

# 20th Sunday in Ordinary Time - Year B

## 18th August - 19th August 2018

**First Reading:** Proverbs 9:1-6

*Come and eat my bread, drink the wine I have prepared.*

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city's heights: 'Who is ignorant? Let him step this way.' To the fool she says, 'Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.'

The Word of the Lord.

**Responsorial Psalm:** Ps 33:2-3,10-15

R/ Taste and see the goodness of the Lord.

**Second Reading:** Ephesians 5:15-20

*Be watchful that you may know the will of God.*

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

The Word of the Lord.

**Gospel Acclamation:** Jn 6:56

**Alleluia, alleluia!** All who eat my flesh and drink my blood live in me and I in them, says the Lord. **Alleluia!**

**Gospel:** John 6:51-58

*My flesh is real food and my blood is real drink.*

Jesus said to the crowd: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

The Gospel of the Lord.

PLEASE TAKE THE  
BULLETIN HOME



# Sacred Heart Parish

## Preston

322 Bell St, Preston 3072

Parish Contacts: Phone: (03) 9480 3398 Or (03) 9484 2124  
Email: preston@cam.org.au Website: www.sacredheartpreston.com.au



**Office Hours:**

Tuesday to Friday  
10.00am - 12.30pm

**Acting Parish Priest:**

Fr Elmer Ibarra, SVD

**Priests in Residence:**

Fr Ennio Mantovani SVD  
Fr Phuong Vu SVD, La Trobe  
University Chaplain

**Parish Office:** Cristina Agius

**School Principal:** Mark Tierney

**School Phone:** 9484 3514

**Sacrament Co-ordinator:**

Judeline Wadhvani

**Child Safety Officer:**

Judeline Wadhvani  
Contact: 0490660787  
judeline.wadhvani@gmail.com

**Parish Council Members:**

Catherine Zanatta (chairperson),  
Kay Dufty (secretary), Gerard  
Grant, Ophelia Swai, Anisasio  
(Pauline) Veamatahau, Mark  
Tierney, Timothy Nolan,  
Fr Jan Szweda SVD

**Parish Mass Schedule**

**WEEKEND MASSES:**

**Saturday:** 6:00pm  
**Sunday:** 9:00am (Italian),  
10:30 am, 6:00 pm

**WEEKDAY MASSES:**

**Monday to Friday:** 9.10am

**Healing Mass:** 1st Thursday of  
the month at 1.30pm

**DEVOTIONAL PRACTICES:**

**Adoration of the Blessed**

**Sacrament:** Wednesday after  
9.10am Mass

**Holy Rosary:** Thursday  
(English) & Friday (Italian) after  
9.10am Mass

**Legion of Mary:** Thursday  
7.30pm, in the Presbytery

**Reconciliation:**

Weekdays: 30 minutes before  
Mass or by appointment

**Baptisms & Weddings:**

By appointment only

### 20TH SUNDAY IN ORDINARY TIME - YEAR B

#### 18th August - 19th August 2018

**“Blessed are you, Lord God of all creation.  
Through your goodness we have this bread to offer...”**

Today's Gospel elaborates further on the teaching that Jesus began in our liturgy last week. In that reading, the crowds wondered about how Jesus could say that he had come down from heaven because they knew him to be the son of Joseph. Some have difficulty with Jesus' teaching that he is the living bread sent from God. Jesus had told them that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. Jesus himself is the bread sent by God; Jesus' flesh is the bread that is given for the life of the world.

Among the stumbling blocks for those who heard but did not understand Jesus is the teaching that the bread that Jesus will give is his own flesh. In response to the people who quarreled over his words, Jesus teaches with even greater emphasis that salvation comes to those who eat his Body and Blood. Jesus doesn't seem to answer the question posed about how salvation. Instead, Jesus teaches about the life that he will give to the world.

To many ears, Jesus' words are difficult to hear. Many who heard Jesus could not accept what he said. Many today continue to struggle to accept these words. But they are important words because they reveal the intimate connection with Jesus. Flesh and blood stand for the whole person; flesh-a metaphor for weak earthy poor and vulnerable; blood is a metaphor for the flow of life, mystery and kinship. The life we call Christian depends on complete union with Christ and with each other symbolized by coming together to share a meal united one in heart, mind and body in Christ.

