

Trusting in the Lord

What It Means to Trust God? Trusting God is simply believing that He loves you, He's good, He has the power to help you, He *wants* to help you, and He *will* help you. Bible says in Proverbs 3:5-6, *Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths*". Trusting the Lord with all your heart, means that we have put our faith and trust alone in the Lord. Christians are called believers, but many times, we are more like unbelieving believers. We trust our friends, the bank, the stock market or the government more than we trust God and His Word. Jesus says that apart from Him, we can do nothing. We need to lean on Him for help with everything in our lives.(JOH15:5) Sadly, many people go to church, hear what they should do and then go home and try to do it on their own way. They usually end up desperately telling God how hard they're trying to do what they need to do, and they're leaving Him out! God wants us to put Him first in our lives. He wants us to put our confidence and trust in Him, all the time, in everything. Throughout the Bible we are exhorted to trust in the Lord. We are warned against trusting in princes, in man in general, uncertain riches, wealth, or in ourselves; for all such trust is vain. *Do not put your trust in princes, in mortal men, who cannot save. the Maker of heaven and earth, who remains faithful forever. Praise the LORD.*(PSA118:8;146:3-5) Trusting in the Lord is represented as being safe, as blessed, as producing very desirable results. In it is our hope, strength, safety, and our help. *"It is better to trust in the Lord, Than to put confidence in man."*

Humans as a child come into the world as vulnerable creatures, completely dependent on their parents for their survival. For people to develop a healthy capacity to trust, they need to experience an emotional attachment with parent. If children are not greeted with nurturing, empathic responses to their physical, emotional and social needs, or if the relationship with the parent is disrupted, the attachment will be threatened and the capacity to trust will be damaged. Later in life it will be difficult for them to trust God. Trust is based on a person's character, ability and truthfulness. It is an act of committing oneself to another's good intentions and care. Trusting in the Lord with all your heart is comparable to a child who is walking with his father, and they have their arms around each other. That child is not going to go in the wrong direction, or the wrong way. And he is not going to fall. He is safe and secure. If the ground is uneven or unstable, the father will support the child, and he will guide him onto safe paths. God who does care, even when it sometimes feels like He doesn't. Trusting in God means that whatever we suffer, in the end, can be used for our—all of our—ultimate good.

Some of us used to have a habit of trusting on our self. This habit is because through years of trusting people, getting hurt and finding out we couldn't trust them. This caused us to believe, if you want something done right, you've got to do it yourself. If you don't ask anybody for anything or open your heart to them, they can't hurt you. This mindset kept from trusting God. No matter how bad you have been hurt in your past, and no matter how many people have hurt you in your past—you must learn to fully trust God with both yourself and with your entire life. Understand that you can't trust yourself with your life because of your own imperfections and character flaws. Only God is "perfect," and thus only God can perfectly handle your entire life for you. You have to completely "let go and let God" if you want divine peace, happiness, joy, and fulfilment in this life. To really be able to enter into this full surrender with the Lord will require you to be able to completely trust the Lord with both yourself and your entire life. This you have to be willing to completely trust the Lord with every single area of your life with no exceptions! When you accept Jesus Christ as your Savior, the Spirit of God comes to live inside you. This is one of the greatest blessings of salvation: You don't have to go through someone else to get to God. He dwells in your heart and you can learn to hear His voice. The best way to hear from God and know how He wants you to live is to know what the Bible, His Word, says. God's Word gives us wisdom. And as we study the Bible, our mind is renewed.(see ROM12:2) So we no longer just think the way the world thinks – now we can think the way God thinks and His ways! We have to habitually study the Scriptures to really have confidence in God and know we can hear Him. Bible is food for our spirit. As we spend time reading and meditating on Scripture, we develop a strong spirit. Then we can hear God speaking to our heart – where He dwells in us – and make decisions based upon what He's leading us to do, not just what we may think, feel or want. When you go beyond that, you do what the Word and the Spirit of God tell you to do, you are able to develop good habits and break bad ones. You come to a place where the blessings of God – His righteousness, peace and joy – overflow in your life. *"Whenever I am afraid, I will trust in You. In God (I will praise His word), In God I have put my trust; I will not fear. What can flesh do to me?(PSA56:3)* Life is simple and peaceful when we come to God like children and say, "God, I don't want to live on my own. I want to trust You.

