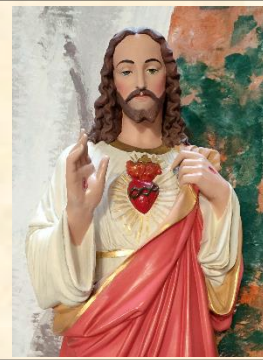




Sacred Heart Parish Preston



322 Bell St, Preston 3072
Phone (03) 9480 3398 or (03) 9484 2124
Email: preston@cam.org.au
Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest

Fr Aloysius Nato, SVD

Italian Community Chaplain:

Fr Albano Da Costa, SVD
0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officers:

Robert Dullard

Safeguarding Committee: Members:

Mary Harb, Teresa Dang, Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna, Natalie Baran, Judeline Wadhvani and Joanne Verga

Parish Finance Committee:

Peter Constable (Chair)

St. Vincent de Paul Society:

Stephen Costello (President)

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (*Italian*), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of February, May, August & November at 1:30pm

Next Healing Mass: Friday 3 May 2024

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour.
(Excluding last Thursday of the month)



Holy Rosary: Thursday (English) after the 9:10am Mass

Reconciliation:

NOW - Every Saturday at 5:15pm

Baptisms & Weddings: By appointment only

Breakfast with Fr Aloysius

1st Monday of the month, the next one is on **Monday 4 March** in the presbytery after 9:10am Mass.

Bulletin printed 9/2/2024

Our Parish is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

6th Sunday in Ordinary Time (Year B) Sunday 11 February 2024

Most of us at some time in our lives know the pain of being excluded, shut out, cut off. We feel the hurt deep inside. The wish to belong is one of the most powerful human desires. When you think about it, it is more than a wish – it is a human instinct. Belonging is a vivid feature of the ministry of Jesus. He is constantly welcoming, inclusive and hospitable.

The tragic irony is that Jesus' open-hearted acceptance of all people, especially those who had been cast aside by either secular or religious authorities led to his own expected exclusion and execution outside the walls of the city.

Today we hear how Jesus – and not just for this one time -is prepared to exchange places with an outcast. His miraculous touch brought healing to a leper who he touches and cures, and who after showing himself to the presiding religious authority and presenting an offering would be free to take his place in society. Jesus, though, by touching and interacting with the leper broke the law demanding separation from the unclean. He, by His healing action chose to render Himself an outcast for the sake of healing another and was compelled 'to no longer go openly into any town'. He, from that point, moved out to uninhabitable territory to continue His mission to proclaim and spread God's love, healing and compassion to those who had heard of His works and continued to follow Him.

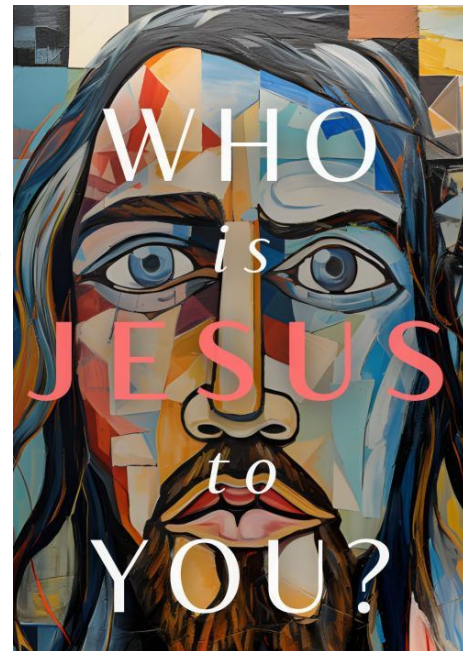
Through the centuries, this gospel story has inspired many disciples of Jesus: and we too are called to be the hands of Jesus that bring a healing touch to the down trodden, the broken hearted, abandoned, the sick and alone. We are true disciples of Jesus to the extent that we do everything within our compacity to welcome all to the table of life and support others striving to bring Jesus' healing touch to the poor and marginalized in our communities.

Towards the end of her life after long illness Mother Teresa was asked, "Who is Jesus to you?"

Her reply:

Jesus is the Word made Flesh - the Bread of Life. Jesus is the Victim offered for our sins on the Cross. Jesus is the Sacrifice at Holy Mass for the sins of the world and mine. Jesus is the Word – to be spoken, the Truth – to be told, the Way – to be walked, the Life – to be loved, the Joy – to be shared. Jesus is the Bread of Life – to be eaten, the Hungry – to be fed, the Thirsty – to be satiated. Jesus is the Naked – to be clothed, the Homeless – to be taken in, the Sick – to be healed.

