



Living, Learning, Laughing

Well Being



We believe that well-being is vital for a child's development academically, physically, emotionally, creatively and socially. We do this in a variety of ways-

- All staff have a warm, welcoming approach to the children and the adults who care for them.
- We have worked closely over a number of years with our Catering team and the School Council to promote an engaging menu that is nutritionally appropriate.
- Only allowing healthy snacks to be eaten at playtimes.
- Run at least 10 sports clubs before and after school weekly across the school
- Participate in Healthy school projects such as the Five 60 project and Change4Life.
- Life Education Bus visits for a week annually –PSHE and Science Curriculum linked.
- Outdoor Learning areas that promote physical activity and well –being.
- Forest Schools – Nursery and Year ¾ children participate annually.
- Annual Sports/Health week in school - every Summer Term
- Responsibilities given to all children over the year so that they can gain confidence and share success
- A multi-sensory room so that children can have time to get ready for learning or be able to find peace and calm
- Nurture groups to develop confidence and give support
- Quiet room 3 x weekly at lunch time where children can visit a staff member and chat
- Worry boxes set up in all classes as part of our listening approach.
- Anti-bullying ambassadors that work on every playground daily.
- Giving every opportunity for a child to succeed – through extra intervention, support, use of resources, personal plan/curriculum
- Safespeak counselling works at our school with identified pupils from Y2-Y6 weekly.
- Quick referral to Multi Agency Teams and Early Help set up by the school.
- Sports Ambassadors and play leaders work at lunchtimes to promote sportsmanship with younger children.
- PSHE spiral curriculum woven through the whole school curriculum,
- "Can parent" classes – following the Solihull approach.

- University workshops weekly – provide a wealth of new and diverse experiences/skills that enrich their life experiences and help them to find a passion!
- Our class teachers, TAs, SENCO, Unit Leaders and Deputy Head teachers all meet weekly with parents/carers in order to support the removal of any barriers that relate to a child's development.
- The school works with a number of different agencies and coordinates a number of strategic meetings related to a child's development.