

THE HEFFERNAN MEMORIAL HEALTHCARE DISTRICT MET IN REGULAR SESSION ON THE 2nd OF MAY 2018 AT 608 HEBER AVE. CALEXICO, CA. CITY OF CALEXICO ON THE DATE, HOUR AND PLACE DULY ESTABLISHED OR THE HOLDING OF SAID MEETING.

TO CALL ORDER:

The meeting was called to order at 5:30p.m. by Hector Martinez and Mrs. Chin led those present in the pledge of allegiance.

ROLL CALL-DETERMINATION OF QUARUM:

Chairperson	Hector Martinez
Vice Chairperson	Gloria G. Romo
Chief Financial	Norma M. Apodaca
Secretary	Sylvia Bernal
Trustee	Rodolfo Valdez

GUESTS:

Eduardo Rivera- Attorney
Brenda Ryan-Board Clerk

APPROVAL OF AGENDA:

Board Member Martinez requested to move item 10e up before public comments.

Motion was made by Board Member Bernal and second by Board Member Apodaca to approve moving item 10e and approving the agenda. Motion passed by the following vote wit:

AYES: Martínez, Romo, Apodaca, Bernal, Valdez

NOES: None

Discussion and/or action on the participation of the HMHD in independent Special District Selection Committee.

Motion was made by Board Member Bernal and second by Board Member Romo to approve participating in the independent Special District Selection Committee. Motion passed by the following wit:

AYES: Martinez, Romo, Apodaca, Bernal

NOES: None

ABSTAIN: Valdez

Mr. Martinez will be stepping out of the meeting to go attend the LAFCO meeting and will pass the meeting to Mrs. Romo.

PUBLIC COMMENT TIME:

Mrs. Chin from Imperial Valley Support wanted to let the public know that they have already started their office hours here and so far they word is getting around because they are getting a lot of phone calls.

They have put a lot of brochures out and put some posters at Starbucks which seems to be the spot. But they do have one issue. They do need some privacy. This is not conducive to intact for patients because they have hipaa that they have to follow. They are giving out information that other people should not hear. She would like to request if we could figure this out and see if we could use the back office from Monday 9-3 because they want to make it look more inviting.

Board Member Bernal stopped this morning and she spoke with Peter and he said he had no problem with them using the office and if the board agrees we could give them a key for the office. The board has no problem with giving them a key to the back office.

Luis Olmedo is the Executive Director from the Comite Civico del Valle and he is here to request to be placed on the agenda for the next meeting to discuss the Asthma Management Program. Mr. Olmedo was given the guideline.

REPORTS ON MEETING AND EVENTS ATTENDED BY DIRECTORS AND AUTHORIZATION FOR DIRECTOR ATTENDANCE AT UPCOMING MEETINGS AND EVENTS/DIRECTORS COMMENTS

Board Member Bernal reported that she and Mrs. Romo went to Yuma Rehab Hospital and they want to meet with Dr. Edwards and want to meet with PMH. They already have a facility in San Diego and in the near future they want to do something like this in the valley. Mrs. Bernal was very impressed with their facility. There were some pamphlets for the public to look at.

COMMENTS BY TONY PIMENTEL

Mr. Pimentel presented the video of the 5k run.

COMMENTS BY GENERAL COUNSEL:

None.

INFORMATION ITEMS:

1. Update on 400 Mary Ave.

Board Member Bernal would like to know where we are at. She would like to know if we are going to repair or not. We are expanding and need the space. If we can start to think about if we are going to start to repair. It was a little embarrassing when Yuma Rehab Hospital came to see the building how dirty it was. She knows that the facility is not being used but next time the building is going to be presented we should have it cleaned because it is very discouraging. What are we going to do. We have already placed it on the agenda plenty of times. Mrs. Bernal asked Mr. Valdez if last time we got a bid. Mr. Valdez responded that we only received one from Mr. Bailon. Board Member Bernal would like to get that building repaired. Board Member Valdez thinks that first they need to figure what they are going to use the facility for and then go by that to get it repaired. Board Member Bernal feels that either way we need to fix the building because if we decide to stay with the building no one is going to buy the building the way it is right now. Board Member Valdez informed the board that if we want to fix and just like Mrs. Romo has been saying we need to get a professional to come see what needs to be done to the building

because we need professional advice. The board agreed to have a special meeting for Monday at 4:00 pm to discuss this item.