Jesus is the Lonely – to be loved. Jesus is the Unwanted – to be wanted. Jesus is the Leper – to wash his wounds, the Beggar – to give him a smile. Jesus is the Drunkard – to listen to him, the Little One – to embrace him, the Dumb – to speak to him. Jesus is the Crippled – to walk with him, the Drug Addict – to befriend him, the Prostitute – to remove from danger and befriend her. Jesus is the Prisoner – to be visited, the Old – to be served.



Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00PM Mass - Readers	Saturday 6:00PM Mass - Ministers of Communion
10-Feb-24	Rohan Lemos Terry Murphy	Mary Harb
17-Feb-24	Celia Lemos Marlene Vergou	Terry Murphy
24-Feb-24	Celia Lemos Mary Harb	Charlotte Bainy

	Sunday 10:30AM Mass - Readers	Sunday 10:30AM Mass - Ministers of Communion
11-Feb-24	Jessica Suppiah Hannah Lopez	Tony Eley
18-Feb-24	Jessy Thambiraj Albert D'Souza	Eileen Stevens
25-Feb-24	Ophelia Swai Judeline Wadhvani	Giovanna D' Intino

	Sunday 6:00PM Mass - Readers	Sunday 6:00PM Mass - Ministers of Communion
11-Feb-24	Natalie Baran Tim Rankin	Damian Casamento
18-Feb-24	Tim Rankin	Robert Dullard
25-Feb-24	Tim Rankin Michelle Totawatte	Damian Casamento

WE PRAY FOR:

The elderly and the sick

Sandra Bishop, John Storrie
Our Sacred Heart School student Samantha Corsi
Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

Those who have died recently:

Alma Camilleri (RIP 3/2) Funeral-Tues 13/2 at 11am

We Commemorate:

Luciano Verga (14th Anniv.)

Giuseppe (Joe) Verga (5th Anniv.)

O Lord may perpetual light shine upon them.

May they rest in peace. Amen.



Last Week's Collection: 4.2.2024

1st Collection for our Church: \$1,070

2nd Collection for support of clergy: \$671

Thank you for your kind generosity!



Sacrificial giving via QR code

To support our parish and priest, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps. The QR code is also displayed in the Church foyer.

Kindly consider donating to both the Church and Presbytery accounts.

Many thanks for your continued generosity and support to Sacred Heart parish.



ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.



We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



✠ Solemnities / Feasts / Memorials of the Week ✠

Wednesday 14 February Ash Wednesday (Fast & abstinence)

Saturday 17 February The Seven Holy Founders of the

Servite Order



THOUGHTS FROM POPE FRANCIS

Prayer gives us the strength to strive ahead, overcome our fears, and glimpse the salvation that God prepares for us, even amid the darkness. Prayer also draws God's salvation near.



Dates to Remember

Wednesday 14 February - Ash Wednesday

Masses: 9:10am & 7:00pm

All Thursdays during Lent –

Lenten reflection and Adoration

7:30pm – in the Church

All Fridays during Lent –

Stations of the Cross – after 9:10am Mass in the Church



PARISH LITURGY TEAM MEETING

“Liturgy” comes from a Greek term meaning “public work or work done on behalf of the people” and is central and fundamental to the unity and ongoing life of the Church.

It is vital for every parish to form a strong, active and experienced Liturgy Team to enhance and provide rich liturgical experiences that will involve all members of our attending Community. This requires a common understanding of the purpose, themes, sources and structure of the Liturgies.

Sacred Heart Parish wishes to reimagine ways in which we can further enhance our offering of rich liturgical experiences to everyone who attends our parish. We are keen to reconvene with volunteers of all groups that contribute to liturgies. An important meeting will be held on:

Tuesday 20 February

commencing at 7.00 pm sharp in the presbytery.

Volunteers of the following groups are expected and encouraged to attend:

All choirs, Readers, Communion Ministers, Collection Ministers, Sacristans, Slide Projectionists, Parish Environment (Cleaning and Decoration)

We look forward to seeing you at this vital meeting to enrich the liturgical life of our parish as we journey through the holy season of Lent and beyond, with fresh hearts and minds.

If you are able to attend, please email Rachel Costa, Parish Secretary on Preston@cam.org.au

Light refreshments will be served.

