

V6 – FRIENDS: Unagi

Part 1 – Topic Speaking: Martial Arts and Self Defense

Directions: Discuss the following questions with a partner.

1. Have you ever taken a self-defense class?
2. Have you ever studied a martial art?
3. What's the difference between a martial arts class and a self-defense class?
4. What is the best martial art for self-defense?
5. Do you think it is important for women to take a self-defense class?
6. Do you think MMA fighting is too dangerous?
7. Who is your favorite martial arts actor?
8. What is your favorite martial arts movie?
9. If you could master one martial art which one would you choose?
10. Do you think martial arts training can increase your self-esteem?

Part 2A - Vocabulary Review:

Directions: Discuss the meaning with a partner. Next, review as a class.

Vocabulary	*	Definition or Translation
1. crotch	6	
2. pretend	11	
3. predator	11	
4. concept	12	
5. be familiar with	12	
6. total awareness	20	
7. reservations	24	
8. curious	31	
9. dramatic measures	33	
10. get out of	50	

*NOTE: the number indicates where the vocabulary is located in the script.

Part 2B - Vocabulary Speaking:

Directions: Choose 5 vocabulary words and create a question. Next, discuss your questions with a partner.

Word	Question
Ex: tough	What is the <i>toughest</i> course you have ever taken?
1.	
2.	
3.	
4.	
5.	

Part 3 – Script & Video

Directions: Complete Back2Back Reading (see Script below), then watch the video.

Part 4 - Comprehension Questions:

Directions: Discuss with a partner then review as a class.

1. What class did Rachel and Phoebe attend?

2. Why did Ross think self-defense class was not enough for them?

3. According to Ross, what is "Unagi"?

4. Why did Ross scare Rachael and Phoebe by surprising them?

5. Who were hiding in Ross's room?

6. What did Phoebe and Rachel do when they saw Ross in the apartment?

7. Why did Ross attend the self-defense class?

8. What question did Ross ask the instructor? Why?

9. Who did Ross attack outside?

10. Did Rachel and Phoebe help Ross?

Part 5 – Writing:

Directions: In 2 to 3 sentences, write your opinion about the video.

A – Back2Back Reading

Directions: Read 'odd' numbers + Listen & fill in 'even' numbers



Friends – Unagi

- 1. Ross: Hi!
- 2. Phoebe: _____!
- 3. Ross: Hey, what have you guys been up to?
- 4. Phoebe: Ohh! We went to a _____ class today!
- 5. Ross: Wow!
- 6. Rachel: Yeah, kicking a guy in the _____ all morning really takes it out of ya!
- 7. Joey: Takes it out of you?
- 8. Phoebe: Now, we can _____ anybody's ass!
- 9. Rachel: Yeah!
- 10. Ross: After one class? I don't _____ so.
- 11. Rachel: What? You wanna see me self-defend myself?! Go over there and pretend you're a sexual predator! Go on! I dare ya!!
- 12. Ross: Well, of course you can defend yourself from an _____ you know is coming, that's not enough. Look, I studying kara-tay for a long time, and there's a _____ you should really _____. It's what the Japanese call unagi.
- 13. Rachel: Isn't that a kind of sushi?
- 14. Ross: No, it's a _____!
- 15. Phoebe: Yeah it is! It is! It's freshwater eel!
- 16. Ross: All right, maybe it _____ that too...
- 17. Rachel: Ohh! I would kill for a salmon skin roll right now!
- 18. Ross: Y'know what? Fine! Get _____! I don't even care!

- 19. Phoebe: Come on Ross. We're sorry. Please tell us what it is.
- 20. Ross: Unagi is a state of total _____. Okay? Only by _____ true unagi can you be _____ for any danger that may befall you!
- 21. Phoebe: You mean in case someone is trying to steal your bamboo sleeping mat or your kettle of fish?
- 22. Ross: All I'm saying is, it's one thing being pr _____ epared for an attack _____ like each other; whole other story being prepared for an _____, I don't know, like a surprise!!
- 23. Ross: All right, you knew that one was coming, but that doesn't mean you have unagi.
- 24. Rachel: Ooh! Ya'know what? If we made _____, we could have unagi in about a _____.
- 25. Ross: Y'know what...
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- 26. Ross: _____!!! _____!!!!
- 27. Phoebe: Ross!!!
- 28. Rachel: What the _____ was that?!
- 29. Ross: A lesson in the importance of unagi.
- 30. Phoebe: Ohh, you're a _____!!
- 31. Ross: Perhaps. Now I'm curious, at what point during those girlish screams would you have begun to kick my ass?
- 32. Rachel: All right, so we _____ prepared!
- 33. Ross: I'm sorry I had to take such drastic measures to make my point, but I—look, I just want you guys to be safe. DANGER!!!! Ahhh, huh? Unagi.
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B – Back2Back Reading