Paul's teaching in the reading from Ephesians gives us a glimpse of the Eucharistic meals shared in first Christian communities. As they gathered to celebrate what God has done for them in Christ, they give expression to their wonder in 'the words and tunes of hymns'. And when they return to their daily life they take this faith and enthusiasm with them as they go to proclaim God's love to others who share their world... Their life of witness and prayer will be used by God to bring hope to those who have lost their way.

Eucharist we know means 'Thanksgiving' – the Church's principal act of worship is a grateful response to the God who 'loved us first' made know to us through Christ Jesus. We who are called to the Lord's Table share a great responsibility: that we who eat of the Bread of Life go forth to be bread for others and we who drink pour out God's love for the human family in practical ways - especially towards the poorest, those most vulnerable and overlooked"



## Today's Reflection

"Watch carefully then how you live, not as foolish persons but as wise..." EPHESIANS 5:15

A wise person recognises that all we have and all we are comes from God. A wise person thanks God continually throughout the day for all His many blessings. A wise person realises that God has blessed us for a reason and that He wants us to help Him build His kingdom of earth.

### DATES TO REMEMBER

**Thursday 6th September:** Healing Mass - 1.30pm

**Sunday 16th September:**  
Sacrament of First Holy Communion - 10.30am

**Sunday 2nd - Saturday 8th September:**  
Child Protection Week



### WELCOME!

This weekend through Baptism we welcome:

Eva Louise GALVIN-KING

&

Jacob Oscar Lachlan GALVIN-KING  
into our Parish family

Sacred Heart Mission helps people experiencing homelessness and disadvantage to access food, shelter, care and support. Our network of op shops aims to raise funds and awareness of this work.

We would love your help in opening our new Preston Store ([311 High St](#))! We are looking for committed and fun loving volunteers to give a few hours each week.

If this could be you please call Jacob (Store Coordinator) on 0488 048 659.



### Last Week's Collection: 12/08/18

1st Collection for our Church: \$686.75  
2nd Collection for support of clergy: \$738.00  
Thank you for your kind generosity!



## SACRED HEART PRIMARY SCHOOL

Dear Parishioners and Visitors to Sacred Heart Parish

I would like to introduce you to our parish school, Sacred Heart Primary School.

Our school population is as vibrant and diverse as the suburb it is situated in, and we honour that rich diversity by providing a learning environment that is inclusive, proactive and innovative. Our school mantra, "Our students are at the heart of everything we do", is the foundation upon which every decision is made.

For more information visit:

<http://www.shpreston.catholic.edu.au>

### HEALING MASS FOR FATHERS: SEVEN FIRST CLASS RELICS ON TOUR

**Sunday 2 September, 3.30-7pm**  
**Sacred Heart Church, corner Rathdowne and Pelham Streets, Carlton**

This Mass for Healing, celebrated by Most Rev. Bishop Terence Curtin, will offer prayers for all fathers and all those present for healing from addictions, anger, violence and any other needs. Prayers will also be offered for our nation and the Church. Seven first class relics of Saints and Blesseds that are on tour in Melbourne will be present. Seminarians will pray their night prayers with the Blessed Sacrament exposed.

**DOWNLOAD FLYER AT THIS LINK:** <http://www.cam.org.au/portals/0/2018/ParishUpdateFlyers/PU31/Fathers.pdf>

### THEOLOGY@PUB

**Monday 3rd September, dinner and drinks from 6.30pm, talk commences at 7.30pm**  
**European Bier Cafe, Rooftop Bar, 120 Exhibition Street, Melbourne**

At this month's Theology@Pub Simon Carrington presents 'How to get the most out of Mass'. Simon is the founder of Fire Up Ministries, was raised in a devout Catholic family of eight and is married to his beautiful wife Madeleine. He is currently undertaking a Certification course at the Theology of the Body Institute in Pennsylvania USA. Simon has been active in youth ministry for several years, with a passionate focus on St Pope John Paul II's theology of the body, apologetics and evangelisation. This event is supported by Parousia Media.

