

2015 Spring Break

Northern Virginia Table Tennis Center

Ping Pong Camp

- Ages 6-15
- Mar 30 - Apr 3
- Monday - Friday, 8:30 - 5:30
- \$250 per week
- \$60 per day/\$30 half day
- Bring your own lunch

Payment: Mail or drop your check payment to NOVATTC

Location: 4264 Entre Ct, Chantilly, VA

Contact: Coach Lu at 571- 340- 6165 or zl765@hotmail.com

Daily Schedule:

8:30am Drop off and unpack

9:00am Body warm up, stretch and footwork

10:00am Ping Pong fundamental skill drill- forehand, backhand, serving

11:00am-12:00pm Advanced training, private lesson with coach

1:00pm Lunch

2:00pm Ping Pong tournament strategy training/video

3:00pm Ping pong group lesson

4:00pm-5:00pm Ping Pong in- house league

5:30pm Dismissal

NOVTTC STUDENT REGISTRATION FORM

DIRECTIONS:

1. Please complete the entire form and print neatly.
2. Please make sure to clearly print yur email address-if you do not have an email address, please write in a daytime phone number.

NOVATTC

Parent/Guardians Name(s)	First	Last
Phone (H) :	Phone (W) :	Phone (C) :
Email:		

Emergency Contact Name(other than listed name above):	
Phone Number:	

Any Special issues/Allergies does the coach should be aware of?