Directions: Read 'even' numbers +
Listen & fill in 'odd' numbers



Friends – Unagi

- 1. **Ross:** _____!
- 2. **Phoebe:** Hey!
- 3. **Ross:** Hey, what have you guys _____ to?
- 4. **Phoebe:** Ohh! We went to a self-defense class today!
- 5. **Ross:** _____!
- 6. **Rachel:** Yeah, kicking a guy in the crotch all morning really takes it out of ya!
- 7. **Joey:** _____ it out of you?
- 8. **Phoebe:** Now, we can kick anybody's ass!
- 9. **Rachel:** _____!
- 10. **Ross:** After one class? I don't think so.
- 11. **Rachel:** What? You wanna see me _____ myself?! Go over there and _____ you're a sexual _____! Go on! I _____ ya!!
- 12. **Ross:** Well, of course you can defend yourself from an attack you know is coming, that's not enough. Look, I studying kara-tay for a long time, and there's a concept you should really be familiar with. It's what the Japanese call unagi.
- 13. **Rachel:** Isn't that a kind of _____?
- 14. **Ross:** No, it's a concept!
- 15. **Phoebe:** Yeah it is! It is! It's _____!
- 16. **Ross:** All right, maybe it means that too...
- 17. **Rachel:** Ohh! I would kill for a _____ skin roll right now!
- 18. **Ross:** Y'know what? Fine! Get attacked! I don't even care!

- 19. **Phoebe:** _____ Ross. We're sorry. Please tell us what it is.
- 20. **Ross:** Unagi is a state of total awareness. Okay? Only by achieving true unagi can you be prepared for any danger that may befall you!
- 21. **Phoebe:** You mean _____ someone is trying to _____ your bamboo sleeping mat or your kettle of fish?
- 22. **Ross:** All I'm saying is, it's one thing being prepared for an attack against like each other; whole other story being prepared for an attack, I don't know, like a surprise!!
- 23. **Ross:** All right, you knew that one was coming, but that doesn't _____ you have unagi.
- 24. **Rachel:** Ooh! Ya'know what? If we made reservations, we could have unagi in about a half-hour.
- 25. **Ross:** Y'know _____ ...
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- 26. **Ross:** DANGER!!! DANGER!!!!
- 27. **Phoebe:** _____!!!
- 28. **Rachel:** What the hell was that?!
- 29. **Ross:** A lesson in the _____ of unagi.
- 30. **Phoebe:** Ohh, you're a freak!!
- 31. **Ross:** Perhaps. Now I'm _____, at what point during those girlish screams would you have begun to kick my ass?
- 32. **Rachel:** All right, so we weren't prepared!
- 33. **Ross:** I'm sorry I had to take such _____ measures to _____, but I—look, I just want you guys to be safe. DANGER!!!! Ahhh, huh? Unagi.
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Part 4 - Comprehension Questions & Answers

Questions & Answers	
1. What class did Rachel and Phoebe attend?(Line1-4)	They attended a self-defense class.
2. Why did Ross think self-defense class was not enough for them?(Line 12-14)	Ross thought it was not enough for them because they didn't know about the concept called "Unagi"
3. According to Ross, what is "Unagi"?(Line19-25)	According to Ross, Unagi is a state of total awareness.
4. Why did Ross scare Rachael and Phoebe by surprising them?(Line 26-33)	Ross scared them because he wanted to give them a lesson on how important it is to learn "Unagi".
5. Who were hiding in Ross's room?(Line 34-39)	Rachel and Phoebe were hiding in his room.
6. What did Phoebe and Rachel do when they saw Ross?(Line 46-50)	They captured him and pinned him to the floor.
7. Why did Ross attend the self-defense class?(Line 51-54)	Ross attended the self-defense class because he wanted to ask a couple of questions to the instructor about self-defense.
8. What question did Ross ask the instructor? Why? (Line 55-64)	He asked him how to attack women because he needed advice on how to defeat Rachel and Phoebe.
9. Who did Ross attack outside?(Line 65-70)	Ross attacked two women outside. He thought it was Rachel and Phoebe but it wasn't!
10. Did Rachel and Phoebe help Ross?(Line 71-73)	No, they didn't help Ross.