Fr Aloysius and the current Liturgy Group



Come for a Cuppa after 10:30am Mass



Please join us after the 10:30am Mass for a cup of tea or coffee at **Sacred Heart School.**

All are welcome

Project Compassion Sunday - 10 & 11 February



Please take home a Project Compassion box or a set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **for all future**

generations. With your support, Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction to build a better future for all.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.



NEW LIFE IN GOD'S SPIRIT

An eight-week seminar every Wednesday

Commencing on the 7th of February 2024 with Mass

TIME: 1:30pm – 3:00pm

St. Raphael's Catholic Church

17 Hardy St. Preston West

For More Details Contact

Marijana 0422 340 675

The Living Gospel Prayer Group

7/2—Mass and introduction

14/2 – session 1 - God's promise – you will receive power

21/2 – session 2 - The unconditional love of God

28/2 – session 3 - Jesus is Lord

6/3 – session 4 - The gift of God's Spirit

13/3 – session 5 - Forgiveness, healing and reconciliation

20/3 – session 6 - New life in God's Spirit

27/3 - sessions 7/8 - Growth and community in the Lord



Lenten Regulations

Ash Wednesday and Good Friday are days of Fasting and abstinence from meat.

On all other Fridays, except solemnities, the law of the common practice of penance is fulfilled by performing any one of the following:

- Prayer:** e.g., Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary; or in other ways.
 - Self Denial:** e.g., not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country or elsewhere; or in other ways. Project compassion is a major means of expressing our self-denial in Australia.
 - Helping Others:** e.g., special attention to someone who is poor, sick, elderly, lonely or over-burdened; or in other ways.
- * All who have completed their 18th year and have not yet begun their 60th year are bound to fast. All who have completed their 14th year are bound to abstain. (Canon 1252)
 - * The Season of Lent is a time of penance. During Lent the faithful are exhorted to devote themselves in a special manner to prayer, to engage in works of piety and charity, and to deny themselves.
 - * Each of the faithful is obliged to receive Holy Communion at least once a year. This precept must be fulfilled between Ash Wednesday, 14 February 2024 and Trinity Sunday 26 May 2024 unless for a good reason it is fulfilled at another time during the year.
 - * The wonderful gift of the Lord's merciful love is offered in a special way in the Sacrament of Reconciliation. Lent is a most appropriate time to receive this Sacrament. All faithful who have reached the age of discretion are bound faithfully to confess their grave sins at least once a year.

LENT

“Lent is a time for renewing faith, hope and love.”

– Pope Francis

In Lent's soft glow, a time to find,
A quiet space within the mind.
Let kindness bloom in deeds so small,
Embrace the journey, heed the call.
Release the weight that holds you tight,
In sacrifice, discover light.
Through prayer and love, let hope ignite,
A season's gift, a soul's respite.
In humble steps, a path unfurls,
Transforming hearts in quiet swirls.
Lent's tender touch, a chance to see,
The beauty in simplicity.

“Dear Lord, in this Lenten season, guide me on a path of reflection and transformation. Help me surrender the unnecessary, embrace humility and rediscover the joy of simplicity. May my journey draw me closer to You, renewing my spirit with grace and love. Amen.”



Laudato Si'
Caring for our common home



Pope Francis, in Laudate Deum, calls us to personal conversion, changing our values so we can change the values of society from deep within. The aim is to create a culture of care for our beloved home, Earth. Lent, starting this Wednesday is a good time to work on our ecological conversion towards greater care for Earth. Following the old model of making sacrifices during Lent, we could eat less meat or drive our car less. We could also work on a larger scale. **Our Common Home: A Guide to Caring for Our Living Planet** available on <https://www.sei.org/publications/ourcommonhome/> gives lots of suggestions, big and small, for actions we can take.



LENT 2024 WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed!

For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent>
Go to BruceDownes.org for more information.



Joke Corner

A man and his wife, now in their 70s, were celebrating their 50th wedding anniversary. On their special day a good fairy came to them and said that because they had been so good that each one of them could have one wish. The wife wished for a trip around the world with her husband. Whoosh! Immediately she had airline/cruise tickets in her hands.

The man wished for a female companion 30 years younger. Whoosh! Immediately he turned a hundred!



ENTRANCE ANTIPHON

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your
name.

