

ROLLS-ROYCE HARRIERS

3000 METRE TRACK RACE RESULTS WEDNESDAY 12 JULY 2023

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	DAVID PETTIT	11:19
2	PAUL SPENCER	11:32
3	CHRIS GILLOTT	11:57
4	CHRIS BOOTH	11:59
5	ROB GOULDS	12:38
6	JAMES WARD	12:52
7	DEBORAH PHELPS	13:10
8	JULIAN SMITH	14:02
9	MIKE LAWSON	15:58
10	ALISON BOOTH	16:02
11	NEAL FELLOWS	16:17
12	STEVE WAKEFIELD	16:45
13	GILLIAN WHITESIDE	16:54

TIMEKEEPER & RECORDERS BILL SOUTHGATE, DEAN SMITH, ROBIN CARTER

REMAINING FIXTURES (5PM AT MOORWAYS)

WEDNESDAY 19 JULY 1,500 METRES
WEDNESDAY 26 JULY 5,000 METRES
WEDNESDAY 9 AUGUST 3,000 METRES
WEDNESDAY 16 AUGUST 1,500 METRES
WEDNESDAY 23 AUGUST 800, 400, 200 AND 100 METRES
WEDNESDAY 30 AUGUST 800, 400, 200 AND 100 METRES

THE PIGGS TROPHY 10K WILL BE HELD AT DARLEY PARK ON WEDNESDAY,
2ND AUGUST.

ENTRY FEE £12 UNATTACHED, £10 AFFILIATED, FREE TO R-R HARRIERS
ONLINE ENTRIES ONLY, VIA RUNBRITAIN
NB HARRIERS WILL HAVE TO ENTER ONLINE AND PAY THE £10,
BUT IT WILL BE REIMBURSED