



Shaolin Temple Kung Fu Center

9037 Arrow Rte, Ste 140 Rancho Cucamonga, CA 91730

www.ShaolinABC.com (909) 551-1305 Email: SHAOLINABC@YAHOO.COM

MON 星期一	4:00-4:50pm	4:50 – 5:40pm Blue Belt Level 1	5:40 – 6:30pm Green / Purple Level 2 / 3	6:30 – 7:20pm Special Jump Tumbling Class	7:20 – 8:20pm Kung Fu Star Team Performance/Competition
TUE 星期二	4:00-4:50pm Brown Belt Dark Brown	4:50-5:40pm Black / Master Level 6 & UP	5:40-6:30pm Beginner Youth Kung Fu	6:30 – 7:20pm Blue Belt Level 1	7:25-8:25pm Adult Kung Fu 成人功夫
WED 星期三	4:00-4:50pm Beginner Youth Kung Fu	4:50-5:40pm Blue Belt Level 1	5:40 - 6:30pm Green / Purple Level 2 / 3	6:30 – 7:20pm Brown Belt Dark Brown	7:25 – 8:25pm Adult Kung Fu 成人功夫
THU 星期四	4:00 - 4:50pm Green / Purple Level 2 / 3	4:50-5:40pm Brown Belt Dark Brown	5:40– 6:30pm Black / Master Level 6 & UP	6:30 – 7:20pm Beginner Youth Kung Fu	7:25-8:25pm Qi Gong Health / Tai Ji 少林养生/太极
FRI 星期五	4:00-4:50pm Blue Belt Level 1	4:50 - 5:40pm Green / Purple Level 2 / 3	5:40– 6:30pm Brown Belt Dark Brown	6:30 – 7:20pm Black / Master Level 6 & UP	7:25 – 8:25pm Kung Fu Sparring Class

Time	9:00 - 10:00am	10:10 - 11:10am	1:00- 1:50pm	1:50 - 2:40pm	2:40 - 3:30pm	3:30 - 4:30pm	4:30 5:30pm
SAT 星期六	Shaolin Health 养生/太极	Adult Kung Fu 少林功夫	Beginner Youth Kung Fu	Blue Belt Level 1	Green /Purple Level 2 / 3	Brown & Up Level 4 & UP	Archery team 弓箭/少林禅弓

- **Special Class :** Kung Fu Star Team for Performance & Competition / Sparring
Special Jump (Tumbling Class) / Archery Team 少林禅弓
- **Private Lessons:** Please schedule special training with the Master(Shifu).
- **Belt Test :** The beginner 24+ lessons in 3 months. Levels 1-3 require 40+ lessons per level, levels 4-6 require 56+ lessons per level, Levels 7&up 72+ lessons per level.

Effective 01/01/2024 - 06/30/2025 Schedule