2. Presentation on Yuma, Az. Rehabilitation Clinic

This item was already discussed in public comments.

Mr. Pimentel will have a video on this item to show at the next meet.

DISCUSSION/ACTION ITEMS:

1. Discussion and/or action on sponsoring the Imperial County Area Agency on Aging-Long term Ombudsman Program.

Karla Flores presentation on the Imperial County Area Agency on Aging – Long –Term Care Ombudsman Program that they will be hosting an Elder Abuse Conference for local Law Enforcement, Social Services, Prosecutors, Medical Field, Victims Witness Advocates and Fiduciary agencies on Wednesday, June 6, 2018 from 8am-4:30pm at the Crest Event Center in El Centro.

They are requesting to invite the district to become one of their workshop sponsors for the 5th Annual Elder Abuse Conference.

Motion was made by Board Member Apodaca and second by Board Member Bernal to approve the diamond sponsor for the amount of \$1,000.00. Motion passed by the following wit:

AYES: Romo, Apodaca, Bernal, Valdez

NOES: None

2. Discussion and/or action on the Proactive Health Program/FLX proposal.

Jose Ramirez gave a presentation on the Proactive Health Program/FLX.

This program is a catalyst for the specialty of preventive medicine and a wellness facility dedicated to prevention, “Proactive Health” improves the health of individuals and populations through evidence-based health advancements, disease prevention, and systems-based approaches to improving health and wellness. Their mission is Proactive Health supports efforts to improve the health of individuals and populations through evidence-based health promotion, disease prevention, lifestyle adjustments, and systems-based approaches to improving health and wellness.

He presented to proposal figures for \$11,930.00 monthly and 13,980.00 monthly. The bigger figure they can accommodate 100 possibly more. The lower figure they will have to accommodate about and estimate of 60

Board Member Bernal likes the program because it gears to adults.

Board Member Valdez also likes to the program and thinks he is ready to vote.

Board Member Apodaca was unable to read the information and will have questions for him at the next meeting if possible unless the board makes a decision tonight.

Board Member Valdez informed the board that he likes that it's a 6 month program and then we can do like a fiscal year trial for that 6 month period. Board Member Bernal informed the board that the fiscal year starts in July. Board Member Valdez informed them that the fiscal year starts in July and that will start for the 6 months and then after the 6 months we will see if we want it or to keep it. Mr. Ramirez thinks that, that is fine because that will give them time to start in July-December.

Board Member Apodaca would like to know if they are a non-profit program. He responded that they are non-profit and will provide the board with all that information at the time of signing.

Motion was made by Board Member Valdez and second by Board Member Bernal to approve this program for July. Motion passed by the following wit:

AYES: Romo, Bernal, Valdez

NOES: None

ABSTAIN: Apodaca

3. Discussion and/or action on UNIDOS US 2018 Annual Conference on July 7-10 in Washington, DC.

The prices for this are \$350.00 per person for seniors. After May 6th the cost will go up to about \$450.00. The airline will be about \$350.00 per trip and is still checking on that. It will be about \$1,000.00 per person.

Motion was made by Board Member Bernal and second by Board Member Valdez to approve attending the UNIDOS US 2018 Annual Conference on July 7-10 in Washington D.C. Motion passed by the following wit:

AYES: Romo, Bernal, Apodaca, Valdez

NOES: None

4. Discussion and/or action on Imperial Valley Medical Clinic, Inc./AA use of HMHD facility at 601 Heber Ave for more days.

This item will be tabled for the next meeting. They will be meeting with Mrs. Apodaca to make the request to present to the board.

5. Discussion and/or action on Heffernan Wellness 4 Kids consideration and authorization to rent new and bigger facilities at no additional cost at 439 E. Birch street for the grant program.

Dr. Tristan would have liked this item to be discussed in closed session because she did not want to say anything that was against the rules that you mentioned that is the only problem but she will mention anything about it. This item cannot be discussed in closed session. It will need to be discussed in open session.

