



# MT. HEBRON



# GIRLS LACROSSE CAMP

Mon. June 15th - Fri. June 19th  
5:30pm - 7:30pm @  
Mt. Hebron Highschool



## GRADES 1ST - 9TH

Players will be separated based on  
ages and level of play  
(beginner to advanced)


## WHAT TO BRING

Lax Stick      Goggles  
Mouth Guard      Snacks  
Sneakers      Cleats

## PRICE

\$150 per Camper  
\$125 per Camper (Multi-Child)

## WHAT ARE WE GOING TO DO?

- Stick Skills
- Shooting
- Dodging
- Draw Taking
- Goalie Training
- Game IQ
- Defensive Footwork
- Competitions to Win Prizes! 

## THEME DAYS

- Mon. → None
- Tues. → USA
- Wed. → Fav Sports Team
- Thurs. → Crazy Hair Day
- Fri. → Mt. Hebron

## COACHES

- Sam Brookhart, Head Coach
- Trish Marton, Asst. Coach
- Alumni Collegiate Players
- Current Players

SIGN UP HERE  
[www.vikingbackers.org](http://www.vikingbackers.org)