We can see King David Trusting in and Praising the Lord and how he strengthened himself in the Lord His God. We learn that David would place his trust in God to help him. *"In God I have put my trust; I will not be afraid. What can man do to me?(PSA56:10-11)* We learn that David was determined to continue praising God for His help –*But I will sing of Your power; Yes, I will sing aloud of Your mercy in the morning; For You have been my defense And refuge in the day of my trouble.*(PSA59:16-17) We see that David overcame his problem of loneliness by seeking the Lord - Ps 63:1-2, Praising and praying - Ps 63:3-5, Meditating upon the Lord - Ps 63:6-7. David saying; In time of trouble, put your trust in the Lord. Stay close to Him, through praising Him and praying to Him. And you will be made strong as the Lord supports you! To live by grace, one must trust in the Lord. David urged others to trust in the Lord. *"Trust in the Lord, and do good;(PSA37:3)*

God's way is best!

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God possesses all wisdom: *Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments and His ways past finding out!*(ROM11:33) So, each day we must consciously lay aside our own plans and expectations, and surrender to His plans. Proverbs 3:5-8 gives us keys for receiving good things from God. We are to trust God with all our hearts and not depend on what we know. At all times, include God in everything you do, and this way, you give Him a chance to keep you on the right track. You may not always know what lies ahead. Leaning on our own understanding means to rely on our own intellect, training, and experience more than we rely on God. If we trust in the Lord, we cannot depend upon our own ability to understand everything God is doing. If we trust Him, we have to let go of our pride, programs, plans "*For the foolishness of God is wiser than human wisdom*"(1CO1:25) Our primary reliance should be on God Himself. Our human understanding is so limited. We remember the true source of our blessings—God—and focus on the things that please Him: The first is fearing the Lord and departing from evil. When we lean on our own understanding, we can become stressed or anxious. Babies in the womb are totally dependent upon their mothers for everything they need for life. They are connected to their mothers by their umbilical cords, receive what they need thru those cords. *It will be health to your flesh, And strength to your bones.* Similarly, Christians are totally dependent upon God for everything. *Those who trust in the Lord, Are like Mount Zion, Which cannot be moved, but abides forever.*(PSA125:1) Do we need wisdom? And when his faith was firmly rooted in the Lord, God tested Abraham's faith. "Then God said, 'Take your son, your only son, whom you love—Isaac. Abraham could not see how everything would work out for the best when the Lord commanded him to slay his son Isaac on Mount Moriah (GEN22:1–14), but he trusted in the Lord with all his heart. The Lord had promised Abraham that He would establish His covenant with Isaac and his descendants (GEN17:19), so Abraham believed, even the Lord would raise Isaac from the dead.(HEB11:17–19) At Mount Moriah, Abraham tied Isaac to an altar and raised a knife to plunge into Isaac's chest, when the Lord intervened and substituted a ram for Isaac. Lord did not disappoint Abraham's wholehearted trust, nor will He disappoint us if we trust Him with all our heart. Trust is something positive. It is an attitude of soul and mind, a realization of our own need and of God's sufficiency. It is the reaching out and anchoring of ourselves in God. The soul who really trusts is not driven about by every wind. The waves beat against him as they beat against the anchored ship, but they can not rush him upon the rocks; for he who trusts in God is strong, because he has the strength of God. Trust does not mean shutting our eyes to facts. Trust looks at things as they are. It sees the dangers that threaten, assesses them at their true value. It sees the need and does not try to disguise. But seeing all difficulties, it looks beyond sees God, all-sufficient help. It sees him greater than the dangers/difficulties, and it does not shrink before them. "*Trust in the LORD forever, For in YAH, the LORD, is everlasting strength.