



Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

Lunch 外帶堂食午餐服務

Monday to Friday 周一至周五

11:30AM-12:15PM/ 12:15PM-1:00PM

Dine-in Breakfast 堂食早餐服務

Monday to Friday 周一至周五 9:00AM-9:30AM

Social Assistance Services 社工服務

Monday to Friday 周一至周五 9:00AM-12:00PM



2023 三月份的中心活動日曆

Calendar March 2023 In person, Hybrid & Virtual

WHOLE DAY

- ❖ Computer Lab 電腦室/ Library 圖書室 (newspaper& books 当日报纸, 图书)
- ❖ Fitness Center 健身中心/ Ping Pong 乒乓球 9am-3pm
- ❖ Mahjong/ Chinese Chess 麻将 / Multimedia: TV show/ movie day 电影, 电视



Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
<p>9:30am-10:30am Yuan Chi Danc 元极舞(中心大厅)</p> <p>9:30am-11:00am Piano Class 钢琴课</p> <p>9:00am-3:00pm Ping Pong 乒乓球</p> <hr/> <p>Photo Booth with JingLu (3月6日; 3/06/2022)</p> <p>敬請留意我們耆英的微信公眾號上的更新通知。(下載微信軟件, 然後掃二維碼, 加入我們的微信群。)</p> <p>Please pay attention to the notice on our WeChat official account. (Simply download the App, scan the QR code to add us!)</p>	<p>9:00am-3:00pm Ping Pong 乒乓球</p> <p>9:30am-11:45am Calligraphy/ Chinese Painting 書法班/中国画</p> <p>9:30am-11:00am Smart phone and Tablet class (Hybrid) Zoom ID698 491 2039 Passcode (密碼): chscchsc 手機, 平板電腦應用課(粵語授課).</p> <hr/> <p>1:00pm-2:30pm Social Dance Class 交谊舞课</p> <p>1:00pm-3:00pm Computer Class 電腦課@ Zoom ID748 6387 504, Passcode 密碼: 3cLnYE</p>	<p>9:30am-10:30am Tai Chi 太极(中心大厅)</p> <p>9:30am-11:30am Origami/ Paper Folding 折纸艺</p> <p>9:45am-11:00am English Conversation 英语会话课</p> <p>10:30am-11:30am Blood pressure 量血壓</p> <hr/> <p>1:00pm -3:30pm Chinese Opera 京剧</p> <p>1:30pm-3:15pm Karaoke 卡拉 OK</p> <p>1:00pm-3:00pm Computer Class 電腦課@ Zoom ID748 6387 504, Passcode 密碼: 3cLnYE</p>	<p>9:00am-3:00pm Ping Pong 乒乓球</p> <p>9:30am-10:30am Zumba 森巴舞 (3月16日, 3月30日)</p> <p>10:30am -11:30am Dance Class 民族舞蹈课</p> <p>9:30am-10:30am Square Dance 廣場舞(3月02日)</p> <hr/> <p>1:00pm -3:00pm Social Dance Group 交谊舞</p> <p>1:00pm -3:00pm Photo and Video 摄影与剪辑</p> <p>10:30am -11:30am (3/2/2023) Tea Time with Heather 劉小姐茶话會 (3月2日)</p> <p>10:30am -11:30am 3/02/2023 Nutrition Workshop (3月23日)</p>	<p>9:00am-3:00pm Ping Pong 乒乓球</p> <p>9:30am-10:30am NEW Square Dance 廣場舞 (3月10日, 3月17日, 3月24日, 3月31日)</p> <p>9:30am-11:30am ESL@ Zoom 英文课 Zoom ID 95136974069 Passcode(密碼): 017401</p> <p>10am-11:30am Music Group 音乐组</p> <p>10:00am-11:30am Art for Well-being improvement 美术制作课</p> <hr/> <p>1:00pm-3:00pm Chorus 合唱</p>

中心已经重新开放, 活动正式增加回归, 敬请关注我们的微信公众号的活动更新通知。The City Hall Older Adult Center Operation Hours: 8:30am – 4:30pm

Please stay tuned for more info. on our WeChat official account or visit us: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

The City Hall Older Adult Center is funded by the New York City Department for the Aging