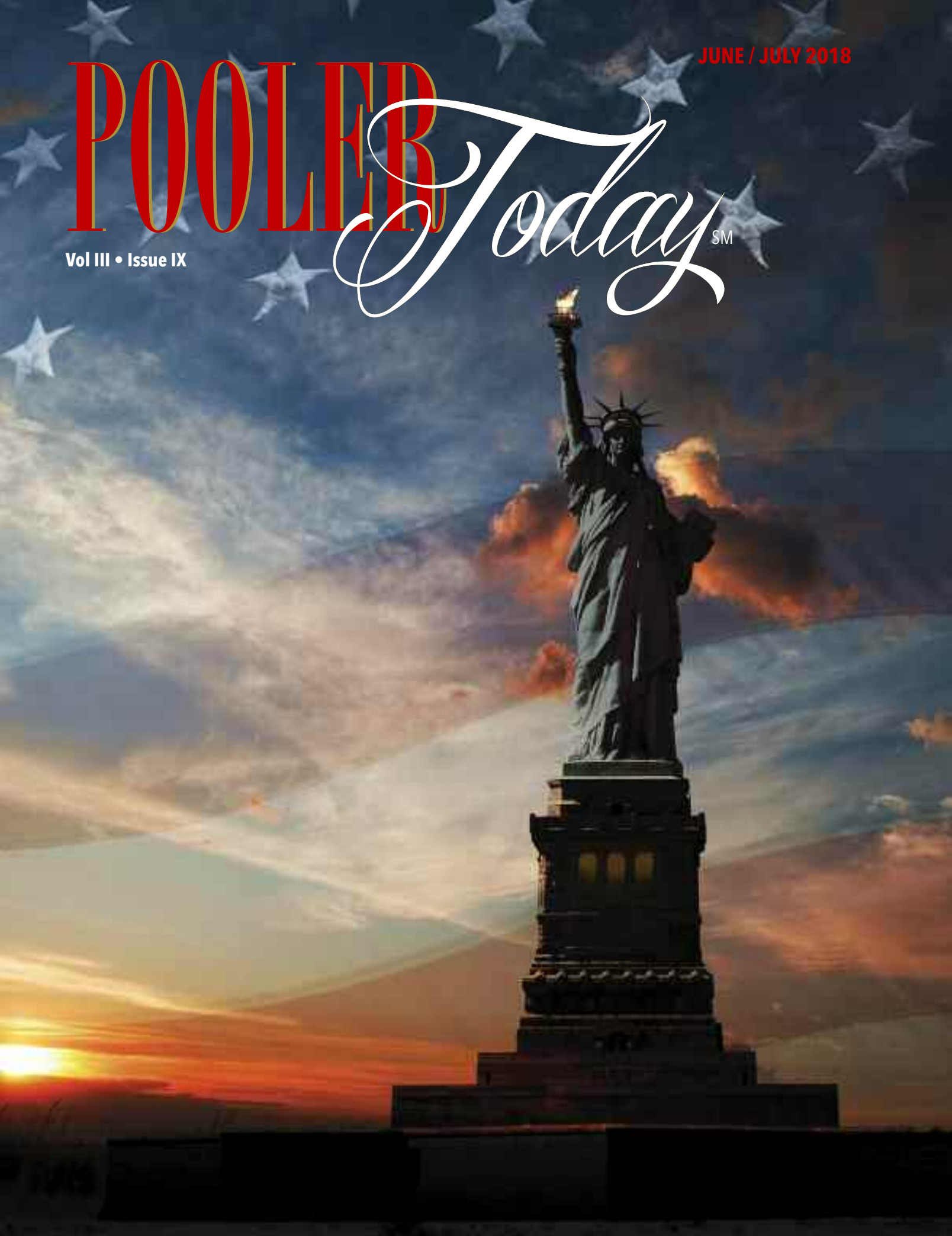


JUNE / JULY 2018

POOLER

Vol III • Issue IX

TodaySM



Now Expanding!
Schedule a **TOUR**
TODAY.



Preschool starting at 3 yrs. | **Pre-K | Kindergarten to 12th Grade**

Affordable Tuition, Small Class Size & Family-friendly Atmosphere!



**SAVANNAH ADVENTIST
CHRISTIAN SCHOOL**

www.sacssda.org

50 Godley Way | Pooler, GA
At the corner of Benton Blvd. and Godley Way

912-748-5977

Member of
Savannah



Savannah First
Seventh-day Adventist Church

The first hearing device
that revolves around you.



Introducing
Oticon Opn™

Finally there's a hearing device that lets you hear what you want to hear, even in the most complex hearing environments. It's **Oticon Opn™**. Only **Opn** features a revolutionary microchip that adjusts and balances all the sounds around you, not just the ones directly in front of you. It separates speech from noise and lets you focus on what's important. And because **Opn** works in harmony with your brain to process sounds exceptionally fast, you'll enjoy 30% better speech understanding*, reduce your listening effort by 20%* and remember 20% more of your conversations**.

With **Oticon Opn**, you can open up to a fuller, more natural hearing experience.

TRY OTICON OPN RISK-FREE

Call us at **912.351.3038**

Online at: **www.ahasavannah.com**

* Compare to Alta2 Pro.

**Individual benefit may vary depending upon instrument prescription.

Oticon Opn. The first hearing device
proven to make it easier on the brain.
Less stress. More recall. Better hearing.

oticon
PEOPLE FIRST

THE SOUTHEAST'S PREMIER HEARING HEALTHCARE TEAM

For Your Complimentary Demonstration

- No interest finance plans
- Most Insurances Accepted
- 60 Day No Risk Trial

Call today for your priority appointment

912 351-3038

www.ahasavannah.com

We have expanded hours at our **POOLER OFFICE**.

Call today to schedule with Dr. Cori Palmer,
Dr. Casey Allen or Dr. Jess Lally

**1000 Towne Center Bl. #200
Pooler, GA 31322**



Doctors of Audiology

**Susan Timna, A.U.D. MD; Cori Palmer, A.U.D. MD;
Katelyn Crockett, A.U.D. MD; and Katherine Neufeld, A.U.D. MD**



POOLER USEFUL CONTACTS

Pooler - Information / Non-Emergency

Pooler City Offices for the:

Mayor	Mike Lamb
City Manager	Robert H. Byrd Jr.
City Attorney	Steven Scheer
City Clerk	Maribeth Lindler
Finance Officer	Michelle Warner
Fire & Rescue	Chief G. Wade Simmons
H/R Director	Andrea Anderson
Police	Chief Mark Revenew
Public Works	Matt Saxon
Recreation Dept	Hugh Elton
Sr. Citizen Center	Susan Edwards
Zoning Admin.	Kimberly Classen
Utility Billing	

Other Pooler Sources:

Auto Registration	
Better Business Bureau	
CEMA Hurricane Hotline	
Chatham County Court House	
Chatham County Tax Assessor	
Drivers License	
Georgia Dept of Revenue	
Library	
Pooler Chamber of Commerce/Visitor Bureau	
United States Post Office	
Veterans Affairs	

Hospitals, Health and Medical Resources:

Candler Hospital	
Memorial Medical Center	
Memorial Health Generation One	
St. Joseph's Hospital	
St. Joseph's Hospital CareCall	
St. Joseph's/Candler SmartSenior	

Other Sources:

Chatham County Health Department	
Poison Control Hotline	
VA Outpatient Clinic	

Pooler Schools

Pooler Elementary	
West Chatham Elementary	
West Chatham Middle	
New Hampstead High	

<http://pooler-ga.us>

(912) 748-7261
(912) 748-7261
(912) 233-1273
(912) 748-7261
(912) 748-7261
(912) 748-7012
(912) 748-7261
(912) 748-7333
(912) 330-8650
(912) 748-5776
(912) 330-0493
(912) 748-7261
(912) 748-4800

(912) 652-6800
(912) 354-7521
(912) 201-4590
(912) 652-7175
(912) 652-7271
(912) 691-7400
(912) 748-5199
(912) 748-0471
(912) 748-0110
(912) 748-4927
(912) 352-0441

(912) 819-6000
(912) 350-8390
(912) 350-7587
(912) 819-4100
(912) 819-3360
(912) 352-4405

(912) 356-2441
(800) 222-1222
(912) 920-0214

(912) 395-3625
(912) 395-3600
(912) 395-3650
(912) 395-6789

Pooler / Area Community Churches

Beth-El Alliance Church	
Bread of Life Ministries, Inc.	
Calvary Assembly of God	
Christ Presbyterian Church	
Chua Cat-Tuong Temple	
First Presbyterian Church of Pooler	
First Baptist Church of Pooler	
Gateway Community Church	
Heavenbound Baptist Church	
Hydrate Church	
Morning Star Baptist Church	
New Birth Savannah	
New Testament Baptist Church	
Pooler Bible Church	
Quacco Baptist Church	
Relate Church	
Risen Savior Lutheran Church	
Rothwell Baptist Church	
Savannah 1st 7th Day Adventist Church	
Southbridge Community Church	
South Valley Baptist Church	
St. Patrick's Episcopal Church	
The Church at Godley Station	
Trinity United Methodist Church	
West Chatham Baptist Church	
Westside Christian Church	

Utility Companies

AT&T	
City of Pooler	
Comcast	
Direct TV	
Excede Internet	
Georgia Natural Gas	
Georgia Power	
Hargray	
Save n Energy	
SCANA Energy	
Sunpower	
Vonage	

Animal Control

Animal Control	
Animal Shelter (Lost Pets)	
Chatham County Humane Society	

(912) 925-2961
(912) 988-1102
(912) 748-5847
(912) 399-5717
(912) 965-1876
(912) 330-9415
(912) 748-7521
(912) 748-7011
(912) 308-3601
(912) 988-4120
(912) 748-9994
(912) 748-2969
(912) 964-7655
(850) 274-2534
(912) 925-3885
(912) 988-1354
(912) 925-9431
(912) 748-7593
(912) 748-5977
(912) 401-8505
(912) 748-0279
(912) 748-6016
(912) 236-1511
(912) 748-4141
(912) 748-2022
(912) 748-0309

(800) 288-2020
(912) 748-4800
(800) 266-2278
(866) 810-7892
(855) 627-2553
(877) 850-6200
(800) 437-2262
(912) 631-1300
(888) 248-0998
(877) 467-2262
(800) 786-7693
(888) 218-9015

(912) 625-6575
(912) 351-6750
(912) 354-9515



ICB Field - Photo by Cierra Ayers

POOLER *Today*SM

JUNE / JULY 2018 FEATURES

- 4 City Of Pooler Useful Contacts
- 6 From The Publishers
- 7 Pooler Real Estate Reflections
By Heather Murphy
- 8-9 2018 Taste of Pooler in Pictures
- 10-11 St Joseph's/Candler Hits High Note
The Tavr Procedure
- 12 Sip & Savor - Casino Night
- 13 Pooler's Ongoing Drug Take Back
Pooler Fire & Rescue Grad Class #18
- 14 Pooler Patriots Save The Date
Pooler Police Drug Take Back Event

- 15 Snakes In West Chatham
Snakebites First Aid
- 16 Battling Fear By Rev. John Fender
- 17 Don't Let Your Children Slide By
This Summer by Janese Bryant Cooper
- 18-19 Vox: POOLER Reply
- 20 How Tornadoes Work
Tornado Preparedness
- 21 2018 Hurricane Predictions
2018 Atlantic Hurricane Season
- 22 Q and A To Your Pet Inquiries
- 23-25 Pooler Chamber Of Commerce:
 - Business Spotlight
 - New Members
 - Calendar Of Events
 - Grand Openings / Ribbon Cuttings
- 26 Edward Jones, Veronica Voisine
Financial Annual Review
- 28 The Rehabilitation Institute
Communications For Speech Disabilities

- 29 Money Matters:
Upside, Downside of Rising Prices
- 31 WhasssUp In Pooler
- 33 Whimsy Inspiration:
An Unusual Dress Project
- 37 Chipping For Charity Results
- 38-39 Across The Pond Exploration
- 40 Notary: Pooler Chamber of Commerce
Vox: Pooler
- 41 Pooler Recreation Center Activities
- 42 Finding The Energy To Moving Forward
- 44 Mayo Clinic:
At-Home Treatments
- 45 Pooler's Legacy Ball in Pictures
An Evening in Casablanca
- 46 Pooler Today Magazine Sponsors



Photo by T. Howard Reimer

'Tis the season! No, not the one where the big, jolly man in the red suit leaves lots of new stuff under the tree. This is the one where average looking moms, dads and kids get rid of the old stuff by hosting a yard sale. The idea, of course, is to make room for even more new stuff, and make a little money. I know this because I've done this.

By 8 am, yards have morphed into a dense concentration of dusty books, ugly bric-a-brac, chipped dishes, well-worn shoes from the 90s, a giant computer monitor (seriously?!), jig saw puzzles with missing pieces and travel souvenirs from every vacation taken. Even the kids (mini capitalists in the making) have figured out that they too can make a profit off toys they've tired of or outgrown. The yard is looking a bit shabby, but we somehow convince ourselves that the adage 'one person's junk is another's treasure' is a truism. — especially when it comes to our junk. There are bound to be special people out there who will certainly appreciate and long for our motley assortment of collectibles — cobwebs and all. A bit delusional from the fatigue of dragging boxes of relics from the attic to the lawn, visions of making big bucks dance thru foggy heads.

The sale officially begins and the dense concentration now includes an army of crazed bargain hunters poking around, dislodging carefully arranged merchandise, hoping to sniff out an antique roadshow special find that this family of bumpkins has overlooked. Turning up their noses at obvious treasures, they demand huge discounts off \$2 items before the sale is even off and running. Convinced that the garish lamp (a gift from aunt Lucy that has sat forlornly in the attic since the day it arrived) is a steal at \$10, you are offended when some unappreciative oaf offers \$4 if you throw in the ugly candy dish sitting next to it. So rude, these people. They even have the audacity to laugh at the cute stuffed bunny with the mangy fur and missing eye.

