



Weekly Specials!



Available Week Ending 1/26/19

1449 Yamato Rd, Boca Raton
Lifetime Fitness/Hampton Inn Plaza

(561) 998-GOOD (4663)

Fast Free Delivery! \$10 Minimum

www.frescofoodworks.com

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

Breakfast Specials!

Available 7am-10:30am

- #A Spicy Italian Breakfast Griller** \$6.49
Eggs, Cappy, Chipotle, Spinach, Rst Red PP, Habanero Colby Panini
- #B Pesto Turkey & Bacon Pita** \$6.49
Pesto, Turkey, Eggs, melted Provolone, Bacon on Warm Pita
- #C Sausage, Ham, Egg, & Cheddar Melt** \$6.39
Eggs, Sausage, Vermont Cheddar, Black Forest Ham on a Grilled Multi-grain
- #D Louisiana Breakfast Wrap** \$6.39
Scrambled eggs, Cajun Chicken, Pepper Jack, Onion & Banana PP, Wrap

Natalie's Fresh Orange Juice — **Martinelli Apple**

Tropicana Cranberry — **Monster Energy**

Lunch Specials!

- #1 Spicy Italian Habanero Panini** \$8.89
Fresh Classic Traditional Ciabatta
Our own Chipotle infused Mayo
Spicy Cappy Ham
Boar's Head Pepperoni
Boar's Head 3 Pepper Habanero Colby
- #2 Chicken Parmesan Sub Baguette** \$8.79
Traditional Baked on Premise Sub Baguette
Or own Recipe Marinara
Breaded Chicken Cutlets
Boar's Head Mozzarella
Shredded Parmesan
- #3 The Grilled Monte Cristo** \$8.49
Fresh Multigrain Sandwich Bread
Honey Mustard
Boar's Head Black Forest Ham
Boar's Head Ovengold Turkey
Imported Swiss
Vermont Cheddar
- #4 Louisiana Creole Chicken Wrap** \$8.49
Fresh Traditional Wrap -grilled
Our own Cajun infused Mayo
Boar's Head Pepper Jack
Grilled on premise Chicken Breast
Banana Peppers
Sautéed Onions
- #5 Cranberry Pecan Chicken Caesar** \$9.29
Fresh crisp Romaine (like always, delivered FRESH daily!)
Grape Tomatoes
Grilled on premise All Natural Chicken Breast
Shredded Parmesan
Honey Roasted Pecans
Craisins (sun-dried Cranberries)
Homestyle Croutons *Served with side of our Creamy Caesar Dressing*

100% Idaho Russet Stuffed Baked Potatoes

- Bacon & Cheese Spud** -Applewood Smoked Bacon & Cheddar \$5.99
- Chili Cheese Spud** -Beef & Black Bean Chili smothered with Cheddar \$6.99
- The Plain Jane Spud** -served with a side of Sour Cream & Butter \$3.99
- Louisiana Creole Spud** -Cajun Chicken, Sauteed Onions, & Cheddar \$6.99

ALL Natural Smoothies!

- Tropical Passion** -Passion Fruit, Pineapple, Coconut, & Banana
- Trade Winds** -Mango, Pineapple and Coconut
- Banana Berry Blast** -Banana, Strawberry, Mixed Berries
- Straw-nana** -Strawberry, Banana
- Maui Breeze** -Pineapple, Coconut, Banana
- Key West Sunset** -Mango, Banana, Passion Fruit
- Verry Berry** -Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99



Our Website is now Mobile!
Scan the QR Code with Your
Smart Phone to Go to our
Website!

Fresh Soups!



Boar's Head

Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

www.frescofoodworks.com

N.Y. Bagel & Cream Cheese Platter **\$24.99**
Assortment of Fresh Warm Bagels served with sides
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**
Assortment of Bagels, fresh Baked Danish,
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**
Assortment of fresh baked *serves 8-10* *serves 16-20*
Danish, Brownies, Blondies,
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**
All Butter Croissants filled with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**
Fresh Toasted Bagels with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*
American, and an assortment of Cheese,
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**
A combination of fresh Breakfast Wraps, *serves 8-10*
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*
\$39.99 **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



Salad Platters

| | <u>Bowl</u> <i>serves 8-10</i> | <u>Full Tray</u> <i>serves 16-20</i> |
|-------------------------------------|-----------------------------------|---|
| • Mediterranean Chicken Salad | \$39.99 | \$75.99 |
| • Mandarin Chicken Salad | | |
| • Santa Fe Ranch Salad | | |
| • Chef Salad | | |
| • Antipasto Salad | | |
| • Caprese Salad | | |
| • Tuna/Chicken Salad/Chicken Fresco | | |
| • Caesar Classico | | |
| • Baby Spinach & Gorgonzola | | |
| • Garden Salad | \$33.99 | \$65.99 |
| • The "Cobb" Salad | \$44.99 | \$79.99 |

Sandwich Platters

Sub Baguette Platter **\$56.99**
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*
on our Famous cooked on premise
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**
Assortment of our tasty Wraps on Spinach, *Serves 8-10*
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**
Assortment of overstuffed Sandwiches *Serves 8-10*
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**
Assortment of Panini on Traditional *Serves 8-10*
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**
Assortment of Buttery Croissant *Serves 8-10*
Sandwiches

Combination Platter **\$60.99**
Assortment of overstuffed Sandwiches, *Serves 8-10*
Wraps, & Sub Baguettes on one Delicious Platter

Breakfast & Lunch Catering Available

Please allow 24 hour notice for us to professionally prepare your order
Call after 3:00 for details

561-998-4663

Soups

Our Delicious Homemade Soups delivered in an insulated Container

\$28.99
1/2 Gallon Serves 6-10

\$54.99
1 Full Gallon Serves 12-20