

First Degree Candidate Essay Outline (Required for Students 8th Grade & Younger)

Prompt: Earning you black belt is one of your goals right now. What are some actions that you can take to achieve this goal. After earning your black belt you will be able to test for 2nd Degree about a year and a half later. What can you do during the first year after getting your black belt to be well prepared to test for your 2nd degree. Choose one goal you have for when you grow up (college, career, etc.). What you can you do within the next two years to help you reach that goal?

Directions: Complete the outline on the next page. The template is created for younger candidates (elementary school age). Middle School candidates should take some liberty to expand on this for a more detailed, comprehensive essay. If you need more space or you have more ideas for each goal make your own copy and add those in.

OUTLINE

The purpose of the outline is to give you a basis for your essay. You don't need to put complete sentences in your outline. Phrases work just fine. Once you have the phrases and are ready to begin your essay, you should be able to rework the phrases into sentences.

Underlined sections indicate new paragraphs and sections of the essay. Each Arabic Numeral (1, 2, 3, etc.) indicates a main point.

Each Roman Numeral (i, ii, iii, etc.) indicates support for the main point.

ESSAY

Use the outline to develop your essay. There should be a few sentences in your essay for each of the supporting points. You may even want to add support for your support. For example: If action 1 is to practice at home maybe sub points are to schedule time, set up a dedicated space to practice, plan what you'll focus on, etc.

NAME: _____

Introduction – Introduce topic and identify the goals:

Write a phrase for each of the four items listed below. They will become the body of your introductory paragraph. Of course, other sentences may be needed to help the paragraph flow.

1. Overall theme
2. Goal 1 (Earning black belt)
3. Goal 2 (Being prepared for 2nd degree candidacy)
4. Goal 3 (When you grow up): _____

Goal One (Earning 1st degree) –Need at least 3 Actions

1. Goal 1: _____
 - i. Action/Sub-Actions 1 to reach goal: _____
 - ii. Action/Sub-Actions 2 to reach goal: _____
 - iii. Action/Sub-Actions 3 to reach goal: _____
 - iv. Action/Sub-Actions 4 to reach goal: _____
 - v. Action/Sub-Actions 5 to reach goal: _____

Goal Two (Preparation for 2nd degree) –Need at least 3 Actions

1. Goal: _____
 - i. Action/Sub-Actions 1 to reach goal: _____
 - ii. Action/Sub-Actions 2 to reach goal: _____
 - iii. Action/Sub-Actions 3 to reach goal: _____
 - iv. Action/Sub-Actions 4 to reach goal: _____
 - v. Action/Sub-Actions 5 to reach goal: _____

Goal Three (Matches Goal 3 in Intro) –Need at least 3 Actions

1. Goal: _____
 - i. Action/Sub-Actions 1 to reach goal: _____
 - ii. Action/Sub-Actions 2 to reach goal: _____
 - iii. Action/Sub-Actions 3 to reach goal: _____
 - iv. Action/Sub-Actions 4 to reach goal: _____
 - v. Action/Sub-Actions 5 to reach goal: _____

Conclusion—Summarize Paper

Conclusion paragraph should briefly restate each goal and how you will reach it. This should be your goals and actions, not sub-actions.