By mid-day, the sun beats down mercilessly as the slightly used holiday candle begins to melt — a kind of metaphor for our drooping spirits. Reality kicks in and you see the tacky stuff for what it really is — tacky stuff. At this point, you'll accept whatever you can get, or in desperation beg the haggler to just take it away. By late afternoon, you're ready to sell the kids for 15 cents apiece or 25 for the whole litter. Your pot of gold is a plastic bowl of singles mixed with a few fives and tens. Your kids' piggy bank probably has a better pay-out.

At the end of the day, look at it this way. A lawn sale will probably never even bring in enough green backs for two matinee movie tickets, but a squad of seemingly normal folks haggling over a velvet Elvis offers a classic Norman Rockwell reflection of American culture — warts and all. It's a bit nasty; it's a bit charming; and, most importantly, it's over — at least for this year.

As we welcome the summer season, our congratulations to all Graduates, Happy Father's Day to all the Dads, and a safe July 4th Celebration!

Sincerely,

Dean Ayers
Co-Publishers

Cierra Ayers
Co-Publishers

Barbara Anderson
Sr. Account Manager

POOLER Today

Ayers Group, LLC

June / July 2018

Publishers

Cierra Ayers

(912) 210-9905

cba@AyersGroup.org

Dean Ayers

(702) 767-0508

dean@AyersGroup.org

Senior Account Manager

Barbara Anderson

(912) 631-5000

Barbara@AyersGroup.org

Copy Editor

Dianne Carter

dcarterpr@yahoo.com

POOLER TODAY - The Ayers Group, LLC

463 Pooler Parkway #110

Pooler, Georgia 31322-4200

(702) 767-0508 • www.AyersGroup.org

Event Photography Contributor

T. Howard Reimer Photography

t.howardreimerphotos@yahoo.com

thowardreimer.smugmug.com

Dean Ayers

Destination: LONDON

Marshall Brian &

Robert Lamb

How Tornadoes Work

Janesse Bryant Cooper

Don't Let Your Child Slide...

John Fender

We All Grieve

Lawrence Gibson, MD

Mayo Clinic

Kent King

Snakes In West Chatham

Jennifer Lee

The Rehabilitation Institute

Heather Murphy

Real Estate Reflections

Cathy Rosenthal

Pet Q&A

Jill Schlessinger

Rising House Prices

St Joseph's/Candler

Micro Hospital Update

Ryan Uitti, M.D.

Mayo Clinic Neurology

Daneen Skubee, MD

Finding The Energy

Veronica Voisine

Annual Financial Review



Letters to the Editor may be sent to:

dean@AyersGroup.org



Pooler Today

DISCLAIMER: *Pooler Today, The Ayers Group, LLC Publication*— articles included in this publication and/or opinions expressed therein do not necessarily reflect the views of *Pooler Today* but remain solely those of the author(s). The paid advertisements contained within *Pooler Today* magazine are not endorsed or recommended by *The Ayers Group, LLC Publication*. Therefore, neither *Pooler Today* nor *The Ayers Group, LLC* may be held liable or responsible for business practices of these companies. **NOTE:** When community events take place, photographers may be present to shoot photos for that event and they may be used in this publication.

COPYRIGHT - PROFESSIONAL PHOTOGRAPHY AND ORIGINAL ART: *Pooler Today* respects and upholds the legal rights of our photographers and image authors. It is UNLAWFUL to reproduce images that are copyrighted without express written permission of the person or entity that created the original work. If you would like to use or purchase any artwork or photographs presented in this magazine, please contact the artist directly or *Pooler Today*.

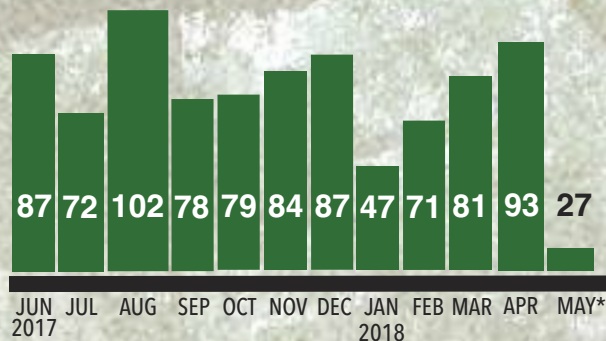
Pooler

REAL ESTATE REFLECTIONS

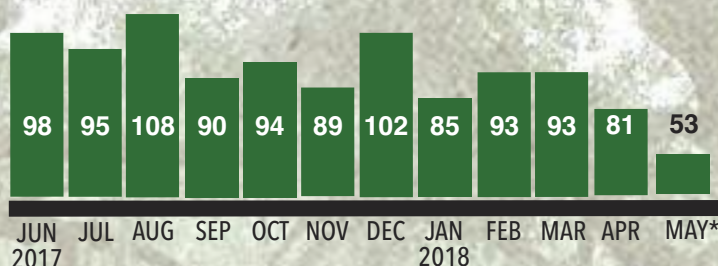
Geographically Pooler 31322 and 31407 and Provided by Heather Murphy Real Estate Group associated with Keller Williams Realty – Coastal Area Partners

POOLER HOMES SOLD

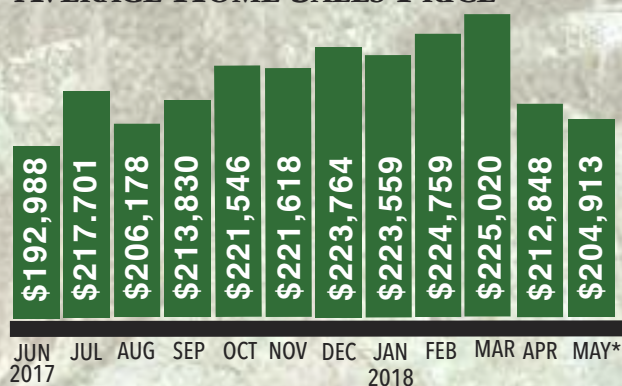
**May 1, 2017 - May 15, 2018*



AVERAGE # OF DAYS MARKET



AVERAGE HOME SALES PRICE



** Data as of May 15, 2018*



HEATHER MURPHY
REAL ESTATE GROUP

kw COASTAL AREA
PARTNERS
KELLERWILLIAMS REALTY

912-335-3956 cell 912-356-5001 office
HeatherMurphySold@gmail.com

329 Commercial Dr, Ste 100 Savannah, GA 31406
HeatherMurphyGroup.com • KW.com



realtor.com®

Georgia Agents 2015
TOP AGENT
MAGAZINE

Source: Multiple Listing Service. All information herein has not been verified and is not guaranteed. The Heather Murphy Real Estate Group or Keller Williams Realty – Coastal Area Partners assume no responsibility for data presented in this publication.





2018 TASTE OF POOLER

The Pooler Chamber of Commerce & Visitors Bureau, Inc.





T. HOWARD REIMER



PHOTOGRAPHY

Photos By: T. Howard Reimer
thowardreimer.smugmug.com



St. Joseph's / Candler President & CEO Paul P. Hinchey thanks the construction crew for their hard work during the ceremony for the installation of the final beam. Construction is ahead of schedule and there have been no on-the-job injuries at the site since construction began

St. Joseph's/Candler Hits High Note With New Micro Hospital

The top beam was recently installed on the new St. Joseph's/Candler Pooler micro hospital and the residents of Pooler are that much closer to advanced medical and surgical services in their backyards.

On April 30th, St. Joseph's/Candler President & CEO Paul P. Hinchey and dignitaries from the St. Joseph's/Candler Board of Trustees, Pooler City Council, and the Pooler Chamber of Commerce joined to celebrate the last beam set in place. Topping off ceremonies are a traditional way of toasting the last or highest beam placed during building construction.

St. Joseph's/Candler is building a technologically advanced, concierge-level of service medical campus that will house surgical suites, many medical specialties, primary care, urgent care and more. The 220,000 square foot facility will have three phases and cost \$62 million.

"The reality of this technologically-advanced medical campus tailored to what the residents of Pooler and West Chatham need is quickly becoming a reality," said Paul P. Hinchey, President & CEO of St. Joseph's/Candler. "We will soon be providing important medical services that Pooler residents used to have to drive miles for."

The new 23-acre campus will be located on Pooler Parkway near the intersection with Interstate 16. The project will be multi-phased and built out over a ten-year period to create a multi-story, technologically advanced medical facility. It will house offices for specialty and primary care offices in close proximity to key clinical services. When complete, the micro hospital will contribute to Pooler's economic development by employing approximately 100 co-workers.

Key Developments:

The first phase will open to the public February 18, 2019. A da Vinci Surgical System robot has been dedicated to the Pooler campus to provide surgeries that are minimally invasive with fast recovery times.

The first phase will feature two operating rooms and two endoscopy suites.

Metro Surgical and Gastroenterology Consultants of Savannah are the first specialty practices to commit to opening practices at the Pooler facility.

Construction is ahead of schedule.

St. Joseph's/Candler has been in Pooler since 1992 and has expanded services to correspond to the growth of the area. In addition to a thriving primary care practice, St. Joseph's/Candler has built offices for specialty physicians and an advanced imaging center. But now is the time for a centralized campus and to take St. Joseph's/Candler's advanced services to the community.

In the past few years the health care industry has shifted dramatically from traditional in-patient services that involve longer hospital stays to more out-patient services, such as day surgery, imaging or non-invasive procedures that involve little or no time spent in the hospital for recovery. These micro-hospitals address that shift and treat lower-acuity patients in locations near where patients live.

The outpatient services that patients need are perfect for the setting that St. Joseph's/Candler is creating for the Pooler campus. The services will be convenient for patients who are visiting primary care and specialty doctors on the campus and don't have to drive into Savannah to have important procedures, labs or imaging done.

"These facilities are the future of healthcare," Hinchey said. "We have designed the Pooler campus so we can easily adapt to any changes in the healthcare industry that come in the next 25 years."

Phase I

Phase I of the St. Joseph's/Candler Pooler Campus will be about 83,000 square feet and cost \$35 million. It will open in early 2019 and house distinct medical offices and clinical services.

The medical office building will contain:

- Primary Care Services
- Urgent Care Services
- Specialist offices

The clinical services portion will contain:

- Advanced Imaging Services
- Endoscopy
- Outpatient surgery
- Outpatient Physical Therapy Services
- Pharmacy Services
- Laboratory Services
- Wellness Services
- Community Education Services

Phase II will include:

- Expanded primary care offices
- Expanded specialty offices
- Wound Care
- Cardiac rehab
- Occupational medicine
- Diagnostic cardiology
- Short stay observation beds

The St. Joseph's/Candler Pooler Campus fills a significant community gap in the rapidly developing Pooler area. Many of the housing subdivisions are completely built out and others are filling up. St. Joseph's/Candler has been building a significant regional footprint – now with 87 provider locations spanning 33 counties in southeastern Georgia and South Carolina.



LARRY ALLEN - Savannah, GA



THE CURE FOR LARRY'S SWING?

THE TAVR PROCEDURE.

Larry experienced shortness of breath for even the easiest of daily tasks. It affected his golf game and his life. He needed a valve replacement, but open heart surgery was too risky. Dr. Wallace determined Larry was a good candidate for the TAVR procedure – a less invasive, state of the art procedure requiring a highly skilled medical team. He performed the TAVR procedure at The Heart Hospital and within a few short months Larry's biggest challenge was staying out of the bunker.



**THAT'S WHY I CHOOSE
ST. JOSEPH'S/CANDLER**

William Wallace, MD Interventional Cardiologist



Presented by the
POOLER CHAMBER OF COMMERCE

JUNE 15th, 6-11pm

at the
NATIONAL MUSEUM OF THE MIGHTY EIGHTH AIR FORCE



Enjoy samples of great wine, vodka & whiskey and play the tables!

Music, cash bar, complimentary food & prizes. Advance Sip & Savor tickets \$20. Purchase through our website PoolerChamber.com or call 912-748-0110.

Advance ticket sales end at 12noon Thursday, June 14. At the door \$25. All Attendees receive \$100 of FREE "Gaming Money" at the Door!

(All attendees must be 21 years or older, and be prepared to show proper identification at the door)



Sponsors: WJCL - WRHQ - Comcast Business
Media Sponsor: Pooler Today Magazine



Ten Safety Tips For July 4th Fireworks

By Federal Emergency Management Agency (FEMA)

Ensure your Independence Day weekend is filled with celebration and not regret with these 10 fire safety tips, from the Federal Emergency Management Agency (FEMA)

- ◆ Be sure fireworks are legal in your area before using or buying them.
- ◆ Always have an adult supervise fireworks activities and never allow children to play with or ignite fireworks. Sparklers alone account for one quarter of emergency room fireworks injuries.
- ◆ If you set off fireworks, keep a bucket of water handy in case of malfunction or fire.
- ◆ If fireworks malfunction, don't relight them! Douse and soak them with water then throw them away.
- ◆ Never ignite fireworks in a container, especially one that is glass or metal.
- ◆ Use your grill well away from your home and deck railings, and out from under branches or overhangs.
- ◆ Open your gas grill before lighting.
- ◆ Periodically remove grease or fat buildup in trays below your gas or propane grill so it cannot be ignited.
- ◆ Declare a three-foot "kid and pet-free zone" around the grill to keep them safe.
- ◆ Avoid loose clothing that can catch fire when cooking on the grill.

Pooler Fire and Recruit Class Eighteen

Fire Chief Wade Simmons, Deputy Fire Chief Scott Cribbs, and Assistant Chief/Training Division James Hennessey presented certificates of completion to 3 men in the Pooler Fire-Rescue Recruit Firefighter Training Class #18 on Friday, April 20th in an evening ceremony at the Pooler Fire-Rescue Headquarters Fire Station on South Rogers St.

Graduates included: Sean Zealy (Honor Graduate), Derek Cronsell, and Jacob Wisniewski.

The training program is unique in that it delivers a standard recruit training curriculum, meeting national standards, during eight-hour days for 23 weeks according to a press release from Chief Hennessey's office.

Chief Simmons said firefighters do far more than fight fires. They are the first ones called to respond to chemical and environmental emergencies, ranging from the suspected presence of carbon monoxide to a gas leak, and might be called to rescue a child who has fallen in a body of water or who has locked himself in a bathroom. They rescue people from stalled elevators and those who are trapped in vehicle crashes. They test and maintain their equipment, ranging from self-contained breathing apparatus to hydrants, hoses, power tools, and vehicles.

