

## AN EVENING OF FULL MOON GONG & SINGING BOWL IMMERSION

SUGGESTED LOVE OFFERING \$20.00 Saturday, January 11, 2020 7:00 - 9:00pm

## First Spiritual Science Church, 3375 S. Dahlia St., Denver 80222 Pre-registration to Aurelia is very much welcomed but not required.

Besides immersing your being in a shamanic-like journey of deep cosmic healing sounds of the gongs and crystal singing bowls, Jonathan and Aurelia will share simple subtle energy healing techniques to help you clear and reduce stress on a daily basis. Expect to clear, cleanse and transform collective outdated thought forms and belief systems by allowing the tones, overtones and your soul to spherically transport you to heightened vibrations to create new potentials in your life.

Bring pillow, mat and blanket to lie down on for the extended sound journey. You may also choose to sit in comfy chair. Come early for optimal space.

## "Sound will be the medicine of the future." - Edgar Cayce

Sacred Sound Benefits Include:

- Deep relaxation
- Stress Reduction
- Pain Relief
- Lower Blood Pressure
- Improved Concentration
- Increased Creativity
- Heightened Intuition



Jonathan Murdock is a Qigong teacher/practitioner and lifelong percussionist who looks forward to sharing the frequencies and vibrations of his gong with you. jonathan.elemento@gmail.com



Al and Aurelia Taylor have been working with sacred sound for many years, with Aurelia remembering using sound in temple settings as a transformational tool. Journeying to many sacred sites around the globe has afforded a keen perspective on the power of intentional and spontaneous sound to move outdated energies. www.AureliaTara.com AureliaTara@aol.com.