



Belts & Time		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Dragons (Age 3-6)	Beginner No Belt / White / Yellow Stripe / Yellow	5:50 - 6:30 PM	5:50 - 6:30 PM	5:50 - 6:30 PM	5:50 - 6:30 PM	5:50 - 6:30 PM	11:40 AM -12:20 PM
	Intermediate Green / Orange / Blue / H.Blue		5:00 - 5:40 PM		5:00 - 5:40 PM		10:50 - 11:30 AM
Child (Age 6 & Up)	Beginner No Belt / White / Yellow Stripe / Yellow	6:40 - 7:20 PM	5:50 - 6:30 PM	6:40 - 7:20 PM	5:50 - 6:30 PM	6:40 - 7:20 PM	11:40 AM -12:20 PM
	Intermediate Green / Orange / Blue / H.Blue		5:00 - 5:40 PM		5:00 - 5:40 PM		10:50 - 11:30 AM
	Advanced Brown / Purple / Red / H.Red	5:50 - 6:30 PM	7:30 - 8:10 PM	5:50 - 6:30 PM	7:30 - 8:10 PM	5:50 - 6:30 PM	10:00 - 10:40 AM
	Deputy Black Belt	7:30 - 8:10 PM	5:00 - 5:40 PM	7:30 - 8:10 PM	5:00 - 5:40 PM	7:30 - 8:10 PM	
	Black Belt Class & Spiritual Class	5:00 - 5:40 PM	6:40 - 7:20 PM	5:00 - 5:40 PM	Bamboo Sword 5:50 - 6:30 PM 6:40 - 7:20 PM	5:00 - 5:40 PM	
Teen & Adult (Age 11 & Up)	Beginner	7:30 - 8:10 PM		7:30 - 8:10 PM		7:30 - 8:10 PM	11:40 AM - 12:20 PM
	Intermediate						10:50 - 11:30 AM
	Advanced						10:00 - 10:40 AM
Family	Children / Teen / Adult		7:30 - 8:10 PM Only Color Belts		7:30 - 8:10 PM Only Color Belts		
Sparring (Green Belt & Up)			5:50 - 6:30 PM				
Special Classes <i>(Please Ask Masters)</i>							
Self Defense (D/B & Up or 8 years & Up)				7:30 - 8:00 PM			
Student Leader Class	Ask Master						09:20 - 10:00 AM
Preparation Class							10:00 - 11:30 AM
Competition Team			8:10 - 8:50 PM		8:10 - 8:50 PM		
JL Demo Team		8:10 - 8:50 PM		8:10 - 8:50 PM			

1. Parents are encouraged to watch classes. Please respect the class by remaining quiet and turning all cell phone ringers to "silent"

2. "Test Skills Private Lesson" is for only testing students who want to improve their Forms, Self-defense and Breaking technics. *Please ask Masters.*

3. If you have any questions, please also visit www.jltaekwondo.com or contact Master B.Y. Yoon anytime at (919) 467-1234 or jltaekwondo2015@gmail.com