

# Helping Hands Speech Therapy

## Fall is Near!

Dear Parents and Family Members,  
Happy Fall! Here is to a wonderful 2019-2020 school year for everyone!

### Client Success Story

Sometimes I like to talk about the success that one of my clients has had in therapy. I have a client who is eight years old, and we are working on a variety of skills including using a daily calendar and TO DO list to plan events for the day and week and using self-talk, chunking, and highlighting to recall key words and details while following directions or following along during a story. She has a system set up every day where she remembers to check off her daily calendar so she knows the date, and she remembers to look at the calendar so she knows what events are happening for the day. The last time she used self-talk and highlighting to recall details from a story, she answered the questions I asked her about the stories with 100% accuracy, which made us both very proud! We are also working on problem-solving scenarios in the community so that in the event she is facing a challenge, she can problem solve her way through the situation. Some of these questions include: What would you do if you were buying something that was \$3.00, but you only had \$2.00 to spend? What would you do if you were checking out a book at the library for a project, but the library did not have the book you were looking for? What would you do if you missed the school bus that was taking you to school? What would you do if you were being bullied at school? In therapy, we practice role-playing these questions until she feels confident that she can practice these scenarios when she goes into the community with her family. The client is feeling more self-confident and is happy with the progress she is making, as well as her parents and myself! I could not be prouder of how much effort this person puts into every session!



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### Suggested Vocabulary Words for September

- Fall
- Leaves
- Autumn
- Labor Day
- Back to School
- School Supplies
- Classroom
- Teacher
- Classmates
- School Bus

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