Dr. Tristan presented to the board a letter requesting to move to a bigger facility at 439 E. Birch Street. She also presented the final work up to 2 years of working with the district with our support. She also passed out some confidential information and requested for the board to read

and for the next meeting if the board wants to discuss it and she know the board did not want to take action for that letter so the board will have time to see it. She presented to the board the amount of kids that actually lost weight. This is the duration of patients that attended the program in more than 12 months the total of patients that lost weight. The information says confidential because this work is going to be presented. It's a study and it's a retrospective study about the work that they have done over the two years with results. It is going to be presented at the American Academy of Pediatrics. This was already sent to UCSF and also this is going too presented in other grant program applications that they are going to be doing. The results involve the 211 kids that they treated. She is very happy that they were finally able to put this together. Thanks to this program and thanks to the districts support they were able to do it. Without the districts support this could not be possible. This has already been submitted. It says confidential because to American Academy Pediatric when we present an abstract it cannot be presented before they present it. This is information for the district because we supported the program. Thanks to this program they were able to partner with UCSF and they are working the Calexico School District to change the school lunches and this thanks to the money the district gave for the program. They are also trying to start this program in El Centro. Thanks to the support of the district they have been able to do all that. This report will also be presented to the city El Centro because they presented a year ago they requested a year later. If for the next meeting the board has any questions to let know. Dr. Tristan really wants the board to read the report because she needs to pick it up later because it is confidential. Going back to the letter she submitted. Dr. Tristan is requesting to move to a different location because where they are at is very small. The money is going to be the same. They are not going to spend more money. They are not going to buy more equipment because what they have is enough. They would like to move because it is double this size of what they have right now. They are not going to be paying more because as she said in the letter she has a small ownership and for that reason they gave her the same price that we are paying right now. This is just for consideration if the board decides yes or no it's under the board's consideration.

Board Member Bernal informed Dr. Tristan that she was not here at the last meeting and she kind of jumped at Mr. Rivera without knowing and apologized for that. One of the things that we are trying to do really hard is to get 400 Mary Ave open because we promised to you from the beginning and already been 2 years and we haven't come through and she really is pushing hard for 400 Mary Ave because she wants to see our name. She wants to see Heffernan Memorial Wellness 4 Kids like you have that small sign in a big sign that says that. That is why it is super important we are having this special meeting next week because we need to start thinking about the place that we have will be perfect for you because its gigantic the place. We can remodel and do a lot of things. She wants to be able to see that we have something. Board Member Bernal gave an example that the other day we were here with the Hosanna Foundation and they had a lot of people and over packed. We asked how many of them knew that Heffernan sponsored this program and about 4 people raised their hands and she was so disappointed because they were in our building and no one knew that we were paying for this program and we are paying a lot of money. Maybe she is being a little selfish because you know she always keeps on bringing up LAFCO and LAFCO is always looking at what we are doing and not doing and to us the first thing they said is what are we doing with that building and how many years have you had that building and you have a right to criticize us because it is true. We have not done anything. Either we sell it, get rid of it or fix it. But you know all this about lets have another meeting and we never come to a decision. We need to come to a decision and say if the majority don't want it then so be it and if we want it then let's do it. We need to decide and it is not fair to Dr. Tristan and she understands the situation of that little whole where they are at and aggress with her and it's not fair because her building. Dr. Tristan asked if she wanted her to wait until we had the building ready for them. Board Member Bernal said no that she wanted for her to wait until next

to decide what we are going to do. Dr. Tristan asked that if the board decides to keep that building do you want them to wait until the building is remodeled. Board Member Bernal responded that she did not know, does not know how long the work is going to take and the majority of work has already been done. She cannot answer her that.

Board Member Apodaca is in total agreement with Dr. Tristan to allow them to move to the new building at least for 6 months in the mean time that we fix the building or whatever. We cannot stop her from doing the business that she is doing. We are paying the same amount of rent each month and she sees that they are doing a great job. There is no reason to stop them from continuing working. We will continue fixing 400 Mary Ave but at least continue to give her the chance to go. Board Member Bernal informed Mrs. Apodaca that she is not saying to stop the program.

Board Member Valdez informed the board that her grant ends at the end of June. She has 2 months left. We have to vote again to see if she gets the grant. We can't expect her to give that rent for 6 months because she only has 2 months. Board Member Bernal informed the board that all contracts will need to be reviewed in June.