PENITENTIAL ACT

I confess to almighty God and to you,
my brothers and sisters, that I have
greatly sinned, in my thoughts and in
my words, in what I have done and in
what I have failed to do,

And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;
therefore, I ask blessed Mary Ever-
Virgin, all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on
earth peace to people of good will. / We
praise you, / we bless you, / we adore
you, / we glorify you, / we give you
thanks for your great glory, / Lord God,
heavenly King, / O God, almighty
Father. / Lord Jesus Christ, Only
Begotten Son, Lord God, Lamb of God,
Son of the Father, / you take away the
sins of the world, / have mercy on us; /
you take away the sins of the world, /
receive our prayer; / you are seated at
the right hand of the Father, / have
mercy on us. / For you alone are the
Holy One, / you alone are the Lord, /
you alone are the Most High, / Jesus
Christ, / with the Holy Spirit, / in the
glory of God the Father. / Amen.

FIRST READING

Leviticus 13:1-2,44-46

The Lord said to Moses and Aaron, ‘If
a swelling or scab or shiny spot appears
on a man’s skin, a case of leprosy of the
skin is to be suspected. The man must
be taken to Aaron, the priest, or to one
of the priests who are his sons.

‘The man is leprosy: he is unclean. The
priest must declare him unclean; he is
suffering from leprosy of the head. A
man infected with leprosy must wear
his clothing torn and his hair
disordered; he must shield his upper lip
and cry, “Unclean, unclean.” As long
as the disease lasts he must be unclean;
and therefore he must live apart: he
must live outside the camp.’

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 31(32):1-2,5,11

The Response Is:

***I turn to you, Lord, in time of trouble,
and you fill me with the joy of
salvation.***

Happy the man whose offence is
forgiven,

whose sin is remitted.

O happy the man to whom the Lord

imputes no guilt,

in whose spirit is no guile.

***I turn to you, Lord, in time of trouble,
and you fill me with the joy of
salvation.***

But now I have acknowledged my sins;
my guilt I did not hide.

I said: ‘I will confess

my offence to the Lord.’

And you, Lord, have forgiven

the guilt of my sin.

***I turn to you, Lord, in time of trouble,
and you fill me with the joy of
salvation.***

Rejoice, rejoice in the Lord,

exult, you just!

O come, ring out your joy,

all you upright of heart.

***I turn to you, Lord, in time of trouble,
and you fill me with the joy of
salvation.***

SECOND READING

1 Corinthians 10:31-11:1

Whatever you eat, whatever you drink,
whatever you do at all, do it for the
glory of God. Never do anything
offensive to anyone – to Jews or
Greeks or to the Church of God; just as
I try to be helpful to everyone at all
times, not anxious for my own
advantage but for the advantage of
everybody else, so that they may be
saved. Take me for your model, as I
take Christ.

The Word of the Lord

All: Thanks be to God.

Please stand for the Gospel

Acclamation.

GOSPEL ACCLAMATION

Alleluia, alleluia!

A great prophet has appeared among
us;

God has visited his people.

Alleluia!

GOSPEL

Mark 1:40-45

A leper came to Jesus and pleaded on
his knees: ‘If you want to’ he said ‘you
can cure me.’ Feeling sorry for him,
Jesus stretched out his hand and
touched him. ‘Of course I want to!’ he
said. ‘Be cured!’ And the leprosy left
him at once and he was cured. Jesus
immediately sent him away and sternly
ordered him, ‘Mind you say nothing to
anyone, but go and show yourself to the
priest, and make the offering for your
healing prescribed by Moses as
evidence of your recovery.’ The man
went away, but then started talking
about it freely and telling the story
everywhere, so that Jesus could no
longer go openly into any town, but had
to stay outside in places where nobody
lived. Even so, people from all around
would come to him.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

APOSTLES' CREED

I believe in God, / the Father almighty,
/ Creator of heaven and earth, / and in
Jesus Christ, his only Son, our lord, /
who was conceived by the Holy Spirit,
/ born of the Virgin Mary, / suffered
under Pontius Pilate, / was crucified,
died and was buried; / he descended
into hell; / on the third day he rose
again from the dead; / he ascended into
heaven, / and is seated at the right hand
of God the Father almighty; / from
there he will come to judge the living
and the dead. / I believe in the Holy
Spirit, / the holy catholic Church, / the
communion of saints, / the forgiveness
of sins, / the resurrection of the body, /
and life everlasting. Amen.

COMMUNION ANTIPHON

They ate and had their fill,

and what they craved the Lord gave
them;

they were not disappointed in what
they craved.