*(ISA26:4) There is no fear in trust: When we really fear, we are not fully trusting. When we trust, fear gives way to assurance. Fear is tormenting. How many are constantly agitated by fear! They fear the devil, trials, temptations, the wind, lightning, burglars. Their days are haunted by fear of this thing or that. Their peace is flawed and their hearts are troubled. For all this, trust is the cure. Trust will bring to us a consciousness that the Lord knows and cares, that his helping presence is with us. "*Behold, God is my salvation, I will trust and not be afraid; 'For YAH, the LORD, is my strength and song;*(ISA12:2) There is no worry in trust. When we worry about anything, we have not committed it to God. Trust takes away the anxiety. God considers anxiety to be a crisis of faith. Anxiety shows that the person has not yet been able to put full trust in God. Many people worrying becomes a fixed habit with them. Worry depresses, discourages, weakens. It is always a hindrance to us. Peace, calmness, assurance find little room in their lives. The cure for all this is trust. Trust whispers to our souls that there is no cause to worry. *For I am the Lord your God, who upholds your right hand, Who says to you, 'Do not fear, I will help you.'*(ISA41:13) It bids us to be of good courage, assuring us that God is our refuge and strength, that our lives and all are in his hands, and that he will work out for us the things that are best. O soul, stop worrying. Take your eyes off the things that trouble you; look up, and keep looking up till you see God and his infinite care for you. God wants to bring into our lives a peaceful calm. Will you learn to trust? "Cast all your anxiety on him because he cares for us"(1PE5:7) There is no murmuring in trust. When all is trusted into God's hands, it brings to us a feeling of satisfaction concerning God's dealings with us. We can sing from our hearts, "God's way is best; I will not murmur." When we trust, it is easy to praise. When we trust, the heart is full of thankful appreciation. If you are inclined to murmur, it is because you do not trust. If we are trusting, there is no feeling of bitterness when things do not go as we think they should. Trust can always say, "*Not my will, but thine, be done.*" There is no doubt in trust, for doubt is bought up in assurance, calmness and peace. *The LORD is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart rejoices,*(PSA28:7) Trusting brings confidence. It permits us to see God in his true character. It causes us to realize greatness and tenderness of his love. It gives us a consciousness of his might, and through it we are sheltered under his wings. We have a realization of safety, and that brings rest. Trust in His precious promises. Trust is the root that upholds and nourishes the tree of Christian life. It is trust that causes it to blossom and to bring forth fruit, and the more fully you trust, the greater and richer and more plentiful will be the fruits of your righteousness. We must approve of God's ways. "*He will not be afraid of evil tidings; His heart is steadfast, trusting in the LORD. His heart is established; He will not be afraid.*(PSA112:7-8)

Trust implies submission. Submission to God's authority brings freedom. It sets order and direction in our everyday lives for those found in Christ. Submission means putting God's desires above your desires. We trust ourselves to Christ knowing that He submitted himself to God for our sake. But very often God fail to do things for us because we do not permit him to. We want to plan for ourselves. We want things to be done in the way that seems to our knowledge. And when anything threatens, we become alarmed and try to help God. We feel that it is not safe to leave all in his hands. Our failure to submit to him often complicates matters, and it is harder for him to manage us than it is to manage the difficulties. To trust God means to let him have his way and do things as he thinks best. "It is God who works in you both to will and to do for His good pleasure."(PHI2:13) We often will not understand how God is causing "all things to work together for good", but when we trust Him with all our hearts, we know that He is. He will never fail us. If your life is submitted to him, he will work in you to will. He will help do the planning as well as the working out. He will aid you in the choosing. You must first learn to take your hands off yourself/circumstances; then trust will be natural and easy. How can you trust him? When you have submitted all, he has his way fully with you, then blessed fruitfulness of trust will come into your life. *And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you.*(PSA9:10)

