When my son was diagnosed 19 years ago, there was nothing I wanted more than the assurance for his safety and a life filled with happiness and purpose. Being told that he would have a lifelong disability was a very painful experience; and one which I was never taught how to endure. Autism can be very isolating, as our loved one may behave in ways that make others very uncomfortable. Parents often choose to elect out of social settings and even notice invitations to events become less and less. Nevertheless, families move forward to learn new things, make different connections, and lay the groundwork for their child’s future life. More often than not, parents like myself will go through this very complicated journey alone; never asking for help and doing much of the work on their own. Thankfully, with your support, this no longer has to be the case.

Nicholas Center was created to lessen the weight on the hearts and minds of parents; and be a safety-net for young adults with autism who have no place to turn, when mandated school programs end. Our services are available fifty-two weeks a year and come at no cost to families. In this report, you will read about the extraordinary opportunities being afforded despite being heavily reliant on public dollars. Some of these activities include playing in a rock band, starting a community newspaper, helping our veterans, volunteering in food pantries and animal shelters, beautifying our storefronts and shorelines, and so much more. Most importantly, our participants have developed meaningful friendships. They socialize with one another way past our operating hours. A few have become housemates and live independent from their families. Many are working and most are fully integrated into community life. Unfortunately, as our public funding becomes more limited and restricted, so do our resources to maintain our services. This is why private funding received through donors and grants are so critical to the quality of service we can provide.

Will you please support our efforts in helping individuals with autism and their families? I wouldn’t normally ask; but the work that is becoming accomplished is simply too important not to. My son Adem turned 21 last year and he is leading a safe, happy, and fulfilling life. I couldn’t have asked for a better outcome, and it’s all because of supporters like you. Please come in for a tour so you can see all of the incredible work being accomplished, and meet the many people whose lives you have touched.

Enjoy reading about some of our accomplishments, as they are yours to celebrate! We look forward to another great year!

Nicholas Center’s partnership with Spectrum Designs Foundation is built on shared values and principles.

Through this partnership, Spectrum Designs shares with Nicholas Center the profits from their special events and collaborative fundraising.

An Innovative Solution to a Growing Need

Nicholas Center and its partner agency, Spectrum Designs is providing meaningful solutions to the unmet needs of young adults with autism. Together, we are expanding opportunities to individuals with autism and related disabilities to Westchester! Opening April 2020.

As we head towards another successful year here at Nicholas Center, we ask for your support. As a non-profit, everything we are able to do happens because of the generosity of neighbors and friends like you! We hope you will consider supporting our ongoing mission and allow us to continue helping individuals with developmental disabilities.
“We make a living by what we get, but we make a life by what we give.”

-Winston Churchill
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Regards,

Nicole Sugrue

Co-Founder & Executive Director

(L-R Co-Founders: Patrick O Bardsley, Nicole Sugrue, Stella Spanakos)
## Our MISSION
To support individuals with autism in leading full and productive lives in the community.

## Nicholas Center Team is Active & Engaged

<table>
<thead>
<tr>
<th>Metric</th>
<th>Calculation</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Individuals supported</td>
<td>99</td>
</tr>
<tr>
<td>2018 - 2019</td>
<td>59,000+</td>
</tr>
<tr>
<td>Hours of support delivered</td>
<td>22</td>
</tr>
<tr>
<td>across all services</td>
<td>19</td>
</tr>
<tr>
<td>Community Partners</td>
<td>19%</td>
</tr>
<tr>
<td>NC participants that became</td>
<td>97%</td>
</tr>
<tr>
<td>employed!</td>
<td></td>
</tr>
<tr>
<td>Satisfaction rating among</td>
<td>1</td>
</tr>
<tr>
<td>participants.</td>
<td>1st</td>
</tr>
<tr>
<td>Film that told our story,</td>
<td>1</td>
</tr>
<tr>
<td>screened in 12 film festivals,</td>
<td>300,000+</td>
</tr>
<tr>
<td>even at the U.S Capitol.</td>
<td></td>
</tr>
<tr>
<td>Star Gators Summer Jam concert</td>
<td></td>
</tr>
<tr>
<td>in Sunset Park</td>
<td></td>
</tr>
<tr>
<td>Products printed by our</td>
<td></td>
</tr>
<tr>
<td>participants</td>
<td></td>
</tr>
</tbody>
</table>

