

American Heart Association Learn and Live



Most of the time, choosing the clothes to wear isn't that critical. But on National Wear Red Day, it's vitally important. That's because wearing red helps increase awareness to fight the no. 1 killer of American women - heart disease. One day a year, what you choose to wear is a matter of life and death.

Falls Community Hospital Lobby February 2, 2018 11am - 2pm

## FREE

Blood glucose check Blood pressure check Health & nutrition info Risk assessment Hands Only CPR

to learn about the choices you can make to live a heart-healthy life visit GoRedForWomen.org.