Students receive classroom training in all basic firefighter skills. They practice first under non-fire conditions and then during controlled fire conditions. To graduate, students must demonstrate proficiency in life safety, search and rescue, ladder operations, water supply, pump operation, and fire attack. Fire attack operations range from mailbox fires to multiple-floor or multiple room structural fires.

Graduates have completed 520 hours of training which culminated to a final evaluation period that lasted 36 hours and encompassed all of the skills learned in a drill type of setting. Upon successful completion of this program, all students have met the standards of National Fire Protection Association 1001. In addition, they have the ability to become certified to the level of Firefighter I and II and Hazardous Materials First Responder Operational Level by the Georgia Firefighters Standards and Training Council, which is accredited by the National Board on Fire Service Professional Qualifications. Congratulations to our new graduates.



Pictured: Cronsell, Wisniewski and Zealy (Honor Grad). Photo courtesy of Pooler Fire and Rescue.



Pooler's Ongoing Drug Take Back Program

The Pooler Police Department opened it's doors to the community and surrounding areas so that residents have the opportunity to safely dispose of any expired, unused, or unwanted medications. This disposal program includes prescription medications, over the counter medications, pet medications, etc.

Our Prescription drug collection box is ready to accept disposals. Feel free to dispose of your unwanted or expired medications.

The collection box is located inside our west entrance doors that face Bank of America. The doors are open from **9:00-5:00 Monday thru Friday**. Provisions have been made for safety and security measures; such as video surveillance, securing the box in place, and locked collection bin.

Here are a few tips when using the Prescription Collection Box:

- Prescriptions only
- No biohazardous materials
- No needles
- No trash

Please remove labels or black out any identifying information from the medication containers.



Pooler Police Dept.

**100 US-80
Pooler, GA 31322
(912) 748-7333**



POOLER PATRIOT WEEKEND

**The City of Pooler
welcomes you to join them for a
Festival In The Park - Patriots Weekend**

**Saturday, September 8, 2018 4-9:30 pm
Pooler Park (off Rogers Street)**

Sponsorships, Vendor Information and Reservations,
please contact:

Lindsey Butler at lbutler@pooler-ga.gov

www.patriotweekend.org



Pooler Prescription Drug Take Back Results

Too often, unused prescription drugs find their way into the wrong hands. That's dangerous and often tragic. That's why it was great to see so many Pooler residents clean out their medicine cabinets and turn in - safely and anonymously - a record amount of prescription drugs were collected - **300 lbs.** in two days at the Pooler CVS location!!!

The Pooler Police Department has a permanent collection box. Please refer to the left column for all the details.

Snakes in West Chatham

By Kent King

As a resident in the community, I would like to inform our residents of Southbridge of the ever growing population of Copperhead Snakes.

Last year several people and pets encountered snakes and were bitten. Due to the favorable weather and environmental conditions this year we are spotting numerous copperheads within the community. Please be advised, this is not just in isolated areas, but all throughout Southbridge.

Always be aware of your surroundings, avoid pulling weeds, and debris from out of flower beds, etc until we begin to have cooler weather. These reptiles are masters of camouflage, and they don't run away like other garden variety snakes. September and October are the worst months because snakes are on a feeding frenzy before they go into hibernation.

Six of The Most Dangerous Snakes in Georgia

By Jeremy Jones

• **EASTERN DIAMONDBACK RATTLESNAKE** - The most dangerous snake in Georgia, it has no natural enemies and is at the top of the food chain. Normally found in south Georgia although there's been few sightings a little north. The Eastern Diamondback is ready to strike at moments notice and his highly irritable and will readily defend itself if threatened. This snake is the largest venomous snake in all of America.

• **COTTONMOUTH** (Water Moccasin) - The Cottonmouth is apart of the viper family and can normally be found in the middle & southern areas of Georgia as it likes to be around wetter/swamp areas. This somewhat aggressive snake has venom that dissolves tissue, a bite from this snake can kill an adult. The Cottonmouth delivers enough venom of stronger proteins that break down more tissue and blood cells, and can cause systemic bleeding that can kill a person.

• **CORAL SNAKE** - Normally found in south Georgia the Coral snakes can potentially be extremely venomous though they are generally shy and slow to bite. Coral snakes thus account for fewer than 1% of venomous snakebites in the United States with most people bitten while handling the snakes intentionally. On top of all, Coral Snakes cannot strike quickly and must hang on for a brief pe-

riod to achieve significant envenomation in humans. There has been no deaths from Coral Snake bites in the United States since antivenin became available. These pretty snakes are rather short and easy to recognize with their distinctive alternating black, red and yellow bands.

• **COPPERHEAD** - Another viper, the Copperhead can be found almost everywhere in the state of Georgia. A Copperhead bite is almost never fatal to an adult. Maybe a little kid or pet. If you see one of these just step away because they are somewhat aggressive!

• **TIMBER RATTLESNAKE** - The Timber Rattlesnake can be found everywhere in Georgia, and is commonly found on Wooded hill-sides and rocky outcrops. It has a slightly more laid back reputation but make no mistake, it is deadly.

• **PIGMY RATTLESNAKE** - This snake is pretty small but it IS venomous, don't let it's size fool you. They can be found nearly everywhere in Georgia but you should be able to prevent anything serious from happening if bitten.



Diamondback Rattlesnake



Cottonmouth Water Moccasin



Coral Snake



Copperhead Snake



Timber Rattlesnake



Pigmy Rattlesnake

Snakebites: First Aid

Courtesy of The Mayo Clinic

Most North American snakes aren't dangerous to humans. Some exceptions include the rattlesnake, coral snake, water moccasin and copperhead. Their bites can be life-threatening.

If you are bitten by a venomous snake, call 911 or your local emergency number immediately, especially if the area changes color, begins to swell or is painful. Many hospitals stock antivenom drugs, which may help you.

If possible, take these steps while waiting for medical help:

- Remain calm and move beyond the snake's striking distance.
- Remove jewelry and tight clothing before you start to swell.
- Position yourself, if possible, so that the bite is at or below the level of your heart.
- Clean the wound, but don't flush it with water. Cover it with a clean, dry dressing.

Caution

- Don't use a tourniquet or apply ice.
- Don't cut the wound or attempt to remove the venom.
- Don't drink caffeine or alcohol, which could speed the rate at which your body absorbs venom.
- Don't try to capture the snake. Try to remember its color and shape so that you can describe it, which will help in your treatment.

Venomous Snakes in North America

Of the venomous snakes found in North America, all but the coral snake have slit-like eyes and are known as pit vipers. Their heads are triangular, with a depression (pit) midway between the eye and nostril on either side of the head.

Other characteristics are unique to certain venomous snakes:

- Rattlesnakes rattle by shaking the rings at the end of their tails.
- Water moccasins' mouths have a white, cottony lining.
- Coral snakes have red, yellow and black rings along the length of their bodies.

Please refer to images located to the left.



We All Grieve

By John Fender

Pastor, First Presbyterian Church of Pooler
Chaplain, Pooler Police Department

CS Lewis once shared, *"When I was a child I often had toothache, and I knew that if I went to my mother she would give me something which would deaden the pain for that night and let me get to sleep. But I did not go to my mother — at least not until the pain became very bad. And the reason I did not go was this. I did not doubt that she would give me the aspirin; but I knew she would also do something else. I knew she would take me to the dentist next morning. I could not get what I wanted out of her without getting something more, which I did not want. . . . And I knew those dentists: I knew they started fiddling about with all sorts of other teeth which had not yet begun to ache. The would not let sleeping dogs lie, if you gave them an inch, they took a mile.*

Now, if I may put it that way, Our Lord is like the dentists. If you give him an inch, he will take a mile. Dozens of people go to Him to be cured of some one particular sin which they are ashamed of. . . . Well he will cure it all right; but He will not stop there. That may be all you asked, but if once you call him in he will give you the full treatment."

And as a good dentist uses whatever instrument he or she must, so too our good and gracious God: even occasions where we might be prone to fear. God's desire is that we would no longer to be children, tossed here and there

God's desires that we would mature into manhood and therefore, therefore He brings occasions to fear that we might be able to see past those fears to the God who indeed is a mighty fortress!

In Psalm 27:1 David writes about handling fear by setting our eyes upon the character of our God. . . He writes, "The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?"

Our temptation, in the face of our fear, is to spend lots of time considering the cause of our fear. To spend an inordinate amount of time reading about the illness, discussing the past actions of the one who is now against me, playing out the scenarios of what others might do to me! And while we have to study and have to be prepared, we cannot spend all our time on our fears, but rather must set our eyes upon the character of our God.


David ways, "The Lord is my light," which is to say, the one who reveals truth. What an encouraging faith David has in his in God as he glories in God's holy name. The Lord is my light. David's people, his subjects called him the light of Israel, 2 Sa. 21:17. And he was indeed a burning and a shining light: but he acknowledges that he shines as the moon does, with a borrowed light; what light God darted upon him reflected upon them: The Lord is my light. God is a light to his people, to show them the way when they are in doubt, to comfort and rejoice their hearts when they are in sorrow. Think of Jesus in John 1:4–5, "[4] In him was life, and the life was the light of men. [5] The light shines in the darkness, and the darkness has not overcome it." In this dark world, God is the light that reveals truth! And in his fear, David clings to the light.

Secondly, David says God is my "salvation," meaning God saves us from sin and sorrow. We must first and foremost acknowledge that if we

would be saved at all, God has to come and save us from our sins. Our greatest needs are eternal needs. And yet, God intervenes in those temporal concerns as well. Sometimes He allows us to falter, sometimes to stumble right into sin as David himself did. But God is very much at work even in the details of our lives. He saved David from Goliath. He saved Jonah from the great fish. He saved Paul and Silas from prison. He intends to save us from sin and sorrow, even the sorrows that come from being afraid.

Finally, David says "The LORD is the stronghold of my life," meaning a place of refuge. Over and over in the psalms we hear this language of God being a refuge and strength. Why add this? So we understand God's fatherly and tender care. Perhaps some of you have been to the doctor and received great medical advice, but the doctor was cold and distant. And though your body may have been made well, you struggled with the experience. Here God, who has the power to save, also has the compassionate heart to show you His care. He does not simply have spiritual expertise, He has compassion and longs for you to know that He Himself longs to be a place of refuge for you, a stronghold. I recall hearing a story once from a lady who was abused as a child. She said there was nowhere in her house that she could go to escape the possibility of being harmed by her father, but if she could close her eyes tight enough and think hard enough, she could escape in her mind to a place of safety. David says, I have a real place to turn to in my fear. The One who provides light in this dark world and salvation from my sin and sorrow is also to me a stronghold, a place of refuge.

How much of your time do you fixate on fear instead of resting in the One who is our refuge and stronghold?



First Presbyterian Church
Pooler, Georgia

Join us for Worship in our newly renovated sanctuary.

The First Presbyterian Church has been in Pooler for about 15 years now. This sanctuary provides the opportunity to not only host more people during our worship services, but increases the room in our facility to accommodate more classrooms for kids.

We strive to be a church that is both welcoming to any who would seek a closer relationship with God, and at the same time hold fast to the truth of God's word.

JOHN FENDER, PASTOR

First Presbyterian Church, Pooler • 115 US Hwy 80 E
(912) 330-9415
www.fpcpooler.org



Don't Let Your Child "Slide" By This Summer

By Janese Bryant Cooper
Certified Kumon Instructor

Playgrounds may not be the only place your kids experience a "slide" this summer. While a break from the mental taxation of school is needed, studies show kids can lose up to two months of their knowledge and skills between school grades. The "summer slide" sets kids back significantly because they forget what they've learned. As a result, kids often spend the beginning of the school year re-learning last year's material.

The brain is like any other muscle and needs a regular dose of exercise to stay strong. Consider how motivated and great we feel when we work out regularly. After taking a few months off of exercising, however, it's easy to lose our motivation and our confidence may slip. Then, when we get over that hump and start exercising again, we often lose endurance and speed. The same thing happens to kids after a long break from exercising the mind. They may lose confidence, motivation, and skills. What seems like simply taking two months off can easily slide into four months of progress lost and difficulty getting back into the routine.

School is becoming more challenging for students each year. Kids that continue learning throughout the summer have an academic advantage that can catapult them into the new school year. Over the summer, students have more free time, which is a great opportunity to get ahead. Maintaining high expectations over the summer is essential for kids to succeed in the fall.



**GIVE YOUR CHILD AN
ACADEMIC ADVANTAGE
THIS SUMMER!**

Enroll them in Kumon today!

Enrolling your kids at a Kumon Center allows them to gain the full benefits of the Kumon Math and Reading Program, including having an instructor there to guide, motivate, and encourage them.

- Summer is the perfect time to accelerate your child's math and reading skills.
- Many Kumon Students are studying above grade level.
- For 60 years, Kumon has benefited millions of kids around the world.

Start giving your kids all the advantages of Kumon.

To learn more, we invite you to meet with an instructor at a Kumon Center near you.

Kumon Math and Reading Center of Pooler
200 Grand Central Blvd., Suite 200, Pooler, GA 31322
912.920.8899 • kumon.com/pooler



KUMON

Where Smart Kids Get Smarter.

© 2018 Kumon North America, Inc. All Rights Reserved.



CITY OF POOLER

100 Southwest Highway 80
Pooler, Georgia 31322
(912) 748-7261
www.pooler-ga.gov

Mayer
Michael F. Lamb
CITY COUNCIL

Bruce Allen
Rebecca C. Denton
Shannon Black
Larry Odell
Mike Royal
Stevie E. Wall

Robert H. Byrd, Jr. - City Manager

Steve Scheer - City Attorney

April 23, 2015

Cierra Ayers
Ayers Group

Dear Ms. Ayers:

Please accept this letter as a response to a recent post that was printed in the *Pooler Today* magazine's April/May edition regarding the Jim 'N Nick's Bar-B-Q Restaurant on Traders Way.

The lot the restaurant is being constructed on is within a Planned Unit Development (PUD), The Southern Portion of Godby Station Association, Inc., which has a Board of Directors and Architectural Review Board, who when the PUD was formed, approved and recorded its restrictive covenants. The covenants then permitted only medically related businesses being built. On October 21, 2015, a Termination and Withdrawal of Restrictive Covenant (copy attached) was approved by the Board of Directors and Architectural Review Board.