Trust implies obedience. It means working with God to produce the results. We can not sit down and fold our hands in idleness and expect things to work themselves out. We must be workers, not sloths. The man who prays for a bountiful harvest but prepares no ground and plants no seed will pray in vain. Faith and works must go together. We must permit God to *direct* our efforts and *command* our efforts. We must be willing to work when he wants us to work in the way he wants us to work. Our attempts to trust will amount to nothing if we are not willing to obey. Our obedience must willing. And what is to follow is unimaginable blessing for those who are obedient. Blessed *is* the man *who* trusts in Him!(PSA34:8)

Trust implies patience. Even God can not work everything out immediately. We are told that "you have need of patience, that, after ye have done the will of God, ye might receive the promise"(HEB10: 36) Many times we want the answers to our prayers right away. If they do not come thus, we grow impatient and think God is not going to answer. There is no use trying to hurry the Lord; we shall only hinder him if we do. He will not work according to our plans, but according to his own Time. The Psalmist says, "*Rest in the Lord, and wait patiently for him*"(PSA37:7) We are not only to wait patiently for him to work out his purpose, but we are at the same time to *rest* in him. Some people are uneasy and impatient; they want to hurry the Lord all the time. The result usually is that their faith does not last very long. You must add patience to your faith to make it effective. If you really trust, you can be patient. Three Hebrews trusted God, and the fiery furnace could not even singe their garments. Daniel trusted God, and the hungry lions could not touch him. Many thousands of others have trusted God with similar results. "*The LORD also will be a refuge for the oppressed, A refuge in times of trouble. And those who know Your name will put their trust in You; For You, LORD, have not forsaken those who seek You.*"(PSA9:9-10) But trusting God is an active, positive thing. Trusting the Lord to save us means to definitely rely on him to do it; to confidently expect that he will do it. This leads directly to the confident trust that he does do it. It brings the conscious assurance that it is an accomplished fact. A positive faith brings a positive experience; and so long as our faith remains positive, the experience remains positive. when faith begins to waver and doubts appear that the experience becomes uncertain. Here lies the secret of continuous victory. There may be conflicts, but faith is the foundation of sure victory.

It is better trust in God when you need Healing. Trusting the Lord for divine healing means God's direct intervention to heal sick and afflicted bodies without the necessity of physicians or medical remedies. It is the power of God manifested in a miracle of healing. God has promised to "heal all our diseases." Psalm 103:3 He tells us that He is our Physician. "I am the Lord who heals you."(EXO15:26) Then He tells us how He will do it in Deu. 7:11-15: "*If you obey My laws, My commandments and My decrees. . . I will keep you free from every disease.*" We must claim God's promise of healing, then we must follow His procedure that consists of keeping His Commandments. Let the Lord be your deliverance! The "prayer of faith," is positive; it saves the sick; it brings divine healing. It is safe to trust in the Lord. Isaiah says, "*I will trust and not be afraid*"(ISA12:2) He would have us be confident in him. Trust in God is the best thing you have ever done.

Apostle Paul said, "*For this reason I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed, and am convinced that he is able to guard what I have entrusted to him until that day.*"(2TH1:12) Paul's suffering under persecution was due to his Gospel work. Yet, he was not ashamed" Paul's confidence was in God, rather than in his own understanding. It involves the kind of understanding that comes from personal relationship. He trusted Christ to be the ultimate foundation, not his own efforts. Paul encourages Timothy to be brave and protective of his faith and reminds that the Spirit of God grants Christians spiritual power. As a result, they should not be afraid to associate with persecution and couraged to stand fast against hard times. In times of trials, true Christians will stand up for Jesus Christ and they will refuse to bow down to the antichrist.[like Shadrach, Meshach, Abednego.(DAN3:16) For every Christian – there is only one way to live this life, that is operating under a full and complete surrender with the Lord. When you learn to Know God in this way, you will trust Him completely, and you will truly be able to "Be anxious for nothing!" *Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.*(JOS1:9)