

A Heart Like Ava 5K

www.AHeartLikeAva.org

November 9, 2019



CONGENITAL CATHETERIZATION
RESEARCH COLLABORATIVE

AHLA is proud to support the research efforts of
Ava's cardiologist, Dr. Bryan Goldstein and his
colleagues with the CCRC.



**GIVING
HOPE
TO KIDS**
AT CINCINNATI CHILDREN'S

Where:

Holzer Sycamore
Branch parking lot
4th Ave & Sycamore St
Gallipolis, Ohio

\$25 Registration

Register online or print mailable registration
form at www.tristateracer.com
Register by Oct 27th to guarantee a race t-shirt.

8:00 AM: Race Day registration begins
8:00 AM: Pre-registration packet pick-up
9:00 AM: The 5K begins

For more information or questions
please contact Brandon or Bre
Lasseter:

Phone (740) 339-3213 or Email:
AHeartLikeAva@yahoo.com

Professionally timed by TSR
Timing Group



We will be hosting a toy drive in honor of Ava's 6th
birthday! Please bring a new unwrapped toy and be
entered to win a basket of "Our Favorite Local
Things." All toys will be donated to inpatient
children at Cincinnati Children's Hospital.