The City of Pooler does not approve or enforce restrictive covenants, as they are set by the developer and agreed to by property owners. The termination of the restrictive covenant, therefore, is what allowed the restaurant to be built in the PUD.

We appreciate the opportunity to submit this information to the magazine and ask that a rebuttal be published in the next edition of *Pooler Today*.

Please feel free to contact me if you have any questions.

Sincerely,

Stevie E. Wall
Councilman

SEW/ml

Enclosures

Hey Vox: POOLER

I am a business owner in Pooler. My business is a part of the "Medical Campus" there along Trader's Way. This was deemed so by the PUD (Planned Urban Development) agreement and declaration of restrictive covenants for Godley Station that we signed when purchasing our property 17 years ago. It was set up so that only medically related businesses could build in this area. Now, I would like to know how a Jim and Nick's BBQ restaurant was allowed to build between us and Memorial Health? I am definitely a fan of good BBQ and have heard that theirs is delicious, but am puzzled as to how they were allowed to build there? We along with other owners in the Medical Campus were never notified of any zoning or covenant changes for our area. The declaration of covenants states "that it shall have perpetual duration and such provisions shall continue only until 21 years after the death of the last survivor of the now living descendants of Elizabeth II, Queen of England." That sounds like a mighty long time to me!just wondering.

RECORDED

AFTER RECORDING RETURN DOCUMENT TO:
Scriber, Montgomery & Co., P.C.
8 East Liberty Street
Savannah, Georgia 31401

STATE OF GEORGIA
COUNTY OF CHATHAM

ICnon-refractive in Case Book 2590 Page 7 of 11

**TERMINATION AND WITHDRAWAL OF
RESTRICTIVE COVENANT**

This Termination and Withdrawal of Restrictive Covenant (the "Termination") is made this 22 day of October, 2016 by INTERNATIONAL PAPER REALTY CORPORATION a Delaware corporation (hereinafter referred to as "Grantor").

— WITNESSETH —

WHEREAS, Grantor conveyed certain property located on Trader's Way in Pooler, Georgia and more particularly described in Exhibit "A" attached hereto to the "Grantee" in Deed L. Carter ("Grantee") by Limited Warranty Deed recorded in Deed Book 2592, Page 717, Chatham County, Georgia records (the "Deed"); and

WHEREAS, by and Deed, Grantor submitted all of said Property to certain restrictive covenants as set forth in that certain Declaration of Restrictive Covenants for Godley Station, recorded in Deed Book 2582, Page 379, in the Office of the Clerk of Superior Court, Chatham County, Georgia, one of which specifically provided "the use of the Property is limited solely to medical offices and institutional uses to include medical office and/or medical retail, dental, therapy, day care centers and similar facilities." (the "Restrictive Covenant");

WHEREAS, Grantor has determined that the purposes to be served by said Restrictive Covenant are no longer needed or beneficial to Grantor or the Property, or otherwise needed to continue in title as covenants running with the land;

NOW, THEREFORE, in consideration of the above recited and the benefits to the Property resulting from the release, withdrawal and termination of said Restrictive Covenant, Grantor does hereby expressly release, terminate, and withdraw from the Property and the title thereto all of the Property previously submitted to the aforesaid Restrictive Covenant, it being the

IN WITNESS WHEREOF, this Termination is executed under seal the day and year first above written by Grantor through its authorized representative.

Signed, sealed and delivered this _____ day of _____, 2016

By: [Signature]
Name: Camron J. Buloway
Title: Vice President and Assistant Treasurer

INTERNATIONAL PAPER REALTY CORPORATION

My Commission Expires October 17, 2016

[NOTARIAL SEAL]

STEPHANIE THOMAS
STATE OF GEORGIA
NOTARY PUBLIC
CHATHAM COUNTY

My Commission Expires 10/17/2016

CERTIFICATE OF APPROVAL

THE SOUTHERN PORTION OF GODLEY STATION ASSOCIATION, INC.

WE DO HEREBY CERTIFY that the undersigned members of the Board of Directors and the Association (the "Southern Portion of Godley Station Association, Inc. (the "Association") are hereby adopting the following resolution in full compliance with the Articles of the Association and the laws of the State of Georgia, and that the business transacted by the resolution is authorized by the said By-Laws, and that the resolutions are in full force and effect, and have not been amended or modified:

RESOLVED by the Board of Directors and the Association of the Southern Portion of Godley Station Association, Inc. that the undersigned for the Association to the Board of Directors of the Association, Building, parking, and other improvements are hereby approved. No other conditions are required and no other conditions are required.

WE FURTHER CERTIFY that there is no violation of the Articles of Association or By-Laws of the Association, and the power of the Board of Directors and the Association to take the foregoing resolutions, and that the same are in conformity with the provisions of said Articles of Incorporation and By-Laws.

Executed on this _____ day of _____, 2016.

[Signature]
Name: Ward

EXHIBIT "A"

ALL THAT CERTAIN LOT, TRACT, OR PARCELS OF LAND, SITUATE, LYING AND BEING IN THE NORTH 04M. DISTRICT, CITY OF POOLER, CHATHAM COUNTY GEORGIA AND KNOWN AS A 1.50 ACRE PORTION OF TRACT C-2 OF INTERNATIONAL PAPER REALTY CORPORATION'S S.A. ALLEN TRACT, BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS:

COMMENCING AT THE POINT OF INTERSECTION OF THE NORTH RIGHT OF WAY LINE OF MEDICAL PARK DRIVE AND THE EAST RIGHT OF WAY LINE OF TRADERS WAY, SAID POINT BEING SITUATED AT GEORGIA STATE PLANE GRID COORDINATES (EAST ZONE-NAD 83) 5677983.00, 5677983.00, THENCE EXTEND ALONG THE EAST RIGHT OF WAY LINE OF TRADERS WAY NORTH 23 DEGREES 23 MINUTES 21 SECONDS EAST A DISTANCE OF 143.29 FEET A POINT, SAID POINT BEING THE POINT OF BEGINNING OF THE HEREINAFTER DESCRIBED PROPERTY, THENCE CONTINUE ALONG SAID EAST RIGHT OF WAY LINE NORTH 23 DEGREES 23 MINUTES 21 SECONDS EAST A DISTANCE OF 48.24 FEET TO A POINT, THENCE CONTINUE ALONG SAID EAST RIGHT OF WAY LINE ALONG A CURVE TO THE RIGHT HAVING A RADIUS OF 537.66 FEET, A CENTRAL ANGLE OF 31 DEGREES 48 MINUTES 40 SECONDS, A CHORD DIRECTION OF NORTH 34 DEGREES 17 MINUTES 33 SECONDS EAST AND A CHORD LENGTH OF 172.14 FEET FOR AN ARC DISTANCE OF 173.38 FEET TO A POINT, THENCE EXTEND SOUTH 12 DEGREES 21 MINUTES 03 SECONDS EAST A DISTANCE OF 154.35 FEET TO A POINT ON THE WEST RIGHT OF WAY LINE OF POOLER PARKWAY, BEYOND THENCE ALONG THE WEST RIGHT OF WAY LINE OF POOLER PARKWAY ALONG A CURVE TO THE LEFT HAVING A RADIUS OF 284.90 FEET, A CENTRAL ANGLE OF 14 DEGREES 08 MINUTES 10 SECONDS, A CHORD DIRECTION OF SOUTH 25 DEGREES 24 MINUTES 55 SECONDS WEST AND A CHORD LENGTH OF 146.85 FEET FOR AN ARC DISTANCE OF 146.93 FEET TO A POINT, THENCE EXTEND NORTH 04 DEGREES 35 MINUTES 29 SECONDS WEST A DISTANCE OF 147.28 FEET TO THE POINT OF BEGINNING.

THE ABOVE DESCRIBED PROPERTY CONTAINS 1.53 ACRES, ALL OF WHICH WILL BE MORE CLEARLY SHOWN ON A PLAT PREPARED BY HUSSEY, OAY, BELL & DRYDEN, INC. DATED JULY 25, 2000 AND RECORDED IN THE OFFICE OF THE CLERK OF SUPERIOR COURT IN SUBDIVISION MAP BOOK 382, PAGE 11.

How Tornadoes Work

By Marshall Brain and Robert Lamb
Chatham Emergency Management Agency (CEMA)

Myths are full of fantastic and destructive creatures. If it's not a city-leveling angel, then it's giants sauntering vengefully into unsuspecting towns. In reality, all the calamities we're liable to encounter are due to natural phenomena and human will. But of all the destructive powers in our world, none resembles the ferocity and form of those mythic monsters quite like tornadoes. These storms descend like a dagger from the clouds. They tower over the tallest buildings like titans. And when they lash out at their surroundings, they often seem to act with malicious, mindful intent.

Set aside fear and superstition, and you're still faced with one of the most awesome sights in the natural world. These twisting storm columns can reach wind speeds of 318 mph (512 kph) and measure miles across, scarring the Earth and decimating homes and buildings in the process. Yet, in some parts of the world, these powerful storms are a regular occurrence. The United States alone experiences more than 1,000 tornadoes a year, and the storms have been reported on every continent except Antarctica [source: Tarbuck].

While most storms are weak and occur in sparsely populated areas, tornadoes have been known to hit large metropolitan areas, and they have inflicted heavy casualties on many towns and cities.

If you've ever watched a whirlpool form in your bathtub or sink while draining the water, then you've witnessed the fundamentals of a tornado at work. A drain's whirlpool, also known as a vortex, forms because of the downdraft that the drain creates in the body of water. The downward flow of the water into the drain begins to rotate, and as the rotation speeds up, a vortex forms.

Why does the water start rotating? There are many explanations, but here's one way to think about it. Imagine yourself as a particle in the water, suddenly pulled toward the suction that the drain creates. At first, you'd find yourself accelerating toward the drain. Then, quite literally, there's a twist. Because of your previous momentum and the number of other particles rushing toward the drain at the same time, chances are that you're going to be pushed off to one side of the point of suction when you arrive. That deflection sets you on a spiraling path into the point of suction, like a moth spiraling in toward a light. Once the spiral has started in one direction, it tends to influence all the other particles as they arrive. A very strong spiraling tendency is created. Eventually, there's enough spiraling energy to create a vortex.

Vortices are obviously a common phenomenon. After all, you see them in tubs and sinks all the time. Small dust devils sometimes form when winds flow over hot deserts, and wildfires have been known to produce climbing vortices of flame and ash called fire whirls. Scientists have even observed dust devils on Mars and spotted solar tornadoes whipping out from the sun.

In a tornado, the same sort of thing happens as with our bathtub example, except with air instead of water. A great deal of the Earth's wind patterns are dictated by low-pressure centers, which draw in cooler, high-pressure air from the surrounding area. This airflow pushes the low-pressure air up to higher altitudes, but then the air heats up and is pushed upward as well by all the air behind it. The air pressure inside a tornado is as much as 10 percent lower than that of the surrounding air, causing the surrounding air to rush in even faster.



Tornado Preparedness

TORNADO WATCH

A tornado watch is issued when conditions are favorable for a tornado to occur. Remain alert for approaching storms. This is time to remind family members where the safest places within your home are located, and listen to the radio or television for further developments. Be prepared to seek shelter.

TORNADO WARNING

A tornado warning is issued when a tornado has been sighted in the area. Immediately seek safe shelter.

PRIOR TO THE THREAT

Before you are faced with the threat of a tornado, plan now and be prepared.

IF YOU SEE A TORNADO

A tornado is one of nature's most awe inspiring events. Be familiar with this information if in the event you spot a tornado.

Take cover immediately. Stay away from windows, doors, outside walls and open spaces.

Protect your head from falling objects or flying debris. In public buildings, go to the pre-designated shelter areas. In a vehicle, trailer, or mobile home, get out immediately and go to a more substantial structure. Never get underneath a mobile home/trailer. Seek shelter on foot if possible. If there is no shelter nearby lie flat in the nearest ditch with your hands shielding your head.

DURING A TORNADO

If you are in an area when a tornado strikes the following information is provided to help in protecting your family.

If in a Building:

Go to the basement, storm cellar, or the lowest level of the building. If no basement, go to an inner hallway or a smaller inner room without windows. Get away from the windows. Get under a piece of sturdy furniture. Use arms to protect head and neck. If in a mobile home, get out and find shelter elsewhere.

If Outside:

If possible, get inside a building. If shelter is not available, lie in a ditch or crouch near a strong building. Be aware of the potential for flooding. Use arms to protect head and neck.

If in a Car:

Never try to out drive a tornado. Get out of the car and take shelter in a nearby building. If shelter is not available, lie in a ditch or crouch near a strong building. Be aware of the potential for flooding. Use arms to protect head and neck.



2018 Hurricane Prediction Strongest Cycle in 70 Years

By Global Weather Oscillations (GWO)

GWO was cited by media as the only organization correctly predicting last year's Atlantic hurricane season and destructive landfalls

Global Weather Oscillations (GWO) was cited by news media as the only major hurricane prediction organization that correctly predicted the hyperactive 2017 Atlantic hurricane season from beginning to end, and the destructive United States hurricane landfalls.

The media also noted that when the hurricane season began last year, “nearly every major weather agency predicted a normal 2017 hurricane season – but only Global Weather Oscillations Inc. (GWO) had an accurate forecast” – with a prediction for a destructive hurricane season with 16 named storms, eight hurricanes, four major hurricanes – and 2 major impact hurricanes for the United States.

GWO also predicted the United States would have 6 named storms and 3 hurricanes making landfall in 2017 – and where they would occur. Just as predicted, the U.S. ended up with six named storms and 3 hurricanes. GWO predicted that the Florida Peninsula would break out of their 12-year hurricane drought with a major category 3-4 hurricane making landfall on the south tip of Florida. GWO also predicted that Texas could break out of their 8-year hurricane drought with a land-falling hurricane just above Corpus Christi – and a Category 1 hurricane striking the upper Gulf Coast. The 2017 landfalling hurricanes ended up being – Harvey, Irma and Nate.

Professor David Dilley – senior research and prediction scientist for Global Weather Oscillations – prepares hurricane and tropical storm predictions for 11 zones stretching from New England to Texas. By using Climate Pulse Technology developed by Mr. Dilley, GWO can issue accurate zone predictions for release in January – well before the beginning of the hurricane season.

