
- ◇ Minis 7-9
- ◇ Juniors 10-12
- ◇ Teens 13+
- ◇ Adults 19+

## Why MCDA?

- ◆ 3 spacious dance rooms with professional grade Marley Floors.
- ◆ Limited class sizes.
- ◆ Well trained, mature, and professional Dance Educators.
- ◆ Multiple levels of training.
- ◆ Dance curriculum and learning environment geared to create fun and success!



**129 N. Court Street  
Medina, Ohio 44256**



## Dance Classes For All Ages



**2020  
Summer & Fall**

**(330) 725 - 2153**  
[www.MCDAdance.com](http://www.MCDAdance.com)

## *Besides exercise, why should my child dance?*



- Ballet/Pointe
- Tap
- Jazz
- Modern
- Hip Hop
- Acro
- Preschool Combo  
(Ballet/Tap)
- Kinder Combo

- ⇒ Dance is about exploring movement, music, and rhythm. It helps children explore how to use their bodies to create steps and patterns then put them to music. It is a way of moving that uses the body as an instrument of expression and communication.
- ⇒ In dance class, students learn teamwork, focus, and improvisational skills. Dance allows students to create new movements which help them learn and think in new ways.
- ⇒ Children express and communicate their ideas through movement and dance. This gives them the opportunity to make creative decisions, even at a young age. This decision making promotes self-esteem and independent thinking.
- ⇒ MCDA gives students the freedom to make choices within the structure of dance classes and encourages them to reach beyond what comes easy. Students are pushed to use their imagination, thus allowing them to test their own personal boundaries.
- ⇒ Dance also enables students to better understand themselves and the world in which they live. Through dance art, children learn to recognize the contribution all cultures make to our society. Dance teachers help students gain an understanding of the diversity and values of all people.
- ⇒ Learning traditional dances and dance art disciplines, as well as creating new ones, promotes well rounded future dance art leaders.
- ⇒ Dance education enhances skills of perception, observation, and concentration which will help students in all of their school subjects.



MCDA is Medina County's  
Premier Dance Educator!

**Enroll today!**

Register online at  
[www.mcdadance.com](http://www.mcdadance.com)

### *Contact Us*

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