

White Turtlehead



This native perennial is a larval host for the Baltimore Checkerspot and an important plant for many butterflies. The flower resembles a turtle's head with its mouth slightly agape. Turtlehead also attracts bees and hummingbirds. This plant is traditionally known to have medical uses.

Chelone glabra

- Hardiness: Zone 3-8
- Size: 2-4' tall and 2' wide
- Flower: White with a tinge of pink in late summer
- Culture: Prefers full sun and consistently moist soil. Tolerates some shade and flooding
- Uses: Great along a stream or pond bank and a natural border, rain garden, butterflies, bees, hummingbirds, cut flower, medicinal

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