Professor David Dilley, states that the “Climate Pulse Technology Model” is based on natural rhythm cycles that control hurricane landfall cycles and the position of the Bermuda High Pressure Center. By utilizing this technology, GWO has issued the most accurate predictions by any organization during the past 10 years. The preseason zone predictions are so accurate – updates to the forecasts are not required during the hurricane season. Although GWO does offer special weekly hurricane outlook webinars and tracking webinars when a storm may threaten the United States. GWO is a working partner with the International Hurricane Protection Association – INHPA.

More information is available via GWO's preseason hurricane webinars and their detailed hurricane zone predictions at GlobalWeatherOscillations.com, or GlobalWeatherCycles.com.

Prediction:

2018 Atlantic Basin Hurricane Season

(Which includes the Caribbean Sea and Gulf of Mexico)

As predicted by Mr. Dilley and GWO – last year (2017) was the costliest year on record for the United States, and one of the most destructive. Mr. Dilley says that “some United States zones are currently in their strongest hurricane landfall cycle in 40 to 70-years.” This is a Natural Climate Pulse Cycle that produced extremely active and dangerous hurricane conditions in some zones back in the 1930s and 1940s – and is now repeating.

Mr. Dilley predicts that 2018 will be somewhat of a repeat of 2017 – and possibly another record breaker. Although it will be strikingly similar to last year- some hurricane landfalls will occur in different locations this year. You can expect 16 named storms, 8 hurricanes, 4 major hurricanes, potential for 4 United States hurricane landfalls – 2 of which will likely be major impact storms. There is the potential for 6 named storms making United States landfalls. On the average, the entire Atlantic Basin has 12 named storms, 6 hurricanes and 2.7 major hurricanes.

The reason for another destructive hurricane season is 3-fold. The ocean water temperatures continue to run warmer than normal across most of the Atlantic Basin (red and orange in the graphic), and especially in the Caribbean region and the Atlantic near the United States. This is very similar to the ocean temperatures of last year, and this will again be conducive for tropical storms and/or hurricanes forming and/or strengthening close to the United States. Mr. Dilley also expects the Bermuda-Azores High Pressure Center will again be in a favorable location – thus allowing more named storms to maintain strength – or strengthen as they move from east to west across the Atlantic toward the United States.

Then we come to the last item – El Niño. GWO's Climate Pulse Technology model indicates that the Tropical South Pacific Ocean temperatures where El Niño events typically form – will warm significantly during late winter and approach weak El Niño conditions during the spring- much like the El Niño scare of last year. However, all years are not the same – therefore it could mature enough to form a very weak El Niño, but not strong enough to dampen the hurricane season. Historical records indicate that moderate to strong El Niño events dampen hurricane activity – whereas years with very weak El Niño conditions can be associated with active hurricane seasons if a Climate Pulse Hurricane Enhancement Cycle is in place – and it is.

2018 ATLANTIC HURRICANE SEASON

2018 Tropical Storm Names:

Alberto	Beryl	Chris
Debby	Ernesto	Florence
Gordon	Helene	Isaac
Joyce	Kirk	Leslie
Michael	Nadine	Oscar
Patty	Rafael	Sara
Tony	Valerie	William

Question & Answers To Your Pet Inquiries

By Cathy M. Rosenthal
Tribune Content Agency

Question:

My wife and I recently purchased our fourth German shepherd. Two have passed, and we have one who is 11 years old. Our previous puppies' ears stood up at about two to three months, but our new addition turns four months tomorrow, and her ears still droop. We feed her a brand of puppy chow, she has had all her shots, and is otherwise healthy. Is this a normal progression, or do some dogs take longer to develop?

Answer:

A German shepherd puppy's ears can take up to six months to stand erect, and generally occurs sometime after teething. You are still well within that time frame for it to happen naturally. Her ears may be a little further apart on her head compared to your other dogs, which may contribute to the slower progression. Too much play with other dogs and too much head petting by you and your family can also break down the cartilage some and keep the ears from standing erect.

For now, I wouldn't worry too much, but I suggest visiting your veterinarian between her fifth and sixth month to discuss options. Your veterinarian may recommend taping her ears at this point to help things along. You can also add a teaspoon of cottage cheese or plain yogurt to her food daily to provide a little extra calcium, which helps in the formation of cartilage.

Question:

I have a one-year-old terrier mix who is very calm and sweet all day until bedtime. She comes to bed with us and immediately begins to scratch and paw at the bed covers. This behavior continues until I pick her up and calm her down. Finally, she will lie down and then sleep through the night. How can we make bedtime more relaxing for us all?

Answer:

This behavior is completely normal. Dogs often make a spot for themselves by pawing the ground and/or pulling and pushing nearby blankets and covers. And, it's not unusual for them to do it for quite a while until they have their special space just right. Have you thought of adding a small blanket to your bed, so she has something to paw at rather than your covers?

If you think she is unnecessarily anxious, give her a little melatonin about an hour before bedtime. Your veterinarian can recommend a brand and dosage, but generally, one milligram is what's recommended by Dr. Linda Aronson of Petshrink.com in Berlin, Massachusetts, who conducted research on dogs and melatonin.

While I wouldn't worry too much about this behavior, you should be able to tell your dog to "stop" or "leave it," depending on what you have taught her, and she should stop whatever she is doing and listen to you. Clap your hands or use a Pet Corrector (compressed air) to interrupt the behavior and then call her to you. Reinforce this training, so you can halt the behavior without having to pick her up. But remember, it's normal for dogs to do paw at their beds.

Cathy M. Rosenthal is a longtime animal advocate, author, columnist and pet expert who has more than 25 years in the animal welfare field. Send your pet questions, stories and tips to cathy@petpundit.com.

Godley Station Animal Hospital

Your pet is sure to find top-notch care at Godley Station!
We offer a wide range of services, from full hospital care to experienced dog and cat groomers!

Our Specialty Services include:

Behavioral Medicine ♦ Boarding ♦ Dental Care
Emergency / Critical Care ♦ Fully Stocked Pharmacy
Grooming ♦ Hospice ♦ Microchipping ♦ Pain Management
Parasite Prevention ♦ Radiology (X-Rays)
Surgery ♦ Vaccinations ♦ Wellness Exams, and much more...



(912) 748-8805 • godleystationvet.com

27 Canal Street - Pooler, GA 31322

Phone: 912-748-8805 Boarding Facility: 912-450-8814 Fax: 912-748-8807

Hours: Monday thru Friday: 8:00am - 6:00pm



Pooler Chamber of Commerce and Visitor Bureau, Inc.

Pam Southard, *Executive Director*

Greetings from YOUR Pooler Chamber of Commerce

Greetings Pooler!

We bid goodbye to spring and welcome summer as the Pooler Chamber is so excited about all the blast of activities coming up throughout the season. I could not be more pleased with the outreach of our community who participated in the **Taste of Pooler event**. (See page 8-9 for picture recap) It was a delicious event full of excitement and we thank all our local vendors for their participation and introducing us to their fare. (our participants and winners listed next column)

Coming up, our **Annual Sip and Savor Casino Night** is also another event that draws our community out for a unique experience. So, come out and sample a fine selection of wines, vodkas, and whiskey, mingle with your friends and try your hand at the tables! (See all the details on page 12)

Check out our website at <http://poolerchamber.com> and refer to our Facebook page Pooler Chamber of Commerce and Like Us. Get all the updated news in the community and updates on the Pooler community and special events!

In closing, if you are looking to grow your business exposure, and get involved in our thriving Pooler community, we encourage you to join the Chamber of Commerce. Be a part of the camaraderie that exists amongst active Chamber members who often develop lifetime business relationships and personal friendships. A strong chamber, such as ours, makes introductions easy by bringing people together and providing access to helpful resources on numerous issues and questions related to running and growing a business.

Join our family.



TASTE OF POOLER - APRIL 19TH

Thank you to the following local vendors who contributed to make this event such a community success:

Bojangles
Byrd Cookie Company
Chazito's Latin Cuisine
Chicken Salad Chick
Fatz Café
Flaco's Tacos
Jimmy Johns
Longhorn
McAlister's Deli
Mellow Mushroom
Metro Diner
Michelle the Cookie Lady
Miss Sophie's
Molly MacPherson's Scottish Pub
Olive Garden
Polk's Plus
Savannah Coffee Roasters
Terra Mia
Texas Roadhouse
The Cake Corner Bakery
The Front Porch Coffeehouse
The Salt Table

TASTE OF POOLER WINNERS:

Best Table - **The Cake Corner**
 Best Dessert: **The Cake Corner**
 Best Overall: **The Cake Corner**
 Best Main Dish: **Fatz Cafe**
 Best Side Dish: **Chazito's**

1st Runner-Ups:

Best Overall - **Flaco's Tacos**
 Best Main Dish - **Metro Diner**
 Best Side Dish - **Miss Sophie's**
 Best Dessert - **Molly MacPhearson's**
 Best Dessert - **The Front Porch**
 Best Table - **Michelle The Cookie Lady**

2nd Runner-Ups:

Best Overall - **Miss Sophie's**
 Best Overall - **Texas Roadhouse**
 Best Main Dish - **Texas Roadhouse**
 Best Side Dish - **Fatz Cafe**
 Best Dessert - **Savannah Coffee Roasters**
 Best Table - **Polk's Plus**

Pooler Business Spotlight

Emerald Neuro-Recover Center



Tired of the revolving door of conventional treatment centers?

Our innovative and highly effective NeuroRecover treatment heals brain-destroying diseases such as alcoholism, drug addiction, chronic stress, depression, and anxiety. Our outpatient treatment center, just outside of Savannah, GA, specializes in high dose intravenous infusions of NAD+/amino acids that are directly absorbed in the bloodstream.

**125 Southern Junction Blvd, # 201 • Pooler, GA
(912) 450-1160**

Battery Warehouse



Power Up at Battery Warehouse

At Battery Warehouse here in Pooler, we are here to offer convenience in location, the highest level of customer service, and a large selection of batteries to meet your needs. Give us a call as we service all types battery needs such as auto, commercial batteries, golf carts, marine, power sports batteries, and various accessories.

**201 Blue Moon Crossing, Suite 3&4 • Pooler, GA
(912) 963-7076**

Culvers



Home of the famous Butterburgers, and so much more!

Try a Butterburger, pressed and seared fresh Midwest beef and all the fresh trimmings to your liking. Also, a choice of our premium chicken fingers, North Atlantic cod sandwiches, pork tenderloin sandwiches, grilled chicken and Reuben melts, butterfly jumbo shrimp, salads, hearty soups, and don't forget a chilled shake, malts, and fresh frozen custard.

**121 Tanger Outlets Blvd, • Pooler, GA
(912) 450-5005**

Home2 Suites



Your Fresh & Modern Home2 Now In Pooler!

Welcome to Home2 Suite by Hilton Savannah Airport, a new extended-stay hotel is perfect for business and visitors as the proximity to all the shopping, dining, and easy access to I-95. Take advantage of our easy access and beautiful new facility that features kitchens that are fully stocked, comfortable furniture, desk area and free WiFi, and even pet-friendly. Free breakfast to get you started in the morning.

**860 Towne Center Blvd • Pooler, GA
(912) 450-6101**

2018 Calendar of Events

Pooler Chamber of Commerce and Visitors Bureau, Inc.

June 15 (see page ? for details)

Sip & Savor/Casino Night - 6-11 p.m.,
at: National Museum of the Mighty Eighth Air Force.

August 16

Economic Outlook Luncheon - 11:30 am - 1:30 pm
at Savannah Quarters.

September 8

Patriot Weekend - Festival in the Park - 4:30 pm - 9:30 pm
at Pooler Park (off Rogers Street).

September 23

Pooler Food Truck Fest - 4:30 pm - 6:00 pm
location to be determined.

October 20

Fall Festival & Marketplace - 1:00 pm - 6:00 pm
at Pooler Stadium.

Like Us on Facebook and get all the details!



Pooler Chamber of Commerce

Welcome New Members

Savannah Tire-Pooler Parkway

All Dolled Up by Amber

Robert Half

Battery Warehouse

Thomas Concrete

Sam's Club of Pooler

Michelle the Cookie Lady

Phoenix DPC, Inc.

Building Blocks Family Counseling

CrossFit Shear Force

Savannah Pediatrics, PC

Image Graham, LLC

Smith Consulting & Design

Synergistic Software, Inc.

Time and Again Vintage Market

Red Door Auctions LLC

CVS



Pooler Chamber of Commerce latest ribbon cutting events.
Pooler welcomes: (Top to bottom, left to right) Battery Warehouse, Culvers, Savannah Tire, and St. Joseph's Micro Hospital, Pooler Chamber of Commerce Directors and Ambassadors.

Pooler Chamber of Commerce & Visitor Bureau, Inc.

404 US Highway 80 West, Pooler, GA 31322. • (912) 748-0110 - <http://poolerchamber.com>

What Should You Look For In An Annual Financial Review?

By Veronica Voisine, AAMA®, CRPC®
Financial Advisor, Edward Jones®

Given the complexities of the investment world, you might consider working with a financial professional to help you move toward your goals, such as a comfortable retirement. You'll want to establish good communication with whomever you choose, and you should meet in person at least once a year to discuss your situation. At these annual reviews, you'll want to cover a variety of topics, including these:

- Your portfolio's progress – Obviously, you will want to discuss how well your investments are doing. Of course, you can follow their performance from month to month, or even day to day, by reviewing your investment statements and online information, but at your annual meeting, your financial professional can sum up the past year's results, highlight areas that have done well or lagged, and show you how closely your portfolio is tracking the results you need to achieve your long-term goals.

- Your investment mix – Your mix of investments – stocks, bonds, government securities and so on – helps determine your success as an investor. But in looking at the various investments in your portfolio, you'll want to go beyond individual gains and losses to see if your overall mix is still appropriate for your needs. For example, is the ratio of stocks to bonds still suitable for your risk tolerance? Over time, and sometimes without you taking any action, this ratio can shift, as often happens when stocks appreciate so much that they now take up a larger percentage of your portfolio than you intended – with a correspondingly higher risk level. If these unexpected movements occur, your financial professional may recommend you rebalance your portfolio to align it more closely with your goals and risk tolerance.

