## COYOTE O.K.G. OF THE WEEK



## Our fourth OKG is Matt Kryschuk

Matt's goal this year is to become better at blocking. Matt loves football for the contact and being with his team. Matt says "I couldn't play football without my team – they motivate me to be a better person." Matt is 12 (13 by football years, born in 2004) and goes to Pinawa Secondary School. Matt works out almost every day. He is planning to work with a personal trainer, starting in March, to continue improving his fitness and to get ready for the 2017 football season!



Football is Coming.