

Nutrition Facts

Serving Size 4 Ounce

Squash Casserole

Amount Per Serving

Calories 111.4

Calories from Fat 37.1

% Daily Value*

Total Fat 4.8g **7%**

Saturated Fat 2.8g **14%**

Trans Fat 0g

Cholesterol 14.7mg **5%**

Sodium 251mg **10%**

Total Carbohydrates 14.1g **5%**

Dietary Fiber 2.6g **10%**

Sugars 1.2g

Protein 4.2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **2%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.