- Changes in your family situation – A lot can happen in a single year. You could have gotten married, divorced or remarried, added a child to your family or moved to a new, more expensive house – the list can go on and on. And some, if not all, of these moves could certainly involve your financial and investment pictures, so it's important to discuss them with your financial professional.

- Changes in your goals – Since your last annual review, you may have decided to change some of your long-term goals. Perhaps you no longer want to retire early, or you've ruled out that va-

Compare Our CD Rates

Bank-issued, FDIC-insured

3-month **1.70 % APY*** Minimum deposit \$1,000

1-year **2.30 % APY*** Minimum deposit \$1,000

18-month **2.45 % APY*** Minimum deposit \$1,000

* Annual Percentage Yield (APY) effective 5/14/2018. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

Call or visit your local financial advisor today.



Veronica L Voisine,
AAMS®, CRPC®
Financial Advisor

138 Canal St
Suite 406
Pooler, GA 31322
912-748-6512

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING



cation home. In any case, these choices may well affect your investment strategies, so it's wise to discuss them.

- Changes in the investment environment – Generally speaking, it's a good idea to establish a long-term investment strategy based on your individual goals, risk tolerance and time horizon, and stick with this basic strategy regardless of the movements of the financial markets or changes in the economy. Still, this doesn't mean you should never adjust your portfolio in response to external forces. For instance, if interest rates were to rise steadily over a year's time, you might want to consider some changes to your fixed income investments, such as bonds, whose value will be affected by rising rates. In any case, it's another thing to talk about during your annual review. These aren't the only elements you may want to bring up in your yearly review with your financial professional – but they can prove to be quite helpful as you chart your course toward the future.



Brewer LAND SURVEYING

- FEMA Flood Elevation Certificates
- Lot Corner Surveys
- Boundary Surveys
- As-Built Surveys
- ALTA Land Title Surveys
- Property Subdivisions

Call Today for a Free Estimate **912-856-2205**



J. Craig Brewer

Professional Land Surveyor with over 20 years experience in the community and beyond.

Pooler Senior Citizen Center

955 Plantation Drive (at Sangrena Woods) • Daily Activities 9 a.m. to 3 p.m.

*Jewelry Making Class • Exercise Classes
Day Trips • Games • Crafts • Meals
and much more*

Transportation Provided When Available

912-330-0493



The Rehabilitation Institute



Communication Options for Those With Speech Difficulties

By Jennifer Lee, Speech-Language Pathologist

The ability to speak can be significantly affected by health conditions such as cerebral palsy, stroke, Parkinson's disease and ALS, or Lou Gehrig's disease. But a type of rehabilitation therapy called augmentative and alternative communication (AAC) helps children and adults communicate successfully, even without speech.

AAC may be as simple as using gestures, body language, facial expressions and/or sign language to convey thoughts, wants and needs. Or it may involve the use of a tool or device. Basic AAC systems include using pen and paper to write messages or pointing to letters, words or pictures on a board. More high-tech systems use computers that speak for the user.

AAC applications for tablets or iPads are a popular option, but it is important to choose the right application for the user. Users should consider price, content and customizability before selecting an app. AAC applications can cost several hundred dollars, but free or low-cost applications may meet the needs of some users.

Learning to use the AAC application can be challenging. Here are a few tips:

- Enlist the help of a speech-language pathologist in finding the right AAC device or application. She can evaluate your specific needs and determine the best app or device for you. An occupational therapist can also assist with this process.
- Make sure your family is familiar with the device, as well. Family members, friends and caregivers should know how to use the apps correctly in order to communicate effectively.
- Keep the AAC device with you at all times. The more you use the device the more proficient you will be at using the apps properly.

Check out some of the most popular apps, such as SayHi, LetMeTalk, TouchChat and Proloquo2Go, to learn more about how they work. They can be downloaded in your device's app store.

If your doctor has recommended AAC to help you or your child communicate more effectively, ask for a referral to a speech-language pathologist. AAC can be a temporary or permanent solution, based on the user's issues. It is the first step toward experiencing the freedom to fully interact with your world.

Jennifer Lee, M.A., CCC-SLP, is a certified, licensed speech-language pathologist with Memorial Health Outpatient Rehab. She sees adults and children at the Savannah and Pooler locations. Call 912-273-1000 for more information.

Independence is within reach.



An accident or injury can limit your lifestyle. Our therapists teach you how to function, regain your strength and achieve as much independence as possible.

Our services include:

- Driving evaluation
- Hand rehabilitation
- Lymphedema therapy
- Occupational therapy
- Pediatric therapy
- Physical therapy
- Speech therapy
- Spinal cord injury therapy
- Sports medicine
- Stroke recovery
- Traumatic brain injury therapy

Ask your healthcare provider for a referral.

Memorial Health

OUTPATIENT REHABILITATION

101 West Mulberry Boulevard, Suite 210
Pooler, GA

MemorialHealth.com | (912) 273-1000



The Upside And Downside of Rising House Prices

By Jill Schlesinger
Tribune Content Agency

A couple of months ago, I noted that the housing market has a problem: There are too few homes for sale. Persistently low inventory means that there are a lot of frustrated would-be buyers out there spending weekends at open houses. It also has led to home prices continuing to rise at a more than 6 percent clip from a year ago.

Adding to the pressure for homebuyers is the fact that mortgage rates increased to a seven-year high of 4.8 percent in April, pushing the National Association of Realtor's mortgage affordability index to its lowest level since the end of 2008. Even with prices and mortgage rates up, many still want in on the housing market because they are worried that increases will persist or because renting has become less affordable.

As interest rates rise, refinancing becomes less compelling. Refinancing activity has slowed down to 10-year lows, but there may be other ways for current homeowners to save a few bucks. For those who bought property with less than 20 percent down, now is a great time to see if you can eliminate your private mortgage insurance (PMI).

PMI acts as an extra layer of protection for the lender if you stop making payments on your loan. Many don't focus on PMI after the closing because premiums are usually added to the mortgage payment. But with prices up, there could be a good opportunity to find extra money.

To remove PMI, you need to demonstrate that you have at least 20 percent equity of the original value of your home. "Original value" generally means either the contract sales price or the appraised value of your home at the time you bought it, whichever is lower. (If you have refinanced, the appraised value is at the time you refinanced.) The equity in your home could have increased due to rising prices or to additional payments you have made to reduce the principal balance of your mortgage to 80 percent, or a combination of both of those scenarios.

When the mortgage balance drops to 78 percent, the mortgage servicer is supposed to automatically

“

*As interest rates rise,
refinancing becomes less
compelling.*

*Refinancing activity has
slowed down to 10-year lows*

eliminate PMI, but that does not happen as quickly as many would like. For my math-challenged pals, to calculate whether

your loan balance has fallen to 80 percent or 78 percent of the original value, just divide the current loan balance - the amount you still owe - by the original appraised value (most likely, that's the same as the purchase price).

To speed up the PMI removal process, the Consumer Financial Protection Bureau notes that you must meet these requirements:

- The cancellation request must be in writing.
- You must be current on your payments and have a good payment history.
- You might have to prove that you don't have any other liens on the home (for example, a home equity loan or home equity line of credit).

- You might have to get an appraisal (costs vary, but they are usually about \$500-\$700) to demonstrate that your loan balance isn't more than 80 percent of the home's current value. Before shelling out this dough, confirm with the lender whether or not it is necessary or helpful in the process.

For those who have Federal Housing Administration (FHA) loans, the process for removing mortgage insurance is different than for conventional ones. Your best bet is to contact your lender and ask them what they require to drop the insurance. As a reminder, FHA loans are available to borrowers with FICO scores of at least 580 and require as little as a 3.5 percent down payment.



Jill Schlesinger, CFP®, is the Emmy-nominated, Business Analyst for CBS News. Jill appears on CBS radio and television stations nationwide covering the economy, markets, investing and anything else with a dollar sign. She translates complicated business and economic news into understandable, relatable topics for everyday viewers and listeners. Jill is also the host of the nationally syndicated radio show, "Jill on Money", which airs over 80 markets. Jill is a LinkedIn Influencer and also writes the nationally syndicated column "Retire Smart" for Tribune Media Services. (Contact Jill Schlesinger, senior business analyst for CBS News, at askjill@moneywatch.com.)



**Chatham
Oral & Maxillofacial
Surgery, P.C.**

When experience counts...

FRANK E. SCARBROUGH | D.M.D., F.A.C.O.M.S. • MICHAEL C. WILSON | D.M.D., F.A.C.O.M.S.
PAUL M. HINCHEY | D.M.D., M.D. • DONALD M. PHILLIPS | DMD

Three Board Certified Surgeons with combined 55 years of experience specializing in Dental Implants, Wisdom Teeth Extractions, Gum Disease, TMJ Treatment, Laser Procedures, Oral Pathology, Bone Grafts & Reconstruction, Dental Extractions, Facial Trauma, Jaw Surgery, Sleep Apnea, General Anesthesia, IV Sedation.

Serving Savannah for 19 years • Ti, Nobel, Zimmer, and Bio-horizon implant systems • Staff members at St. Joseph's Cancer and Medical University Medical Center • American Board of Oral & Maxillofacial Surgery • Fellow, American Association of Oral & Maxillofacial Surgeons

501 Eisenhower Drive
Savannah, GA 31406
(912) 354-1515

145 Traders Way, Suite A
Pooler, GA 31322
(912) 748-4365

613 Towne Park Drive, Suite 301
Rincon, GA 31326
(912) 295-5199

www.chathamoralsurgery.com

Named Pride of Pooler... come see why!



MUNGO
HOMES
mungo.com

Visit our model homes at
Davenport, Somersby & Highland Falls



WhassssUp Around Pooler?



SAVANNAH / HILTON HEAD AIRPORT - Savannah International Airport continues to grow and demand as a destination is validated by the airlines. For the first four months of 2018, nearly 807,000 persons have traveled through the airport, an increase of 10%. The airlines have supported this growth with a 17+% increase in passenger seats added to meet the need.

JOB SAVANNAH - Savannah International Airport continues to grow and demand as a destination is validated by the airlines. For the first four months of 2018, nearly 807,000 persons have traveled through the airport, an increase of 10%. The airlines have supported this growth with a 17+% increase in passenger seats added to meet the need

UNUSUAL WEATHER IN CHATHAM AREA - Pooler and all of Chatham County have experienced unusually heavy rains this year and hurricane season started in June and runs through November. Check with local authorities to see what you can do to be prepared. Read our articles on hurricanes in this issue on pages 20-21.

BUSINESS & RETAIL - More retail space is opening in Pooler just off Pooler Parkway. So, congratulations to Pooler and their expansion to offer more services to the ever-growing city. Hopefully, we will see some unique boutiques and companies join the community.

POOLER PATRIOTS - FESTIVAL IN THE PARK - The Annual Pooler Patriots weekend is scheduled for September 8, 2018 at the Pooler Park located at Rogers Street. Lots of activities for everyone. Mark your calendar!

Your Banking, Made Simple.



- ★ Free Checking Accounts
- ★ Auto Loans
- ★ Credit Establishing Loans
- ★ Low-Rate Visa® Credit Cards
- ★ Personal Loans
- ★ Free Mobile Banking with mobile deposit

Applying is Easy!
membersfirstga.com



Click, Call or Come by Today!
912-352-2902
606 East 67th Street, Savannah
 Plus, Shared Branching and Surcharge-Free ATMs near you.



SOUTHERN UTILITY COMPANY - Southern Company, the utility holding company based in Atlanta and owner of Georgia Power, has sold Gulf Power in Florida to NextEra Energy for \$5.1 billion and \$1.4 billion in debt. The move will help pay down debt after two major technology investment missteps in other states. The move to sell assets is contrary to what other large utility companies are doing.

ZONING ORDINANCES - The city of Pooler is working with the Coastal Regional Commission to update zoning ordinances. Zoning ordinances determine how your city works. A steering committee is being formed to study zoning ordinances. The City of Pooler has an App to help you stay up to date with what's going on in the city. Download for Android or Apple iOS.

GET OUT AND VOTE - Increasing numbers of women are entering politics, and southeast Georgia is no exception. Democrat Lisa Ring will face Republican U.S. Rep. Buddy Carter in the fall elections, and a woman has just won the Democratic nomination for Governor of Georgia.

WhassssUp? Got a scoop to share?

cba@ayersgroup.org

Commercial Landscaping Services

Savannah 🌳 Pooler 🌳 Richmond Hill 🌳 Golden Isles



the greenery, inc.

— EMPLOYEE OWNED —

912.450.3000

2400 Tremont Rd. Savannah, GA 31405

THEGREENERYINC.COM

T. HOWARD REIMER



PHOTOGRAPHY

T. HOWARD REIMER PHOTOGRAPHY

420 Gov. Treutlen Circle • Pooler, GA 31322

(912) 401-9485 • t.howardreimerphotos@yahoo.com

thowardreimer.smugmug.com

facebook



A Walk On The Side Of Whimsey Inspiration An Unusual Dress Project

Tera Jones is the proprietor of Two Crafty Cats Photography has recently embarked on a new and unusual project. We are pleased to share these fun and exciting creations originally conceived by Tera.

However, through the creative process, Ms. Jones has been an inspiration through her curiosity and encouraged others to join in for a visual adventure that has brought so much fun and awe to the community. So we could not resist in sharing with you. Here some of the participants actually designed their own unusual outfits where the sky was the limit.

Here is a quote from Tera about her inspiration and why she hopes this project will continue to grow: "I would love for this unusual dress project to inspire people to be creative, think outside the box, and see items laying around their house differently. You don't have to spend a bunch of money or need to be super crafty or creative to create a masterpiece of your own. Have fun with it, experiment and try something unique". Have fun with it, experiment and try something unique". For information about this project and its participants contact <https://www.facebook.com/twocraftycats/>.

