PHOENIX T'AI CHI CENTRE

519-872-2408

www.phoenixtaichi.ca

Is pleased to present:



T'AI CHI FAN

4-CLASS SESSION with SIFU JANICE CHAKI

from TUESDAY, APRIL 7, 2020 to TUESDAY, APRIL 28, 2020 5:15 to 6:15 pm

Fee: \$50.00

Place: Epiphany Memorial Hall 19A Holborn Ave at Briscoe St W, London ON

(1 block west of Wharncliffe, 2 blocks north of Emery)
Recent renovations allow us to provide full access to all facilities.
We endeavour to provide a scent-free environment.

Sifu Janice Chaki is a student of Sifu Helen Wu and will share her knowledge of T'ai Chi Fan.

While T'ai Chi Fan is graceful and beautiful to behold, it incorporates thrusting, parrying, blocking and striking. As with all T'ai Chi forms, this form is suitable for men and women. Perhaps you have seen past demonstrations of T'ai Chi Fan- here's an opportunity to explore Fan.

This will be an opportunity for new students to learn the fan set, as many have done before. Previous students are welcome to join the class if they wish to refresh their practice.

Bring your own fan or purchase a fan for \$25.00. There will be a few fans for loan at the first class.

Visit our website at: www.phoenixtaichi.ca

or call: 519-872-2408