



# March 2018

Monday-Friday 8am-4pm

www.mcminnseniors.com

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**Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts-Weaving, Crocheting, Knitting, Etc.: Tues 1pm | Rook: Tues 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm | Shuffleboard, horseshoes & pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play. (Please stop by the front office to update your membership form with updated emergency contact numbers.)**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	2 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games No Dance tonight!
5 10:00 Bingo/Hospice of Chattanooga 11:20 Lunch w/Friends/Intrepid USA 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	6 9:00 BP/Life Care 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/Life Care	7 8:30-9:30 Blood Sugar Check/ Starr Regional 10:00 Bingo/Athens Place 11:20 Lunch / Athens Place 2:00 Yoga 4:00 Pickleball (AMS)	8 9:00 WISE Group 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	9 9:00 US Cellular – Technology Workshop 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7:00-9:00 Friday Night Dance
12 10:00 Bingo/Avalon 11:20 Lunch w/Friends/Avalon Properties 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	13 9:00 BP/Guardian 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/Choir Sponsored Soup Luncheon	14 10:00 Bingo/Eagle Home Care 11:20 Lunch w/Friends/Premier Properties 2:00 Yoga 4:00 Pickleball (AMS)	15 9am-2pm – St. Mary’s Clinic 9:30am – Pool Tournament – Register to play by 9:15. 10:00 – Floral Arranging Class- Must Register. 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Bateman 3:00 Chess Club 6:30 – Floral Arranging Class – Must Register.	16 9:00 St. Patrick’s Day Party 9:30 Dance/Jam Session 10:00 Stretching Class Sponsored by NCH Healthcare 11:20 Lunch w/Bateman 1:00 Free Legal Aid for Seniors. (Appointment Needed) 2:00 Super Bingo AT Morning Pointe 6:30 Board Games 7pm-9pm – Friday Night Dance and Finger Foods.

Monday	Tues	Wednesday	Thursday	Friday
<b>19</b> 10:00 Bingo/Hospice 11:20 Lunch w/Friends/Pintos, Ham, Cornbread 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	<b>20</b> 9:00 BP/NHC Home Care 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/Taco Tuesday with Wilma.	<b>21</b> 10:00 Bingo/Etowah Health Care 11:20 Lunch w/Friends/Starr Regional 2:00 Yoga 4:00 Pickleball (AMS)	<b>22</b> 10:00 Sassy Steps – Walking Program with Darlene Smith 10:30 New Board Member Orientation 11:20 Lunch w/Bateman 12:00 Wii Bowling 12:00 Cornhole Tournament 3:00 Chess Club	<b>23</b> 9:00-9:30 – Pet Bunny Therapy – Sponsored by the Big Bad Wolfe Rabbitry 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7pm-9pm Friday Night Dance
<b>26</b> 9:30 Bingo at Shoney's/ Caris Cares 11:20 Lunch w/Friends/City Council 12:00 MSAC Board Meeting 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	<b>27</b> 9:00 BP/STARR 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/ King Audiology	<b>28</b> 9:00 Wellness Wednesday Sponsored by Starr 10:00 Bingo/Michaels 11:20 Lunch w/Bateman 2:00 Yoga 4:00 Pickleball (AMS)	<b>29</b> 9:00-9:30 – Easter Egg Hunt and Party. 9:30 Bingo with Friends Bring a prize to play! 10:00 Sassy Steps – Walking Program with Darlene Smith 11:00 Vietnam Veterans Program 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	<b>30</b> Closed in Observance of Good Friday. 

Join us each day for a hot, delicious and nutritious meal. Please sign up on the Wednesday the week prior that you plan to eat so that Melody can be sure she has purchased enough food. The Menu is subject to change. Would you like to help with the lunch program-either in the kitchen or as a sponsor? See Melody in the Front Office today!

Please stop by the front office to update your membership form with updated emergency contact numbers and medications.

The McMinn Senior Activity Center will hold our indoor yard sale March 2<sup>nd</sup> from 9am-3pm. Come out and see what treasures you can find. There will be a hot dog plate lunch available for \$5.50 from 11:30am-12:30pm.

Items can be donated at the Center for the sale. Please call or stop in to see the approved listing of items.