Pictured (left to right, top to bottom)

Models:

**Alexis Jo
Bella Betters
Haven Dixon
Leila Beasley
Lane Swanson
Julia Wadman
Leslee Brown
Megan Williams
Miranda Clifton
Molly Dow
Vanessa Tedder**

Description:

**VHS Tape Dress
Princess Book Dress
Pokemon Card Dress
Coffee Filter Dress
Book Feather Dress
Paperclip Dress
Paper Flower & Leaf Dress
Blue Tarp Dress
Paint Swatches Dress
Cardboard & Newspaper Dress
Shopping Bag Dress**

Designers and Collaborators:

**Tera Jones
Vanessa Tedder
Miranda Clifton
Megan Williams
Molly Dow**

Photographers:

**Tera Jones
Meredith Ball**

Hair and Make-up:

**Sara Cuda
Kathleen Duvall**





MATHNASIUM[®]
The Math Learning Center

Summer Math Curriculum Offerings

During the summer, many students lose 2 to 2.5 months of the math computational skills they learned during the school year.* *Washington Post*

Mathnasium's fun summer programs are all about preventing summer learning loss and helping our students prepare for what lies ahead. For some that means a solid review of previous material. Others benefit from previewing upcoming concepts. **Most students will get some of both!**

Set your own **flexible** schedule!! Buy a package of hours to use **anytime** to suit you, and drop in on the days you choose. Spread your visits through the summer, or complete in just a few weeks!

Our programs include :

- Cure for counting with fingers
- Jump start going into grades 1 through 12
- Master times tables!
- Master fractions, decimals and percents!
- Pre-algebra power math middle school review
- High school readiness - Algebra, Geometry, Algebra 2, Pre-Calculus
- SAT/ACT PREP



**4 CONVENIENT LOCATIONS,
DISCOUNTS FOR EARLY ENROLLMENT, RESERVE NOW!!**

SAVANNAH MIDTOWN 912-355-5678
(next to TJ MAXX)

SAVANNAH ISLANDS 912-898-3700
(Whitemarsh Isl next to Polka Dots)

POOLER 912-330-0666
(next to Publix)

BLUFFTON 843-815-6284
(near Jim n Nick's)

www.mathnasium.com



*Source: Washington Post, June 15, 2009



An overnight experience
in a day camp package.

NOW ACCEPTING REGISTRATIONS!

www.campmoonriversavannah.com



Creating smiles that last a lifetime

Dentistry

at Godley Station

We welcome all new patients!

Dr. Tracy Durham

Dr. Gary Johnson

and Dr. Miles Yarbrough



Tracy Durham,
D.D.S., P.C.

Dentistry At Godley Station

912.748.4494

145 Traders Way, Suite D

~ Pooler, Georgia 31322 ~

www.tracydurhamdds.com



**Thank You Pooler
it's a
pleasure serving
our community**



*The medicine you need,
and the service you deserve*

Hours: 9:00am to 6:30pm Monday - Friday
9:00am to 1:00pm Saturday

**990 Pine Barren Road, Suite 102
Pooler, Georgia 31322-9448
Tel: (912) 348-4420 • Fax: (912) 348-4421**

submit your refills on line at:
www.poolerpharmacy.com

Ask Us About Delivery

**Come in and visit, we have new
gift merchandise arriving daily!**



Family owned and operated

NOW OPEN IN POOLER!

To better serve our clients and our employees

We have some AMAZING jobs!



www.horizonstaffing.com

Must be willing to submit to criminal background check and drug test

Savannah Office
7722 Waters Avenue
Savannah, GA 31406

Pooler Office
400 US Hwy 80 West
Pooler, GA 31322

Office (912) 355-5966

Fax (912) 355-3187

HORIZON STAFFING

**GROW YOUR
BUSINESS**



**Advertise in Pooler Today Magazine
Call Barbara for details - (912)) 631-5000**



Chipping for Charity Pooler Lions Club

Pooler Lion's Club Making A Difference In The Community

The Pooler Lions Club held their 3rd Annual "Chipping for Charity" Golf Tournament recently. The proceeds from the tournament will fund the club's charitable activities for the next year. This includes a college scholarship for a Pooler high school senior, Sight for Students (vouchers for vision exams and glasses in six local schools), vision exams and eye glasses for qualifying residents, stuffed lions for Pooler Police to distribute to kids in traumatic situations, book donations to elementary schools in Pooler and holiday cards for residents in local nursing homes. Also, Pooler Lions support the GA Lions Lighthouse Foundation, the GA Lions Camp for the Visually impaired in Waycross, GA, Leader Dogs, Southeast Guide Dogs and the Lions Club International Foundation.

After a box lunch, the golfers took to the course for a 1:00 p.m. shotgun start, and several hours later the results were announced.

Winning first place was the team of **Eric Fry, Zach Nehme, and Kris Brinker**. Their prize was a gift certificate for **Savannah Harbor Golf Club**. Second place went to the team of **Jerry Smith, Robert McLaurin, Bob McLaurin, and Russell Bright**, who won a gift certificate to **Savannah Quarters Golf Course**. Third place was won by the team of **Larry Middleton, Louis Manuel Jr, Ken Leidy and Kenny Deloach**. They received a gift certificate for **Sapelo-Hammock Golf Club**. Closest to the pin was won by **Eric Fry**, who came within 2'5" of the pin. Congratulations to **Robert McLaurin** (age 96 years young!) for the longest drive in the tournament. They both won golf gift certificates.

Various raffle prizes were won by **Dave Renton, Charlie Saytanides, Justyne Albright, Debra Miller, Todd Saylor, Derek Dragon Sr. and Joe McKinny**.

Please help us acknowledge and thanks our generous and caring contributors who helped us meet our goals:

Major Sponsors

Eagle Sponsor - Pooler Chamber of Commerce
Birdie Sponsor - Miller's Coin & Currency

Contributing Sponsors:

Allstate Insurance - AdamWallace, BJ's Beverage
Bee Green Pest Solutions
CFG Wealth Management
Colby Enterprizes
Cutting Cave Haircuts for Men & Boys
Dasher Reprographics
Dr. Tracy Durham, DDS
Edward Jones - Veronica Voisine
Freedom Boat Club
Gastroenterology Consultants
GA Heritage Federal Credit Union

Heritage Bank
International Paper
JDX - Uniforms
Landmark 24 - Luann Zorn-Zipperer
Lighthouse Financial Group
Low Country Eye Care
Mike Hutson Plumbing
Molly MacPherson's Scottish Pub & Grill
Penny Rafferty Reality
Paper Clip Office Supply
Piros Eye - Judith Piros, MD
State Farm Insurance - Pat Parker
The Front Porch Coffeehouse
Strickland Funeral Home
Towne Lake Dental
Thomas & Hutton
Thrive Obstetrics & Gynecology

Our thanks also goes to Coca Cola and Sam's Club for donating drinks and snacks, as well as Adams Outdoor Advertising and Valpak for their advertising assistance. We appreciate the raffle prize donations from Buffalo Wild Wings, Kay Jewelers, Metro Diner and Texas Roadhouse that helped make our event a success.

The Pooler Lions Club is a non-profit service organization that helps those in need and makes a positive difference in their lives. The club meets on the fourth Tuesday of each month at 6 p.m. at Lovezzola's Restaurant, 320 Hwy. 80 E. Visitors are welcome, and suggestions for service projects are appreciated. The Lions Club motto is "We Serve."



Photos courtesy of The Lions Club



Across The Pond Exploration, Part I

By Dean Ayers

Both Cierra and I have a wanderlust for domestic and international travel; there is no shortage of fabulous destinations, cultures, and cuisine to explore. We visited London for a few days last year but decided we wanted to explore this great city and the countryside further.

My strategy for planning our adventures is to utilize the shoulder season benefits. Shoulder season is prior to and directly after the height of the tourist season. Traveling during peak periods usually leads to premium rates for airlines, hotels, restaurants, attractions, and overcrowding.

So, we headed across the pond; our adventure began the moment we landed at Heathrow. The transportation system in London is exceptional and efficient and offers a range of costs. So, taxis, buses, Uber are readily available and servicing most areas. Many residents and tourist alike take the Underground subway (the tube), now that's a fun experience providing you don't have too much luggage.

In our case, we rented a car and drove to the enchanting countryside of Bath. Driving in London is not for the faint of heart believe me. It can be a harrowing experience as it is counter-intuitive to what we are used to here is the U.S. I won't beleaguer the story but will say my iWatch kept signaling that my heart rate was very elevated... my wife was driving, I navigated.

After a wonderfully relaxing and historic visit to Bath, Lacock, Castle Combe, and Stonehenge, we drove back towards London and explored the medieval storybook Windsor Castle.

Windsor Castle is the royal residence at Windsor in the English county of Berkshire about 25 miles west of London. The original castle was built in the 11th century after the Norman, William the Conqueror invaded England. Since the time of Henry I, it has been used by the reigning monarch and is the longest-occupied palace in Europe. Inside the castle walls is the 15th-century St George's Chapel, considered to be "one of the supreme achievements of English Perpendicular Gothic design. Of course, this is the exact place where Harry and Meghan were married on May 19 and many other monarchs since Prince Edward and Princess Alexandra in 1863.

The quaint town of Windsor has the usual tourist shops and restaurants, but it is also quite beautiful with manicured lush gardens and parks to enjoy.

London is a large city and relying on taxis to get around can be very expensive. You cannot just hail a cab, you need to use your mobile and "order up a cabbie". We suggest utilizing the Underground or "tube" as Londoners like to call it. We purchased an Oyster Card that gives access to the Underground, London buses and many other forms of transporta-

tion. The Oyster Card is economical and easy to use...no waiting in lines to purchase tickets. You can buy the Oyster Card in conjunction with the London Pass which gives you admission and front of line privileges to many London sights and attractions including Tower of London, Westminster Abbey, The Shard, Thames River City Cruise and much more.

We chose to start with the Thames River City Cruise to orient ourselves to the city's layout and get a foundation of the city's history. Our

London Pass paid for the cruise from Westminster Abbey to Greenwich with stops at London Eye and Tower Bridge.



Westminster Abbey

We hopped on the tube from our hotel to Westminster Abbey station to see the traditional place of coronations and burial site for English and, later, British monarchs.

The Abbey is a working church and architectural masterpiece. It was founded more than 1,000 years ago as a Benedictine monastery but was rebuilt later in 1065 and finished as it is today by Henry III in Gothic style in 1245. Many royal weddings have taken place here including Queen Elizabeth and Prince William and Kate Middleton. Houses of Parliament are located opposite The Abbey and are worth your time to visit.



Tower of London

Our cruise ship and headed for Tower of London. 30 minutes later we arrived and walked to view the Crown Jewels, historic Royal Palace, Traitors Gate the notorious prison entrance. The Tower of London has played a prominent role in English history. It was besieged several times and controlling it has been essential to managing the country. The Tower has served variously as an armory, a treasury, a menagerie, the home of the Royal Mint, a public record office, and the home of the Crown Jewels of England. Unfortunately, photography is prohibited inside so leave your camera behind. The famous Tower Bridge is adjacent to Tower of London but is frequently, and incorrectly, identified as London Bridge.





Greenwich

The next and last stop on City Cruise Tour is Greenwich, which is a borough on the banks of the River Thames. Known for its maritime history, it's home to the Cutty Sark, a restored 19th-century clipper ship, the huge National Maritime Museum, and the classical buildings of the Old Royal Naval College. The modern O2 arena sits on a peninsula to the north. Overlooking peaceful Greenwich Park, the Royal Observatory is the site of the Greenwich meridian line.

Here's a tip for getting around with ease: Purchase a SIM card at the airport for your iPad or cell phone (must be an unlocked cell phone). Cost is about \$25. This gives you cellular service to access interactive city maps,

train schedules, restaurants, attractions, and even buy tickets. Most of these shops will install and activate the phones for you and when leaving replace the SIM card and you are back in business when you arrive back in the U.S.

Continue the journey with us in London and to the English countryside. The legendary locations in Bath / Bath Abbey, Lacock Abbey / Downton Abbey and Harry Potter location shots, Castle Combe, and Stonehenge in our upcoming issue.



FROM ORDINARY

TO *Extraordinary*

Custom Designed
Invitations & Announcements
at a sensible cost

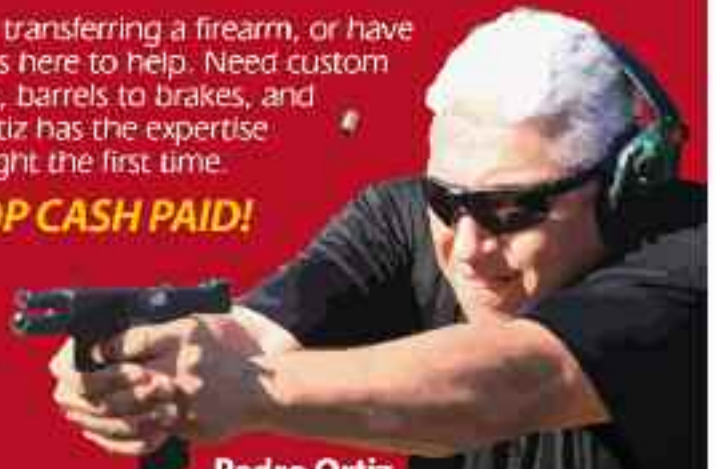
Wedding ✦ Anniversary
Milestone Celebrations
Bar / Bat Mitzvah ✦ Tributes
Birth Announcements
Special Events Websites

Affair of the *Arte*

www.AffairoftheArte.com ✦ By Appointment: 912.210-9905

Whether you're buying new or used, transferring a firearm, or have an item to sell, our team of experts is here to help. Need custom work done? From stocks to scopes, barrels to brakes, and from triggers to tritium sights, Ortiz has the expertise and equipment to do the job right the first time.

WE BUY GUNS • TOP CASH PAID!



Pedro Ortiz
Master Gunsmith

Featured in GunDigest

ortizcustomguns.com

BUY • SELL • TRADE • GUNSMITH

912•925•0799


ORTIZ
ORTIZ CUSTOM GUNS
Savannah's Largest Gun Store

7 E Montgomery Cross Road
Savannah, Georgia 31406



Notary

**The Pooler Chamber of Commerce
& Visitors Bureau, Inc.**

Now Offering Notary Services

Please call in advance for more information
and availability (912) 748-0110

Vox: POOLER



Pooler Podium is a new feature in Pooler Today. It is intended to give people who live and work in Pooler to express and share their opinions about public issues. Please send your comments to dean@ayersgroup.org for consideration. If selected, your comments and name will appear unedited. Let's be classy Pooler...no profanity, no vendettas, no character assassinations, etc... We reserve the right to make the final decision on all submissions. All articles will be reprinted exactly as submitted including your name.

