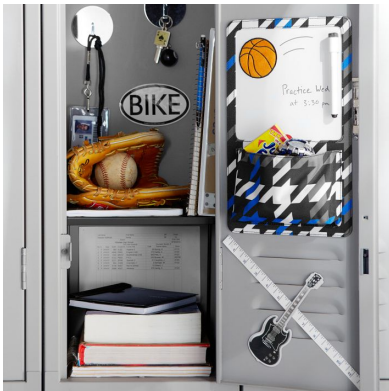


ADL Variety Pack

Life Skills Workshop Series
for Middle Schoolers



Helping your middle schooler become more observant and self-sufficient in practical situations for young teens! Our Occupational Therapist will review topics such as:

- Personal Organization
- Health and Fitness
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- Cleaning Skills

Tuesdays from 6-7pm

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Ages 12+

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