**Web:** <https://www.theologyatthepub.com.au/>

## MIGRANT & REFUGEE WEEK

20th - 26th August 2018

### Bishop Grech Memorial Colloquium

Wednesday 22nd August, 6.30pm

Christ Lecture Theatre, 17-29 Young St, Fitzroy

### CSSV Parish Forum on Helping Our Refugee Families & Friends

Saturday, 26th August, 9.30am-12.45pm

Cardinal Knox Centre, 383 Albert St (enter via Lansdowne St) East Melbourne

Cost: \$20 (incl. lunch - please advise any special dietary requirements)

Bookings: <https://www.trybooking.com/WBHM>

RSVP by 20/8/18

### Annual Mass of All Nations

Sunday 26th August, Rosary: 2pm; Mass: 3pm

St Patrick's Cathedral, East Melbourne

Main celebrant: Archbishop Peter A Comensoli

**ALL ARE MOST WELCOME TO ANY OR ALL OF THESE EVENTS**



### PARISH CENSUS

Dear Parishioners, the Archdiocese of Melbourne has requested we participate in a Parish Census. Please take the time to fill in the cards provided.

### HOLY LAND AND JORDAN PILGRIMAGE 2019

**Departing Monday 7 January 2019 for 15 days**

Fr David Cartwright, parish priest of St Fidelis', Moreland and Vocations Director, Archdiocese of Melbourne, along with Fr Benedict La Volpe OFM Conv, parish priest of St Joseph's, Springvale and Provincial Delegate, Conventual Franciscans, invite you to join them for this special pilgrimage in early 2019, which they will accompany as chaplains. Historic and significant places to be visited include Nazareth, Cana, Tiberias, the Sea of Galilee, Mount Carmel, Haifa, Mount Tabor, Bethany, Bethlehem, Jerusalem, the Garden of Gethsemane, the Wailing Wall, the Mount of Olives, Mount Zion, the Via Dolorosa, Holy Sepulchre, the Dead Sea Scrolls, and the Dead Sea in Jordan, with optional visits to the Holocaust Museum in Israel and Petra in Jordan.

**Cost:** \$5650 includes Emirates return flights from Australia

**Details:** 9830 5489 or [kathryn@oconnortravelworld.com.au](mailto:kathryn@oconnortravelworld.com.au)

**DOWNLOAD FLYER AND FULL ITINERARY AT THIS LINK:**

<http://www.cam.org.au/portals/0/2018/ParishUpdateFlyers/PU24/HolyLand&JordanJan2019.pdf>



### WE PRAY FOR:

The elderly and the sick and those recommended to our prayers

**Vincenzo Roda**

O Lord, may perpetual light shine upon them.  
May they rest in peace.

Amen.



### MEDITATION ON JESUS

John 15:4; "Remain in me, and I remain in you..."

Galatians 2:20; "No longer I who live, but Christ lives in me..."



**One Day Retreat: 9.30am - 4pm**

Saturday 29th September

Meditation on Jesus through breathing exercises and gentle postures, cleanses and heals...

Body, mind and soul.

**Guided by Fr. Gilbert Carlo, SVD**

**At: Janssen Spirituality Centre, 22 Woodvale Rd,**

**Boronia, Victoria 3155.**

**RSVP Tel: 03 9762 6625 or**

**Email: [enquiries@janssencentre.org](mailto:enquiries@janssencentre.org)**

or

[gilbertcarlo@gmail.com](mailto:gilbertcarlo@gmail.com)

[www.janssencentre.org](http://www.janssencentre.org)



### Cleaning Roster: Saturday 25th August 2018



**Shantha/Cory**

Thank you for your time!

### Roster for weekend of 25th - 26th August 2018

|                             | Readers                        | Ministers                           |
|-----------------------------|--------------------------------|-------------------------------------|
| <b>Sat 6.00pm</b>           | Marlene Vergou<br>Peter Hudson | Peter Bourke<br>Terry Murphy        |
| <b>Sun 9.00am (Italian)</b> | Capobianco A.<br>Iardi L.      | Fattori A.<br>Capobianco A.         |
| <b>Sun 10.30am</b>          | Sonya Bading<br>Alan Castles   | Giovanna D'Intino<br>Eileen Stevens |
| <b>Sun 6.00pm</b>           | Anna Liggeri<br>John Plum      | Gerard Grant                        |