We have so much to offer!

- Football 7-12
- Cheerleading 7-12
- Baseball 5-14
- Softball 7-12
- T-Ball - Girls 4-6 / Boys 4
- Spring Soccer 4-12
- Fall Soccer 4-12
- Youth Basketball 5-13
- Summer Basketball 9-13
- Volleyball 11-14
- Adult Sports
- Tumbling
- Dance
- And so much more!

POOLER PARK
900 South Rogers Street

POOLER RECREATION COMPLEX
200 Preston Stokes Drive

POOLER

P

Parks and Leisure Services

Pooler Recreation Center Upcoming Summer Activities

Tracy McGrady Foundation Basketball Camp
Youth Basketball League
High School Summer Basketball
GRPA District Baseball Tournament
Soccer Camp
Baseball and Softball Tournaments
High School Softball Camp
Kids and Pros Football Camp
Men's Basketball League

Pooler Gyms	June 4-8	3 Options: M/T/W, W/Th/F, or All Week
Pooler Gyms	June 4-30	Boys and Girls, (ages 10-14)
Pooler Gyms	June 4-30	Boys and Girls Teams
Rec Complex	June 22-23	Boys All Star Teams
Rec Complex	June 20-22	Boys and Girls, (ages 6 and up)
Rec Complex	June 9, 16, 30	Boys and Girls Teams
Rec Complex	July 16-18	Girls Teams
Rex Complex	July 25-26	Boys and Girls, (ages 8 and up)
Pooler Gyms	July-August	Men's Teams

*****Registration is now open
for fall activities:**

Youth Tackle football
Youth Flag football
Youth Soccer
Youth Cheerleading
Youth Volleyball



Urgent care you can trust.



GEORGIA EMERGENCY ASSOCIATES
IMMEDIATE CARE CENTERS



No appointment needed. Most Insurance accepted.

POOLER SAVANNAH | RINCON | HINESVILLE | BLUFFTON

www.getIMMEDIATEcare.com

Finding The Energy To Keep Moving Forward

By Dr. Daneen Skube
Tribune Content Agency

QUESTION: I have been through so many challenges in my career and life this year that I just want to take a permanent nap. How can I find the motivation to keep going when my get up and go has run out? I read all these books where it sounds like successful people run on constant expresso and have abundant energy. Can you succeed when you get exhausted?

ANSWER: Yes, realize a lot of people that write books and do motivational speaking are selling themselves and their brand more than telling the truth. You can succeed when you get exhausted if you realize that occasional exhaustion or burnout is simply part of being human.

Consider the ocean tides; there are times the tide comes in and times the tide goes out. Imagine if the ocean was constantly judging itself when the tide went out and tried to resist the pull of gravity?

There are simply times where our energy is high and we feel able to tackle the world. There are other times where our energy is low and a permanent nap sounds like an excellent idea. Success means we ride the wave when our energy is abundant and we allow ourselves to rest when we need to do so.

We all are rather melodramatic. We get thirsty and think we can drink an entire lake. We get hungry and think we can eat everything in the fridge. We get tired and think we will never again feel energized. We forget all these states are temporary and a little water, food, or rest can go a long way.

If you force yourself to be peppy when your tide is going out you'll get more exhausted and get very little accomplished. If you judge yourself and trudge on you simply won't get the rest or break your body, mind and heart is demanding.

Ironically if we are willing to surrender and take the necessary break, our gas tank will refill. We can then hit the road toward our goals once more. The bottom line is success does not require avoiding the normal outgoing tides.

Success depends on surrendering to the reality of your energy. If you fuel up when you are low and throw yourself into work when your energy is high, you'll do just fine.

A difficulty many of us have is trusting ourselves and our inner experiences. We often try to run our work decisions with our heads. The truth is our head should be the servant of our heart, not the other way around. Listening to our heart we know when to move and when to rest.

Think creatively about the best way to get a deep restful experience. Let your imagination run wild with where and how you might best recharge your batteries. Then deploy operation recharge. Remember all your goals, work and challenges will be right where you left them when you return energized and ready to tackle them.

QUESTION: Can you describe what you mean when you recommend to your readers get to know themselves?

ANSWER: Yes, our inner world is as vast as outer space, as mysterious and one of the unexplored frontiers of modern life. Getting to know ourselves means we bring curiosity and humility to observing how we operate and what is really driving our behavior and decisions.

**Honesty.
Respect.
Professionalism.
Courtesy.**

It's how I treat all my customers. And you can be sure I'll always do my best to meet your needs.

**Like a good neighbor,
State Farm is there.®**

CALL ME TODAY.



Pat Walter Parker, Agent
930A Morgan's Corner Road
Pooler, GA 31322
Bus: 912-330-9191
pat.parker.jlqm@statefarm.com



**DRIVE THRU
AND DROP OFF
YOUR
PRESCRIPTIONS**

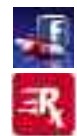
WE DELIVER



**110 Medical Park Drive - Pooler
(912) 748-3194**

Mon-Fri: 9 am - 7 pm
Sat: 9 am - 5 pm
Sun: 11 am - 5 pm

www.quickrxdrugs.com



Like Us
Follow Us

Get Our
Mobile App!

We receive texts to the work number

"Your Family Pharmacy"

*Easy transfers and we welcome most insurance!
Est. 1987 (6 locations serving Savannah area)*



To celebrate the 69th Anniversary, we at Greenbriar Children's Center, INC., want to challenge and encourage everyone to support Greenbriar's continued efforts to lift and protect local families and children.

\$6.90 - two meals for a hungry child

\$69 - one hour of counseling services for a family in crisis

\$690 - two months of quality, affordable childcare for one child

\$6,900 - two months of safe shelter, food, clothing, healthcare and social services for a homeless child

\$69,000 - two months of safe shelter, food, clothing, healthcare and social services for ten homeless children

Whether you can give \$6.90 or \$69,000, it all counts - together we can make a difference.

introduces the **690** CAMPAIGN
CELEBRATING 69 YEARS OF SERVICE



Giving and Serving: Together, we can make a Difference.

For More Information: www.greenbriarchildrenscenter.org





At-Home Treatments Can Often Heal Dry Cracked Heels

By Lawrence E. Gibson, M.D., Dermatology,
Mayo Clinic, Rochester, Minn.



DEAR MAYO CLINIC: My heels get very dry and cracked, and are sometimes painful. What can I do to help make them better?

ANSWER: There are several things you can do to help heal the skin on your heels. Cracked heels usually develop when the skin around the rim of the heel is dry and thickened and increased pressure applied to the fat pad under the heel causes the skin to split. To prevent this, moisturize often. Moisturizers provide a seal over your skin to keep water from escaping and your skin from drying out. Try rubbing your heels with a thick moisturizer, such as Eucerin or Cetaphil, several times a day. Some moisturizers contain keratolytic agents - such as urea, salicylic acid or alpha hydroxy acid - that help soften and exfoliate the skin, but they may cause slight stinging or irritation.

Foot soaks - in warm, plain or soapy water for about 20 minutes - may be helpful. Follow up with a loofah or foot scrubber, then coat your heels with a petrolatum-based ointment, such as Vaseline or Aquaphor. You might want to use petrolatum-based moisturizers before you go to bed, as they can feel a bit greasy. Slipping on a pair of socks over your moisturized feet may help lock in moisture overnight.

If these measures don't help, or if your heels become swollen or inflamed, talk to your doctor or a dermatologist. You may need a prescription ointment with stronger moisturizers or a steroid cream to relieve inflammation. Bandages or a special tissue glue can protect and hold the edges of the cracks together so that they can heal. Wearing supportive shoes and losing excess weight also may help relieve pressure on your feet.

If you have other skin conditions, such as psoriasis or eczema, you'll want to consult with your doctor as well, as this may affect treatment. If you have diabetes, it's especially important to take good care of your feet. Cracked heels that are left untreated may lead to infection and ulcers. (Adapted from Mayo Clinic Health Letter) - Lawrence E. Gibson, M.D., Dermatology, Mayo Clinic, Rochester, Minn.

Mayo Clinic Q & A is an educational resource and doesn't replace regular medical care. E-mail a question to MayoClinicQ&A@mayo.edu. For more information, visit www.mayoclinic.org.



READERS: If you're looking for a way to increase your physical activity, you might want to consider joining a walking group.

In a survey published early this year in the British Journal of Sports Medicine, investigators looked at data from studies involving close to 2,000 participants in group walking activities. They found that walking in a group effectively increased physical activity for participants. They also found that people who walked in a group were more likely to stick with the activity over the long term. In addition, group walking lowered blood pressure, body fat, body mass index and total cholesterol. Any type of walking done regularly is likely to achieve similar results, but group walking appears to lower these factors by a greater degree. Group walking also reduces the odds of depression and enhances physical functioning. All of these benefits occurred despite the fact that most of the walking groups' activity levels fell short of moderate activity guidelines.

To find a walking group, visit www.walkers.meetup.com.

Coastal Spirits
For all your holiday celebrations

912-450-1200

107 S. Godley Station Blvd - Pooler
(across the street from Goodwill)

Mon-Thurs 10 am - 10 pm
Fri-Sat 9 am-10 pm • Sun 12:30 pm-8 pm

Specialty Craft Beers Available



WINE BEER LIQUOR CIGARS CIGARETTES



T. HOWARD REIMER



PHOTOGRAPHY

2018 Legacy Ball - An Evening in Casablanca
National Museum of the Mighty Eighth Air Force

Photos By: T. Howard Reimer
thowardreimer.smugmug.com

The Pooler Today Index of Neighborhood Sponsors is provided for easy access when searching for a trusted vendor of services. Pooler Today Magazine is produced just for you, and our collective efforts would not be possible without the support of our distinguished advertisers. We thank you in advance for patronizing these businesses often, and letting them know you appreciate their support of your Pooler community.

ACADEMICS

Georgia Southern University
Student Services
GeorgiaSouthern.edu

Kumon Pooler

Janese Cooper
(912) 920-8899

Mathnasium

Aileen Clarkson
(912) 330-0666

Savannah Adventist Christian School

Client Services
(912) 748-5977

Savannah Country Day School

Client Services
(912) 925-8800

AUDIOLOGY & HEARING AIDS

Audiology & Hearing Aid Service
Client Services
(912) 351-3038

BANK / FEDERAL CREDIT UNION

Members First Credit Union

Client Services
(912) 352-2902

GeoVista Credit Union

Client Services
(912) 748-6401

BEVERAGE & SPIRITS

Coastal Spirits
Sarju Patel
(912) 450-1200

CHAMBERS

Pooler Chamber of Commerce and Visitor Bureau, Inc.
Pam Southard
(912) 748-0110

COIN, CURRENCY & JEWELRY

Miller's Coin & Currency
Joey Ashley
(912) 330-9919

CUSTOM HOME BUILDERS

Mungo Homes
Client Services
(803) 749-8000

DENTAL

Chatham Oral & Maxillofacial Surgery, P.C.

Frank Scarborough, D.M.D. F.A.C.O.M.S.
Michael Wilson, D.M.D. F.A.C.O.M.S.
(912) 354-1515, (912) 748-436

Dentistry at Godley Station

Tracy E. Durham, DDS, P.C.
(912) 748-4494

EMPLOYMENT / STAFFING

Horizon Staffing

Lisa Yannett
(912) 355-5966

FINANCIAL ADVISOR

Edward Jones

Veronica L. Voisine, AAMS
(912) 748-6512

GUNS

Ortiz Custom Guns

Pedro Ortiz, Gunsmith
(912) 925-0799

HEALTH CARE

The Rehabilitation Institute

Memorial University Medical Center
Pooler Office
(912) 273-1000

St. Joseph's / Candler Immediate Care

Pooler Office
(912) 450-1945

St. Joseph's Candler

Pooler Physical Therapy
(912) 964-0007

HOUSE OF WORSHIP

First Presbyterian Church of Pooler

John Fender, Pastor
(912) 330-9415

INSURANCE

State Farm

Pat Walter Parker, Agent
(912) 330-9191

LANDSCAPE DESIGN, SERVICES

The Greenery, Inc

Client Services
(912) 450-3000

LAND SURVEYING SERVICES

Brewer Land Surveying

J. Craig Brewer
(912) 856-2205

PARKS, RECREATION, LEISURE

Parks and Leisure Services

Hugh Elton, Director
(912) 748-5776

Pooler Senior Center

Susan Edwards
(912) 330-0493

PHARMACY RX

Pooler Pharmacy

Patient Services
(912) 348-4420

Quick RX Drugs

Client Services
(912) 748-3194

PHOTOGRAPHY

T. Howard Reimer Photography

T. Howard Reimer
(912) 401-9485

REAL ESTATE

Keller Williams

Heather Murphy, Owner / Broker
(912) 335-3956, (912) 356-5001

SOCIAL STATIONERY/INVITES

Affair of the Arte

Design & Consulting Services
(912) 210-9905

VETERINARIAN / HOSPITAL

Godley Station Animal Hospital

Client Services
(912) 748-8805

Thank You
SPONSORS

For advertising information contact:

Barbara Anderson

Sr. Account Manager

(912) 631-5000

Barbara@AyersGroup.org
www.AyersGroup.org



Join Today!

Anyone who lives, works, worships or attends school in Chatham, Effingham, Bryan, Bulloch or Liberty County may join our credit union!

Full financial services - savings, checking, loans, and more! Convenient access to your account with Internet and Mobile Banking, Bill Payer and ATMs.



POOLER BRANCH

The Shops at Godley Station / 107 Grand Central Blvd., Suite 201

912-748-6401

www.geovistacu.com



POOLER

The Ayers Group, LLC Publication

Today

463 Pooler Parkway, Suite 110
Pooler, Georgia 31322-4200

POOLER RESIDENT

Miller's

COINS & CURRENCY

*Savannah's one stop shop for all
your precious metal needs.*



CURRENTLY BUYING

Gold • Silver • Diamonds
Coins • Currency Collections
Rolex Watches • Estate Jewelry

330-9919

1212 HWY 80 East, Suite 700
Pooler, GA 31322

MILLERSCOINS.NET



Hwy. 80 across from Spanky's in Pooler