Dr. Tristan informed the board that whatever the board decides to do. After June she thinks that she will not be with the program anymore with Heffernan. Thank you very much. She thinks we have done a lot of things and she really wants to find somebody else that really appreciates what they do. Board Member Valdez asked Dr. Tristan if she is saying she is ending the program in June. Dr. Tristan responded that when they finish the contract in June she thinks that they are done with their job in collaboration with Heffernan. She thanked the district for everything we have done. Board Member Bernal asked Dr. Tristan why she is taking it and Dr. Tristan responded that because she thinks that the district has already given them a lot of money as you have mentioned and the district has spent a lot of money and we did our job. She presented the report to show what they have done with the money the district has given them. This is why she wanted to discuss in closed session because she cannot mention other things. They still have 2 more months but after that she will find someone else that will support our program. Dr. Tristan thanked the board and apologized because things had to end like this. Board Member Valdez thanked her for letting us know. Mr. Rivera suggested to the board to give back the confidential report back to Dr. Tristan so that there will be no difficulties.

Board Member Apodaca apologized to Dr. Tristan for it to have gotten this far. Dr. Tristan responded that she cannot be more than thankful because with your support this could not have been done. She is sorry that the board did not have a chance to read the report and to know what we have done with the money of the Calexico Residents. Board Member Apodaca would like to read it when it has already been published. Dr. Tristan will email it to her if she is really interested and really thank you because we have done a lot of things and sorry if sometimes kind of get sentimental but this is my work. She has worked for this. It took 2 years for the board to approve this program. She came back many times. The board approved it after 2 years and this has been with Patty and she has done a lot of work. But many things are coming because of this and many projects and she told us in the beginning with our support or without it this program is going to go and it are already making a lot of good things coming and you will hear a lot about this. It is not going to be Heffernan Wellness anymore but its Wellness 4 Kids still. Dr. Tristan thanked the board for their support and the board does not have to fight between them anymore to support the program.

6. Discussion and/or action on adoption of the job description for HMHD manager.

Mr. Rivera reported that we prepared the description and the board never discussed what part-time meant and you never discussed any compensation for the part-time manager. He believes that Mrs. Romo, Mrs. Bernal and Mrs. Apodaca wanted more information concerning the specific educational requirements, degrees, experience and resumes. But you never addressed how much time you wanted this person to spend here, you never addressed whether that person is going to come to meetings in an administrative sense not in a policy sense. You didn't touch on the salary at all. He prepared a job description where all of those items were going to be negotiated with the applicants. He envisioned that you would review the applications and determine that you would want to interview some of the applicants or all of the applicants and at that time verify their educational background, experience, resumes, etc. We have not published it but he asked Mr. Pimentel to upload it our website and once it got on our website we got a lot of feedback. It was a good thing to have put it on our website for a short period of time but now you have to make some decisions concerning that. Whatever the board wishes to do we can amend the job description and once you determine what you want in it we can ask for it to be published.

Board Member Bernal asked Dr. Edward if he would help us and he said he would gladly help us. She sent him a copy of what was already on the website. He said he would help us do a job description and we can look at it and decide if that is what we are interested in. She is asking the board to allow Dr. Edwards send her that information and then maybe we could discuss it. The board is in agreement.

Motion was made by Board Member Bernal and second by Board Member Valdez to approve tabling this item for our June meeting. Motion passed by the following wit:

AYES: Romo, Apodaca, Bernal, Valdez

NOES: None

Board Member Bernal informed Brenda to send her the agenda with all the items first for her to review before sending it out because it her job to review the agenda. She also informed her that if we have no backup information for an action item the Wednesday prior to the meeting they will not be placed on the agenda. This goes for the public and all board members as well with NO EXCEPTIONS. If more information is given to the board during the meeting that information will not be excepted because it was not given by the deadline. Anything with no backup information or does not require action will be placed as an information item. All board members are in agreement with this procedure.

ITEMS FOR FUTURE AGENDAS:

AA Group

ADJOURNMENT:

With no future business to discuss Board Member Bernal made motion to adjourn the meeting at 7:15 p.m. Second by Board Member Apodaca. All in favor.