## Board of Directors

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amy Beyer</td>
<td>President</td>
</tr>
<tr>
<td>John Bowman</td>
<td>Treasurer</td>
</tr>
<tr>
<td>Wesley Smith</td>
<td>Vice President</td>
</tr>
<tr>
<td>Patrick Bardsley</td>
<td>Secretary</td>
</tr>
<tr>
<td>Stella Spanakos</td>
<td>Member</td>
</tr>
</tbody>
</table>

## Community Involvement

- Spectrum Designs
- Spectrum Suds
- Spectrum Bakes
- Plant A Row for the Hungry Port Washington
- Soundview Cinemas
- H on the Harbor - Long Island's Premier Event Venue
- Bach To Rock - America's Music School
- Greater Port Washington Business Improvement District
- The Connection - Bringing Pets & People Together
- Navigator News
- Port Washington Public Library
- Shaler Connection
- St. John the Baptist
- Port Washington Chamber of Commerce
- Port Washington Kiwanis
- Port Washington Jewish Center
A monthly Newsletter filled with bits of information that brings the whole community together! Our individuals learn journalism, research, copy, editing and design. They distribute the publication throughout the community. www.navigatornews.org

Nicholas Center partners with Port Washington Business Improvement District to provide enhanced sanitation services. Our paid work force keeps downtown Main Street beautiful.

Perhaps the most important responsibility that the Nicholas Center has, is facilitating relationships between the individuals we serve and others. Having our own transportation has opened many doors for our participants to take part in activities and contribute to the community.

An introduction to the world of work includes skills training in various industries. Nicholas Center is committed to establishing partnerships with businesses, which open doors to potential employment opportunities. We have partnered with Spectrum Designs and other businesses to provide a wide array of work related opportunities.
“Exceeding Expectations”
PROGRAMS CREATED

Nicholas Center promotes healthy and active lifestyles through sports, fitness, nutritional education, relaxation and recreational programs.

Nicholas Center provides hands on skills and classroom instruction to help participants learn the skills necessary in achieving competitive employment and improve their work related goals.
EXPANDING SERVICES

Our music program, provides new opportunities for our participants to express themselves. Our Star Gators Band performs semiannually in various community events.

Our Holiday Party is an annual tradition. Participants look forward to this celebration all year. It brings them great joy to dance and mingle with their peers.

A collection of customized “community - centered” gifts, from “Main Street with Love.” These gifts provide meaningful work opportunities for our young adults and teens with autism all while celebrating the local establishments that have embraced our mission.

There is no better community of support than these special organizations. Thank You for investing in our life changing work.

Grants

SCALING OUR IMPACT
Nicholas Center received approval to deliver its services to families in WESTCHESTER in 2020
Our MISSION
To support individuals with autism in reaching full and productive lives in the community.

99% of residents are active & engaged.
59,000+ hours of support delivered in total across all services.
27 community partners.
19 NC participants that became employed.
97% satisfaction rating among participants.

9th Annual Nickelatour screened in 12 film festivals, even at the US Capitol.
1st Star Galleries Summer Jam concert in Sunset Park.
300,000+ pre-ordered by our participants.

Community Involvement
Board of Directors
Amy Beier - President
John Bowman - Treasurer
Stella Spanakos - Secretary
Wesley Smith - Vice President

A monthly newsletter filled with lots of information that keeps the entire community together. Our individuals own journalism, research, copy, editing and design. They distribute the publication throughout the community. www.navigatornews.org

Nicholas Center promotes healthy and active lifestyles through sports, fitness, nutritional education, recreation and recreational programs.

Nicholas Center partners with Port Washington Business Improvement District to provide various contracted activities. Our paid work force keeps downtown Main Street beautiful.

Nicholas Center encourages and promotes opportunities for our young adults and teens with autism allowing them to develop the skills necessary to succeed in competitive employment and improve their work and job goals.

A collection of customizable “community-centered” gifts, from Khan Street with Love. These gifts provide meaningful work opportunities for our young adults and teens with autism while cultivating the local establishments that have embraced our mission.

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“Creating Opportunities” CONNECTING WITH OUR COMMUNITY

“Exceeding Expectations” PROGRAMS CREATED

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Nicholas Center
"Nicholas Center: A Center for Autism and Related Disorders"